

SELECTIVE TOXICITY

ADRIEN ALBERT

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CFTRI-MYSORE



2276

Selective toxicity

METHUEN'S MONOGRAPHS ON
BIOCHEMICAL SUBJECTS

2276

selective toxicity

drug receptor bond

metabolite analogues

arsenicals ⑤ mercurials

ionization. ⑦ acridines

antibacterials. ⑧ chelation

living cell ⑨ trace metals

chemotherapy 13. pharmacology

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THUEN'S MONOGRAPHS ON BIOCHEMICAL SUBJECTS

Edited by

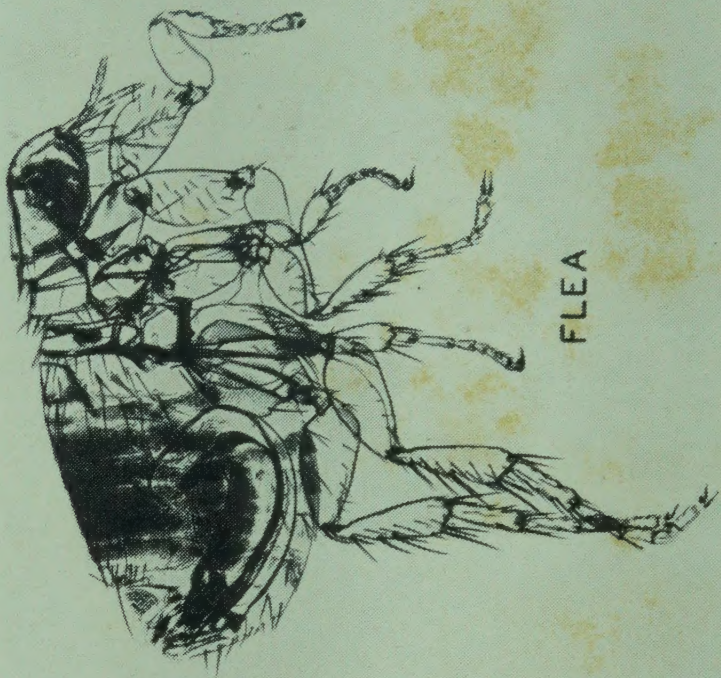
A. PETERS, Whitley Professor of Biochemistry in the University
Oxford, and F. G. YOUNG, Sir W. Dunn Professor of Bio-
chemistry in the University of Cambridge

SELECTIVE TOXICITY

CHART OF SIZES



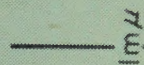
DOG



FLEA



STREPTOCOCCI



MOLECULE
(NICOTINAMIDE)

This chart is to help one remember the relative sizes of Molecules, Microbes, Insects and Mammals. In each case a fairly small example has been chosen (*e.g.* Dog and not Whale). Each object is drawn with a magnification 1000 times greater than the object preceding it.

ELECTIVE TOXICITY

with special reference to

CHEMOTHERAPY

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WITH 5 PLATES AND 31 DIAGRAMS



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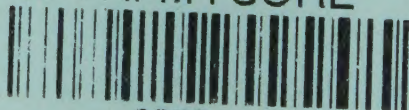
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Selective toxic.

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June 1949

PREFACE

THIS is a book about selectively toxic agents, that is to say, substances which injure some kinds of cells and not others, even when the two kinds are growing close together. Hence the book is concerned with drugs and weed-killers and insecticides. It is not very much concerned with *what* these substances accomplish, but with the physical and chemical means by which they accomplish it.

The book grew out of some postgraduate lectures which Professor F. G. Young encouraged me to give at University College, London, in 1948 and 1949. The lectures were attended by research workers and senior students in biochemistry, chemistry, medicine, veterinary science and agriculture, and these very different categories of listeners all seemed to find something interesting in them. Hence it is to similar categories of readers that this book is addressed. I hope that they will find it reasonably self-explanatory, even on a first reading, and that they will read it again, later, making use of the footnotes and the references which have been inserted to aid more serious study. I also hope that the book may come to be used as a text for advanced classes and for those discussion groups in which biologists and chemists meet to build a bridge between their diverse disciplines. Above all, this book is intended to help people who wish to get away from mere 'paper resemblances' between the formulae of molecules and base their reasoning on something more fundamental. I am only too well aware of the complexity of my subject. However, complexity is inherent in all biological subjects and has not prevented the discovery of valuable basic principles. Selective toxicity, which has for so long been a branch of technology rather than of science, is ripe for the discovery of such underlying principles.

The most valuable approach to problems of how biologically active substances work is the method of the *limiting factor*. The first step in this method is to investigate and record the various physical, chemical and biochemical properties of active substances. Parenthetically, it may be pointed out that too little insight and imagination is usually brought to this elementary procedure so that the next step cannot be made effective for want of data that could be of *biological* relevance. The second step consists of supposing, in turn, that each of these properties plays a leading part in the biological action of the substance. To this end, each property, in its turn, is made the limiting factor in a series of experiments which are designed in the following way. Using only one substance, the conditions of test are repeatedly changed in a way that makes the limiting property appear in different degrees of intensity. The experimenter then observes whether the biological activity varies in proportion to the intensity of this property. Such experiments are followed or preceded by others in which the conditions of test are kept constant, but instead of confining the tests to a single substance, various substances are used, substances which differ from the original material in every way except as to the property being examined. Several examples of the method of the limiting factor are described here, e.g. in Chapter IV.

In writing this book I have thought it important to give most space to those agents whose mode of action is best known, regardless of whether they are the toxicants of greatest economic importance. It is likely that the number of kinds of ways in which selectively toxic substances can act is limited. Hence, the mode of action of even the least spectacular drug, if really well understood, is likely to help in deciphering the nature of other selectively toxic agents.

Because of the limitations of time, some interesting divisions of the subject did not find a place in the original lectures, and limitations of space has prevented them from appearing here. For instance, it would be appropriate to

something about the influence of oxidation-reduction potentials and much more about surface-chemistry. Stereochemical effects, too, deserve more space than they are given; for example, it would have been interesting to discuss why the *d*- and *l*-modifications of a drug sometimes have identical action (as in cocaine and in the antimalarial, chloroquin), whereas in other cases only one of the optical isomerides has the desired type of activity. However, I hope that the selection of topics included here will be found acceptable and that it will evoke further reading along parallel lines. *The Basis of Chemotherapy*, by T. and E. Folk (1948) and *Cell Physiology and Pharmacology* by F. Danielli (1950) can be recommended for this purpose. In conclusion I should like to thank Professor F. G. Bung, F.R.S., for having given me so much encouragement in writing this book. I am grateful to many past colleagues for stimulating discussions which have borne fruit here, in particular to B. Breyer, J. E. Falk, R. J. Goldacre, F. G. Lennox, R. N. Robertson, W. P. Rogers, D. Rubbo, E. Singer, and J. M. Vincent. I thank Professor Ernest Baldwin and the Cambridge University Press for permission to reproduce Figure 2 (Chapter I) from "Comparative Bio-chemistry". I wish to thank Miss Elizabeth Thomas for preparing the manuscript for the press and for her help in proof-reading.

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CARL VOEGTLIN	<i>facing page 64</i>
<i>(Photo by courtesy of the U.S. Public Health Service)</i>	
MOLECULAR MODELS OF 5-AMINOACRIDINE AND ITS TETRAHYDRO-DERIVATIVE	80
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CHAPTER ONE

-) WHAT IS SELECTIVE TOXICITY?
-) THE PRACTICAL ACCOMPLISHMENTS OF SELECTIVE TOXICITY
-) THE SCIENTIFIC BASIS FOR SELECTIVE TOXICITY, IN TERMS OF BIOLOGY AND THE PHYSICAL SCIENCES

a) *What is selective toxicity?*

At the beginning of the present century, it was often debated whether it would become practicable to poison living cells selectively, i.e. without injuring other cells with which they were associated. In other words, it was doubted whether any substantial practice of selective toxicity could ever be realized. Yet to-day it is an accomplished fact.

The main theme of this book is selective toxicity in its scientific aspects rather than in its applications. Yet, many of these applications will be discussed because they provide familiar examples on which to hang the scientific discussion. However, the principal emphasis is laid upon the scientific principles of selective toxicity because of their value in interpreting biological activity and because it is expected that a study of these principles will eventually lead to important developments which might otherwise be missed.

In general terms, the story of selective toxicity is the story of some of the most difficult economic problems which man has met and overcome in his struggle to retain mastery over his environment. Let us start with a definition of selective toxicity as the practice of injuring one species of living matter without harming another species with which the first is in intimate contact. We may think of the species which is to be injured as the *uneconomic species* and the species which is to be preserved as the *economic species*.

Often these are related to one another as parasite and host but in other cases they are purely commensal.

In agriculture, the need for selective toxicity has long been felt. Man needs to grow crops of plants in order to obtain food and clothing. The seeds of these plants, the soil around the plants and the plants themselves are commonly infected with all sorts of fungi, weeds and insect pests which threaten the economic success of the crops. Obviously, it has been an achievement of prime importance to have found those selectively toxic agents which are now used in agriculture to remove many of the uneconomic species without injury to the economic ones.

In the animal industries a similar situation is recognizable. Man's economic animals are afflicted by all kinds of parasites, external and internal. As in agriculture, the continuance, not to mention expansion, of the animal industries depends on the constant discovery of improved selectively toxic agents.

Man, himself, is no less subject to endo-parasites than his economic animals. Chemotherapy is the name given to that branch of selective toxicity which is concerned with the removal of parasites from man and his tended animals. So far, more has been discovered of the scientific principles underlying the practice of *chemotherapy* than of any other branch of selective toxicity. For this reason we shall be drawing very freely on the literature of chemotherapy with the expectation that what we discover there will illuminate the more obscure corners of our subject.

Thus far, we have confined ourselves to a definition in which the economic and uneconomic cells constitute, respectively, two distinct species. But the more complex case can now be considered where the uneconomic cells are part of the organism of the economic species. For example, the uneconomic cells may be a malignant growth in an otherwise healthy host; it may be a gland that has hypertrophied and upset the balance of metabolism of an otherwise healthy body; it may simply be some part of the

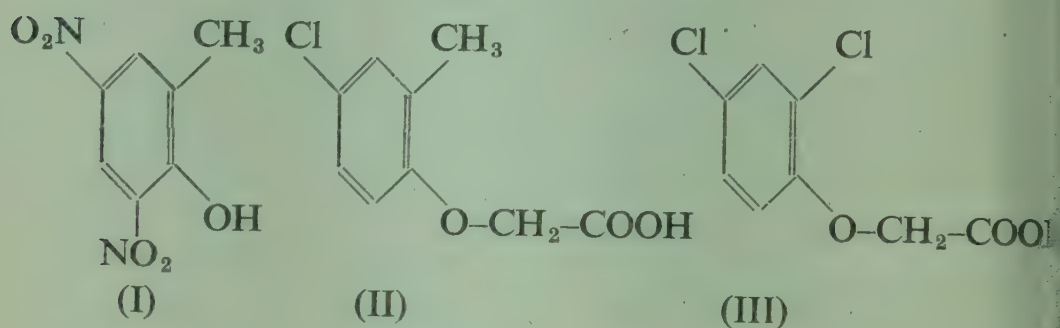
vous system which has become overactive and has disrupted the harmony in which bodily functions normally work. All of these morbid conditions call for the discovery and investigation of selectively toxic agents: the branch of selective toxicity which is concerned with this work is known as *pharmacology*. In general, the scientific study of pharmacology seems to be proving more difficult than that of chemotherapy. In pharmacology, selectively toxic agents are often required to have a temporary rather than a permanent action. For instance, the abolition of the ability to feel pain, whether in a circumscribed area or quite generally, is one of the great triumphs of pharmacological practice; but it would not be counted a triumph if anaesthesia were to persist throughout the remainder of the patient's life.

The practical accomplishments of selective toxicity

We now have some idea of the scope of our subject; let us review briefly some of the major practical accomplishments. We shall deal firstly with the achievements of selective toxicity in the realm of agriculture, and I have thought it worth while going into this branch of the subject in some detail because so many of the applications to human and veterinary medicine will receive mention in the course of the remaining lectures.

It is fifty years since Bonnet showed, in France, that low charlock could be killed in a field of oats, without injury to the crop, by spraying a solution of copper sulphate over the whole field. In 1911 another Frenchman, Rabaté, showed that a solution of sulphuric acid could be safely used on crops to destroy the weeds. It was not until 1932 that systematic trials of Rabaté's method were made in England. This was the year in which two more Frenchmen, Auffaut and Pastac, discovered the selective weed-killing properties of dinitro-*o*-cresol (I), a substance which had been known as a chemical curiosity since 1866. By the middle 1930's, a good deal of the prejudice against the idea of selectively toxic weed-killers had been overcome. The

agricultural industry was thereafter receptive to fresh selective weed-killers such as the phenoxyacetic acids which Slade, Templeman and Sexton found in 1942 while investigating the spraying of cereal crops with substances known to promote the growth of roots in other species.



At the present time, the most versatile of the weed-killers are dinitro-*o*-cresol (I), 'Methoxone' (II, 2-methyl-4-chlorophenoxyacetic acid) and '2,4-D' (III, 2:4-dichlorophenoxyacetic acid). Tests have been carried out on thirty annual weeds that normally impoverish cereal crops. The results clearly show that by choosing the right compound and applying it at the right time, almost all the weeds can be killed. Large-scale practice has substantiated this conclusion. A certain amount of specificity is shown; for example, corn buttercup and shepherd's needle are destroyed best by 'Methoxone', whereas dinitro-*o*-cresol is the better agent against corn marigold and poppies. A few ounces of these organic substances suffice for an acre; this high degree of activity suggests that their mode of action is a very specific one.

Unfortunately the biochemistry of this mode of action is unknown, although in general terms it is a matter of the weeds responding to the chemicals by a burst of metabolic stimulation and accelerated growth which rapidly exhausts all reserves. It is not known why cereals are relatively unaffected. Experiments have been conducted where cereals have been made to absorb as much of the phenoxyacetic acid as the weeds do (normally they absorb somewhat

), but the cereals have remained unharmed (Wood, Wolfe and Irving, 1947). On the whole, dicotyledons are killed and monocotyledons survive, but this is not the sole cause of the difference because (I), (II) and (III) are ruinous onion plants which are, of course, monocotyledons.

The introduction of organic weed-killers has been a tremendous economic gain. They are non-poisonous to man and animals; non-corrosive to machinery. They have effected an overall increase of 20 per cent in the grain crops of this country and, in the case of barley, increased yields up to 90 per cent have been recorded. These substances have been just as successfully used on crops of flax and of grasses, to say nothing of their domestic use in removing weeds from lawns.

Unfortunately there is, as yet, no practicable method for chemically weeding vegetable crops. Some interesting experiments have been carried out with *isopropyl phenylcarbamate* which kills grasses but spares many dicotyledonous plants.

Before leaving the subject of selective toxicity in cereal crops, let us dwell a little longer on sulphuric acid, because we shall frequently have occasion to refer to this example. Even since the advent of the organic weed-killers, a 20 per cent solution of sulphuric acid is still considered the best agent for removing chickweed from a wheat crop (Blackman, 1946). This use of sulphuric acid may well become classic because it demonstrates how a selectively toxic effect can be obtained by making use of suitable distribution phenomena. Sulphuric acid is just as injurious to the protoplasm of wheat as it is to that of chickweed. The important difference is that the chickweed is rough and the wheat smooth, so that the sulphuric acid is accumulated on the chickweed but shed from the wheat.*

To particularize: 'The leaves of cereal crops are waxy and also upright; the growing tissues are basal and protected by leaf-sheaths. Thus the wax prevents penetration, the droplets run off the leaves and the meristems do not come in contact with the spray. On the other hand, most dicotyledonous weeds have flat waxless leaves, which catch the spray, while the growing point is exposed and vulnerable, since it is the apex of the shoot.' (Blackman, 1947).

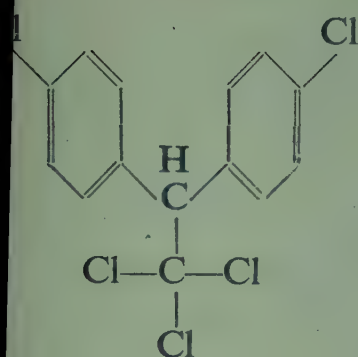
We shall frequently come across cases, in the following chapters, where distribution effects play an important part in determining selective toxicity, but we shall seldom find distribution acting in such naked isolation as in this example.

Streptomycin, possibly, provides the nearest example. This antibiotic interferes with the reaction between pyruvic and oxalacetic acids in the Krebs' cycle, a reaction which seems to be essential for all forms of life. However, in the animal this reaction is localized in the mitochondria, which are cellular granules having a permeability barrier. In the bacterial cell, the reaction is not protected in this way and thus bacteria are injured by concentrations of streptomycin which are harmless to the animal cell (Umbreit and Tonhazy, 1949).

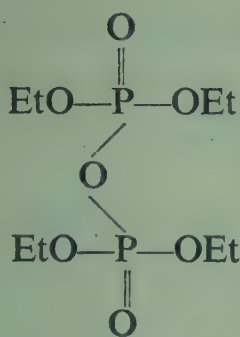
Although the chemical removal of weeds from crops is of fairly recent origin, the removal of insect pests dates back farther. Inorganic substances such as lead acetate, sulphur and copper sulphate were principally used and later such vegetable products as tobacco dust and powdered pyrethrum were introduced. A striking advance was made by the introduction of DDT (IV) during the Second World War. It is hardly necessary to go into details of the immense economic value of DDT in the control of agricultural insect pests. This subject has been dealt with very fully by West and Campbell (1946). For example, DDT has proved effective against Colorado beetle (in potatoes), apple-blossom weevil and the tomato moth. On the other hand, it is not very effective against aphids, thrips, red spider and slugs.

Tetraethyl pyrophosphate (V) and parathion ('Thiophos', VI), which were discovered by Schrader in Germany during the Second World War are now being used to control species of insect pest (e.g. red spider) which DDT does not injure. All three new substances are reasonably non-toxic to man, and are used rather more freely than nicotine or lead arsenate.*

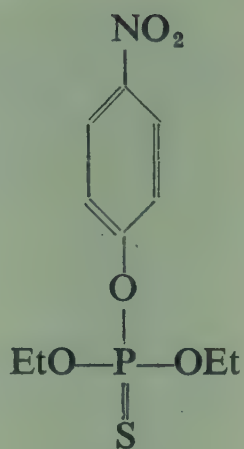
* Tetraethyl pyrophosphate is only non-toxic to man by virtue of the fact that it becomes hydrolysed within a day or two after application to plants.



(IV)

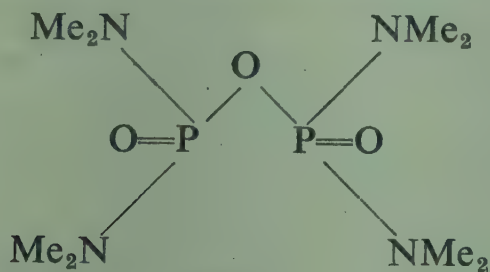


(V)



(VI)

There are yet other sections of agriculture in which selectively toxic agents have been put to work. Seeds, particularly grain seeds, are commonly dusted with phenyl mercuric nitrate during storage to prevent infection by fungi, which hitherto caused great losses on storage. This treatment does not affect germination of the seeds. There is chemo-prophylaxis against insects. It is now possible to impregnate the soil with substances so designed that the plant will take them up during growth. These substances are non-toxic to plants but highly toxic to insects. A typical example is di(β -fluoroethoxy)methane. This substance accumulates in the sap and kills the insects soon as they bite the plant. Unfortunately, such substances are (so far) all poisonous to mammals so that they can be used only by seed-raisers and flower growers. However, *bis(bisdimethylaminophosphonous)*-anhydride (VII) is considered safe for use in peas, hops, brussels sprouts and sugar-beet under controlled conditions.



(VII)

In veterinary practice there have been many economically valuable applications of selectively toxic agents in spite of the fact that many of the remedies devised for human illness cannot be used in veterinary medicine because of their high cost.

Flies and other biting pests, which so seriously reduce the condition of stock, are being controlled with derris and with DDT. Bovine mastitis, which greatly reduces the yield of milk, is now cured with sulphanilamide. Carbon tetrachloride and phenothiazine are widely used for controlling worm infections in sheep. Coccidiosis, and other diseases of poultry, readily yield to chemotherapy. Trypanosomiasis in cattle, the prevalence of which has prevented the development of immense areas of fertile land in Africa, seems likely to be lessened by the recently discovered drug, 'Antrycide'.

When we turn to the hygienic and medical welfare of human beings, we must note the introduction of improved insect-repellants such as dimethyl phthalate against mosquitoes,* dibutyl phthalate against the mites that carry scrub typhus, and benzyl benzoate against scabies. A history-making event was the use of DDT to prevent an outbreak of typhus from becoming an epidemic in Naples, in January 1944. More than a million civilians were dusted with DDT, thus killing the lice which are the vectors of this dreaded disease. Conditions at that time were such that, had the epidemic developed, the death-roll in Europe would probably have far exceeded the total casualties of the war. DDT has also proved valuable for suppressing the breeding of mosquito larvae, thus exerting a powerful brake on the incidence of malaria. The action against household pests is also notable.

Chemotherapy has made great contributions to human medicine since Ehrlich placed it on its scientific feet at the beginning of this century. Organic arsenicals can cure

* For a discussion of the connexion between repellancy to mosquitoes and physical and chemical properties, see Christophers (1947).

syphilis, formerly one of the most persistent of diseases, in a few months. 'Atebrin' has revolutionized the prophylaxis and treatment of malaria and 'Paludrine' seems likely to make a further contribution to this. Suramin (Bayer 205) has shown a remarkable prophylactic action in human sleeping sickness, a single dose giving protection for three months. The sulphonamides and penicillin have completely revolutionized the treatment of streptococcal septicæmia, pneumonia and gonorrhoea. Carbon tetrachloride is used every year to treat millions of people who have fallen victims to hookworm. Streptomycin has been found valuable in the treatment of certain types of tubercular infection, and chloromycetin is giving excellent results in typhus.

Tremendous as this saving in life and suffering have been, there is great scope for further efforts. Chemotherapy, for instance, can do so little for hydatid disease or for infections, such as influenza and infantile paralysis, that are caused by viruses.

Pharmacological developments have also brought a remarkable measure of control over the working of the human body. Patients can be relieved of pain of all types and degrees of severity, put to sleep and awakened, prevented from having convulsions and caused to have them for their therapeutic value. All of these things can be done with simple synthetic chemicals which may be thought of as selectively toxic agents because the patient is unharmed. Similarly, the patient's temperature can be raised or lowered, his sympathetic or his parasympathetic nervous systems can be selectively stimulated or depressed, his basal metabolic rate raised or lowered and the clotting power of his blood can be made greater or less. Moreover, deficiency or hyperactivity in the action of muscles (including the heart) have come within some measure of control, and so have the activities of a few of the endocrine glands. Excessive secretion of histamine, the cause of so many distressing symptoms, can now be counteracted. The control

of prostatic cancer and, to a lesser extent, of leukaemia are two valuable contributions to the selective toxicity of cancer.

We may conclude our necessarily incomplete review of the present achievements of selective toxicity with the sobering thought that much more remains to be done than has yet been accomplished. In all these various fields of endeavour, man has but stirred the surface. Nevertheless, the successes obtained are so striking that we have the right to expect that the many outstanding problems will be successfully solved. It is reasonable to believe that they will be solved significantly sooner if we constantly keep before our eyes, and store in our minds, the many connexions between constitution and activity which have already been reliably established.

(c) The scientific basis for selective toxicity in terms of biology and the physical sciences

In view of these many instances where the principle of selective toxicity has been successfully harnessed for the welfare of man, we may well ask on what scientific basis does this principle rest. In a few cases it is simply a matter of *accumulation*, as in the above instance of sulphuric acid which spared the wheat and spoiled the weed. Accumulation implies some or all of the following: (a) efficient transport to the outside of the cell; (b) a favourable permeability mechanism; and (c) a satisfactory storage mechanism.

Yet, in many instances, accumulation plays a comparatively minor role and several instances are known where a profound physiological effect is obtainable in spite of a poor distribution. As an example of the latter we may consider the powerful oestrogenic drug 'Fenocyclin'* which, after subcutaneous injection, is concentrated 7 and 2.5 times as strongly in the intestines and liver respectively as it is in the uterus, although it acts only on the last-named (Miescher, 1948). Many other examples lend confirmation to the

* Methylbisdehydro-doisylnolic acid.

concept that a strong but localized biological activity often depends on a *specific type of reaction*, a reaction which can not take place to anything like the same extent anywhere but in the affected cells.

The moment we adopt this approach we come up against a most formidable mental difficulty. How is it possible for toxic agents to act selectively on different types of cell when the major biochemical discoveries of the last two decades have indicated that there is a *common ground-plan for all living matter*, whether animal, plant or microbiological?

This objection must be taken quite seriously and we might begin by listing the instances on which it is based. Let us group these under the following four headings.

1. *Genetics*. The laws of genetics apply almost universally. Hence a practically universal biochemistry of mitosis can be inferred. Support for this concept comes from toxic agents such as colchicine which arrests the process of mitosis at one particular stage in all the species examined.

2. *Carbohydrate metabolism*. The Meyerhof sequence of glycolysis, shown on p. 12, has been found to apply almost universally. This sequence has been demonstrated in representative bacteria, protozoa, nematode worms, insects, echinoderms and vertebrates, as well as in yeast and the higher plants. There is no essential difference between the glycolysis of such a lowly form of life as yeast and some of the most highly organized tissues (e.g. human muscle and liver). This has been shown conclusively by the use of inhibitors and the actual isolation of enzymes and intermediates.

This scheme of glycolysis requires repeated phosphorylations and these are just as universally carried out by one particular chemical substance, adenosine triphosphate. This substance seems to be irreplaceable for transferring energy in large increments between the various parts of the metabolic cycle, balancing anabolism against catabolism.

3. *Hormones and vitamins*. It is well known that vertebrate hormones influence invertebrates and *vice versa*.

Substances which show the pharmacological action of adrenaline on the frog's heart and rabbit's ear have been extracted from protozoa, annelid worms, molluscs and arthropods (cf. Wense, 1939). Conversely, true adrenaline causes increased muscle-tone in annelida, molluscs and

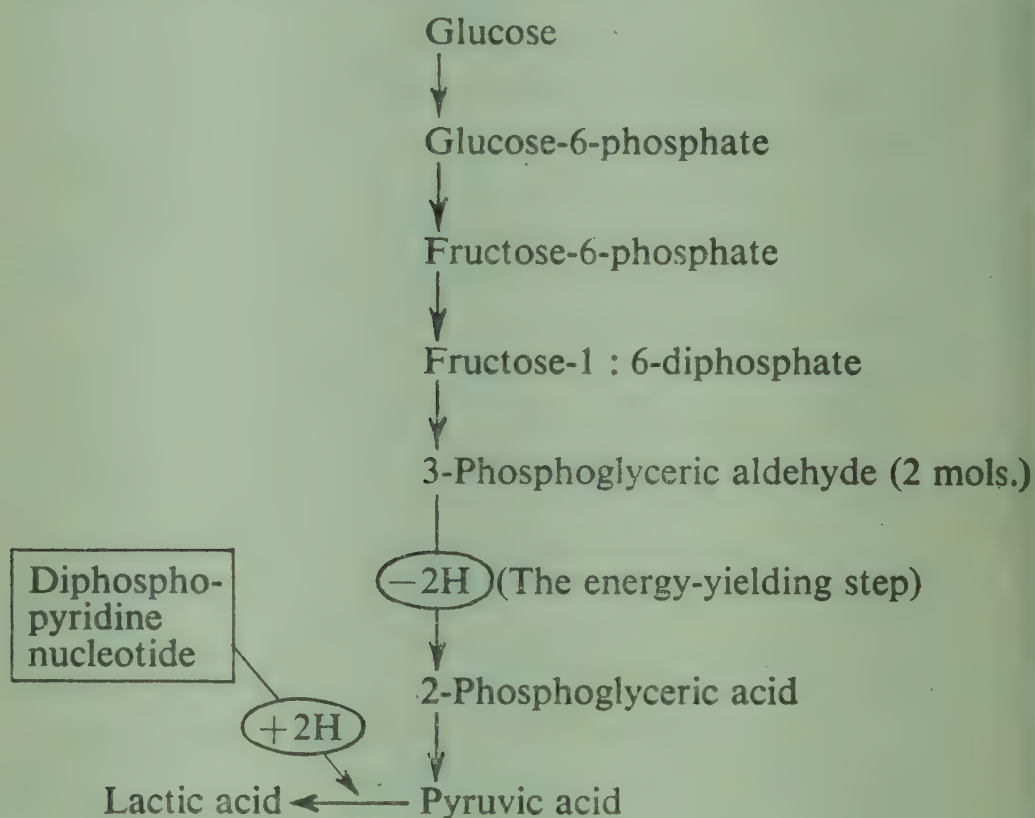


Fig. 1—Glycolysis.

arthropods. Similarly, substances having sex-hormone (oestrogenic) action on vertebrates (mouse-test) have been extracted from protozoa, coelenterates, annelid worms, molluscs and echinoderms (Steidle, 1930). In general, hormones are not at all specific where species are concerned.

Certain substances, notably thiamine, riboflavine and nicotinic acid, which are members of the B group of vitamins, appear to be essential constituents of all living cells.

4. *Metabolism of foreign substances.* Only eleven different methods are known by which vertebrates destroy

foreign substances that are administered to them. These are the so-called detoxication mechanisms, e.g. oxidation, reduction, acetylation, sulphation, methylation, coupling with glucuronic acid or cysteine. Nearly all of these mechanisms were known in the last century; fifty years of intensive research has uncovered only one more (cf. Williams, 1947). No such wealth of data has been accumulated for invertebrates, but a substantially similar situation seems to exist there also.

Yet, remarkable as these similarities are, the very fact that one species behaves differently, and looks different, from another species encourages us to believe that there must actually be marked biochemical differences between the various species. For the same reason, there must be marked differences in the biochemistry of various tissues within any one species. In proportion as we find such evidence of biochemical differentiation, the biochemical basis of selective toxicity becomes perfectly clear. I have grouped some of the more important pieces of evidence under seven headings. Most of the instances have been culled from studies of catabolism because this is the most thoroughly investigated branch of metabolism. However, it is likely that catabolic processes, in various species, resemble one another much more closely than anabolic and reproductive ones where the end-products are so palpably individual and differentiated.

1. *Genetics*. Many of those parasites which selective toxicity seeks to destroy are primitive one-celled creatures which never carry out sexual reproduction (e.g. trypanosomes) or in which sexual reproduction does not seem to be of importance (e.g. bacteria). Or they may have sexual forms but do not reproduce by means of them in a given host (e.g. malarial parasites in man). In such cases the normal biochemistry of genetics is side-stepped. Again, the pharmacological applications of selective toxicity do not involve genetic considerations.

2. *Carbohydrate metabolism*. Although the Meyerhof

sequence of glycolysis is very common, certain bacteria, yeast and fungi appear to be able to oxidize glucose directly; others oxidize glucose-6-phosphate directly. These methods, which are probably evolutionary relics, avoid the use of pyruvic acid and a good deal of evidence has been obtained lately that the *isocitric acid cycle* (Krebs' cycle) is imperfect in bacteria. Even when fermentation is known to proceed through pyruvic acid, strong specific differences are known. The transformation of this acid to alcohol is favoured by yeast, also by the higher plants and some bacteria, whereas other bacteria (and the majority of the higher phyla) transform it to lactic acid. In individual cases, yet other principal end-products of pyruvic acid fermentation are known.

Even where various organisms carry out identical tasks in the different stages of the glycolysis sequence, identical enzymes are not necessarily involved. For example, the hexokinase of malarial parasites has a lower sensitivity to inhibitors than that of yeast and red cells (Speck and Evans, 1945). The enzyme which makes oxalacetic acid from carbon dioxide and pyruvic acid in the liver is quite different in properties from the enzyme which performs this reaction in bacteria (Krampitz and Werkman, 1941; Evans, Vennesland and Slotin, 1943). The glucose-phosphorylases of muscle utilize adenylic acid as a co-enzyme, whereas those of yeast and potato do not. The alcohol-oxidase present in liver does not contain the active thiol-groups present in yeast alcohol-oxidase (Barron, 1943). The majority of aerobic pathways depend upon the intervention of the cytochrome system, but ten chemically distinct cytochromes are known, some of which are found only in bacteria. A few biological oxidations are known which by-pass the cytochrome system (e.g. the oxidation of glucose by *Penicillium notatum*).

Turning to phosphorylation, it is true that adenosine triphosphate is almost universally employed, but some primitive non-phosphorylative fermentation has been found

some bacteria, yeasts and other fungi (Barron, 1943). Moreover, the phosphagens (secondary phosphorylating agents) differ between species in the very interesting way shown in Table 1. It will be seen from this table that the use of creatine phosphate, as a phosphagen, is almost entirely confined to vertebrates or, at any rate, chordates, whereas arginine phosphate is used instead by invertebrates. Protozoa have neither creatine nor arginine phosphates (Baldwin, 1948).

TABLE 1

DISTRIBUTION OF PHOSPHAGENS IN THE ANIMAL KINGDOM

<i>Phyla</i>	<i>Arginine Phosphate</i>	<i>Creatine Phosphate</i>
Flat worms . . .	+	—
Segmented worms . . .	+	—
Arthropods . . .	+	—
Molluscs . . .	+	—
Protochordates . . .	±	±
Vertebrates . . .	—	+

Baldwin (1948).

3. *Fat metabolism.* Cells which are liable to be exposed suddenly to drying conditions usually have a high fat metabolism, fat producing twice as much water as either carbohydrate or protein (Baldwin, 1948). Parasitic nematode worms afford a striking example of this biochemical peculiarity. Those who are interested in the chemotherapy of worm infections might find it useful to seek substances capable of blocking the metabolism of fats.

4. *Nitrogen metabolism.* The end-products of nitrogen metabolism display more variety than those of fat or carbohydrate metabolisms. These end-products range in complexity from ammonia to the alkaloids. Table 2 shows the end-products of protein and purine metabolism among vertebrates; it is no less varied among humbler

forms of life. Even within a single genus it can vary surprisingly, e.g. Dalmatian dogs convert their unwanted purines to uric acid just as human beings do, whereas other dogs convert purines to allantoin.

TABLE 2

END-PRODUCTS OF PURINE AND PROTEIN METABOLISMS IN VARIOUS PHYLA

<i>Phyla</i>	<i>Protein Metabolism</i>	<i>Purine Metabolism</i>
Fish (teleosts) .	ammonia	urea
Amphibia . .	urea	urea
Reptiles (snakes) .	uric acid	uric acid
Birds	uric acid	uric acid
Mammals . . .	urea	allantoin*

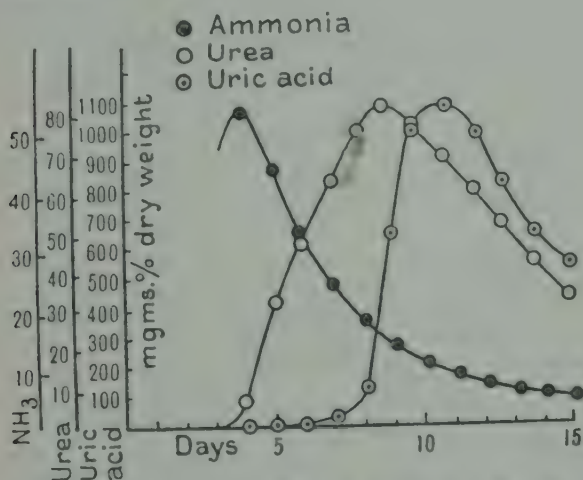
* Excepting man, higher apes and the Dalmatian dog, which excrete uric acid. Baldwin (1948).

What is still more surprising, the end-products of nitrogen metabolism can vary within a single species, depending on the stage of development. It can be seen in Fig. 2, for example, that a chicken, in the egg, passes in turn through the stages of excreting ammonia (as though it were a fish), urea (as though it were a frog) and uric acid (typical of birds), all within a few days. This sequence may shed light on the well-known necessity for using different selectively toxic agents to deal with parasites at different stages. For example, the sexual and the non-sexual forms of the malarial parasite, co-existing in the human blood-stream, are attackable with 'Atebrin' and 'Plasmoquine' respectively.

5. *Growth factors.* There may be a depressing similarity in the hormone requirements of various forms of life, but extreme individuality is often encountered where vitamins and minerals are concerned.

Rats and mice make their own vitamin C, but man and

guinea-pigs need to have it supplied in their food. Man manufactures all the vitamin D that he requires, provided that he lives in a climate where there are frequent periods of sunshine.



Nitrogen excretion of chick embryo (after Needham).

Maximum of	Days
Ammonia	4
Urea	9
Uric acid	11

Fig. 2.

(Baldwin, 1948.)

The fastidiousness of bacteria in their requirements for vitamins, amino-acids and trace-metals has been extensively studied. It is found that they differ enormously among one another in this respect.* Parasitic bacteria, in general, need a great variety of growth-factors supplied to them. Often, it is true, the same growth-factors are essential for their hosts, but in cases where this is not so, the

* For example, many bacteria can manage without an external source of pantothenic acid, but some strains of *Corynebacterium diphtheriae* need to be supplied with the β -alanine portion of this acid whereas other strains of this bacterium require the entire preformed acid. Likewise, many bacteria do not require an external source of nicotinic acid, but others require it to be supplied to them (as such) whereas fastidious bacteria require it supplied in the form of diphosphopyridine nucleotide.

way lies wide open for selective toxicity. One example that springs at once to mind is that of *p*-aminobenzoic acid, which is not essential for human beings but is very important for the majority of pathogenic bacteria. Many such bacteria can be severely injured without harming the patient by dosing him with sulphanilamide, which is a specific antagonist for *p*-aminobenzoic acid (see Chapters III and VII).

Bacteria stand apart from other forms of life in that their proteins contain an unique amino-acid: diaminopimelic acid (Work, 1950).

The requirements of trace-metals vary enormously from species to species. We need only think of the essential molybdenum requirements of nitrogen-fixing bacteria, the need for gallium* shown by the common mould *Aspergillus niger* (Steinberg, 1938), and the accumulation of vanadium by certain protochordates (the tunicates). The important part played by molybdenum in the nutrition of plants and fungi appears to have no counterpart in animal economy.

6. *Metabolism of foreign substances.* There are some surprising differences in the ways in which closely related genera handle foreign substances. For example, aromatic amines (e.g. aniline or sulphanilamide) are normally acetylated, and most species of fish, amphibia, reptiles, birds and mammals carry out this change. And yet amines are not acetylated by a few types of mammals (e.g. dogs), amphibia (e.g. certain species of frog) and reptiles (e.g. turtles).

Again, dogs and hens deal with quinoline by methylating it on the nitrogen atom, but rabbits insert a hydroxyl-group in the 6-position.

7. *Quantitative aspects.* So far we have been considering prominent qualitative differences in the biochemistry of species. But even where similar metabolic pathways are used by two species, quantitative differences become apparent.

* Gallium is not a rare metal: it is present in commercial aluminium and is scattered around the kitchen every time a saucepan is scraped.

For example, pathogenic trypanosomes utilize glucose two thousand times faster than their hosts.* The carbohydrate metabolism of parasites is likely to be more vulnerable because less of it can be kept in reserve.

These quantitative differences do not always tell in favour of the larger creature. Man, for example, is fifteen times as sensitive to atropine as rabbits are. However, he can safely take a dose of strychnine which would kill more than his own weight of rabbits, and he is unaffected by a concentration of hydrocyanic acid that is instantly fatal to dogs.

It follows from the various facts which we have just been reviewing that *comparative biochemistry* is, of all branches of science, the one that holds the master key for the logical discovery of selectively toxic agents. It can reveal metabolic differences between the economic species which man wishes to save and the uneconomic species which he wishes to destroy. Once these metabolic peculiarities are discovered, it should not be hard to devise selective agents which can use them to cause irreparable damage to the uneconomic species. Unfortunately, comparative biochemistry has so far attracted few workers. It is an unspectacular science and it is poorly endowed because it has often to concern itself with species of no *obvious* economic significance to man, although so much of selective toxicity is actually applied comparative biochemistry!

* Dr. E. M. Lourie has kindly supplied this figure, determined as follows: A million trypanosomes (*T. rhodesiense*) weigh 0.0078 mg., and consume 0.031 mg. of glucose in 5 hours. Hence, they consume 20 times their weight in 24 hours, but a man eats only 1/100 of his own weight in that period.

CHAPTER TWO

- (a) THE NATURE OF THE DRUG-RECEPTOR BOND. THE RELATIVE IMPORTANCE OF CHEMICAL AND PHYSICAL PROPERTIES IN SELECTIVE TOXICITY
- (b) STRUCTURAL NON-SPECIFICITY (FERGUSON'S PRINCIPLE)
- (c) HOW 'CHEMICALLY INERT' SUBSTITUENTS CAN INFLUENCE BIOLOGICAL ACTION

(a) *The nature of the drug-receptor bond. The relative importance of chemical and physical properties in selective toxicity*

In this chapter a distinction will be made between two classes of selectively toxic agents: (i) those that are structurally non-specific and (ii) those that are structurally specific. The types of biological activity to be expected from a structurally non-specific substance is limited, but these substances provide some serviceable insecticides and most of the known hypnotics and general anaesthetics. On the other hand, structurally specific agents cover a wider range of biological action, generally act at greater dilutions and in many cases are more selective. The discussion of structurally specific agents will be continued throughout the remaining chapters.

An interesting introduction to this chapter is furnished by some easily performed experiments which illustrate chemical selectivity. Examples have been chosen from two branches of applied chemistry, viz. Dyeing and Flotation, which at first sight may seem to be remote from our main topic, selective toxicity. However, we should do well to look into branches of technology where a need has arisen for chemicals that are capable of making fine distinctions between rather similar substances. Such studies have more

common with our subject than meets the eye. We shall find that they help us to understand the problems that we are meeting in selective toxicity.

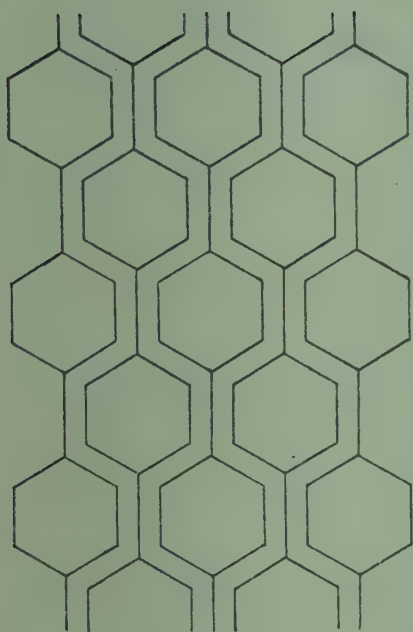


Fig. 1—Flat Structure of Cellulose.

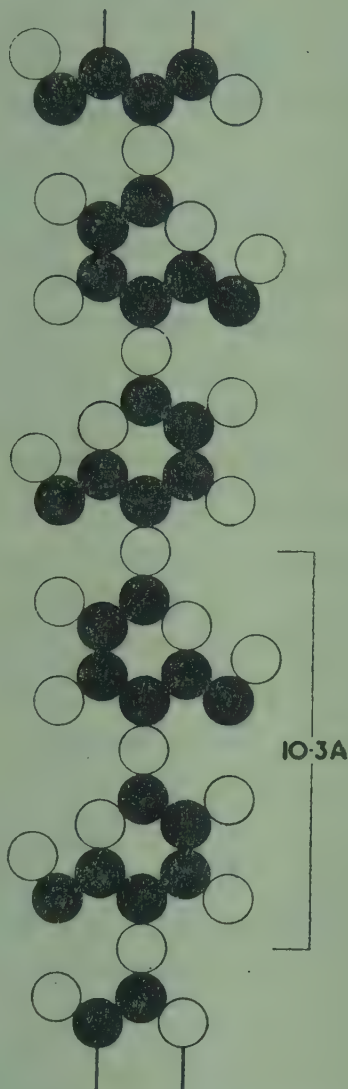


Fig. 2—Cellulose.

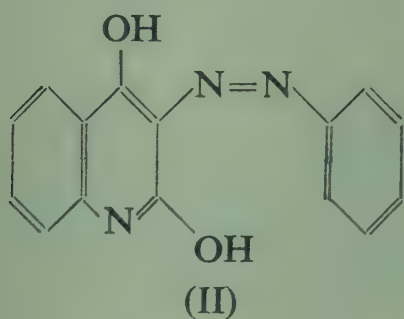
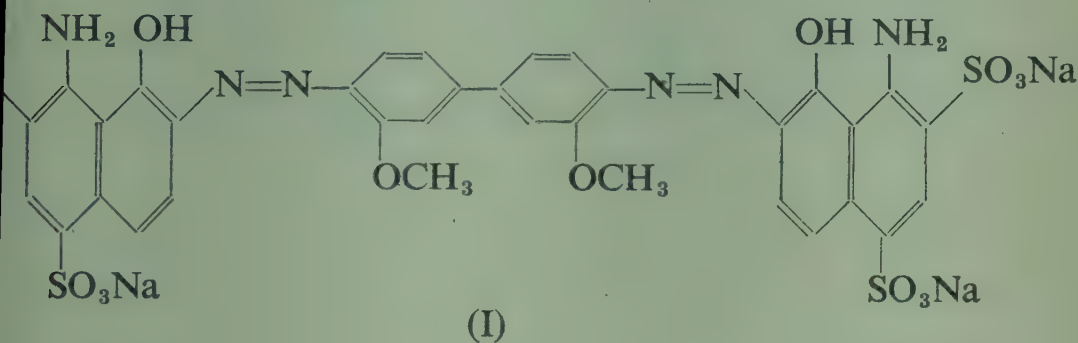
Our first experiment will demonstrate the dyeing of two chemically related fabrics, in contrasting colours, from the same bath. Let us take a piece of cloth made of pure cellulose, and another piece of the same size and weight but made of cellulose acetate. These two pieces of cloth may be stitched together. They should not be mordanted or retreated in any way but simply put into a dyebath and heated at 80°C . for ten minutes. The dyebath should

contain two simple azo dyes, similar in chemical constitution, in the proportions described in the Appendix to this chapter. One of the dyes, Chlorazol Sky Blue FFS (I), is very soluble in water and has an affinity for cellulose. The other dye, Dispersol Yellow 3G (II), is poorly soluble in water, but has a great affinity for cellulose acetate. Neither dye has any appreciable affinity for the other fabric. Hence when the fabrics are taken out of the dyebath, it is seen that the cellulose has become pure blue and the cellulose acetate pure yellow. In short, each fabric has combined very strongly with its appropriate dye and has rejected the opposite type. If we look at the structure of a cellulose fibre (Fig. 1) we see that it consists of long, rather flat molecules, packed together in sheets. Each molecule (Fig. 2) is liberally studded with hydrogen-bonding groups. Hence it is not surprising that the majority of water-soluble dyes which have an affinity for unmordanted cellulose are also long and flat and are liberally studded with hydrogen-bonding groups (Lapworth, 1940; Ruggli, 1934). Chlorazol Sky Blue is just such a substance. In cellulose acetate, however, five out of every six hydroxyl-groups have been blocked by acetylation and the molecule has taken on the general characteristics of an ester. Hence it is not surprising to find that the majority of dyes which have an affinity for cellulose acetate are insoluble in water but very soluble in esters. The union is no longer by means of hydrogen-bonding groups, and the possession of these is unimportant, or even disadvantageous (indeed, the introduction of a single sulphonic-group has been found to destroy all affinity for cellulose acetate).*

Our next experiment demonstrates the separation of a mixture of minerals by flotation. Red mercuric sulphide ore and green copper silicate ore (which have been crushed under water) should be placed in a cylinder. When we

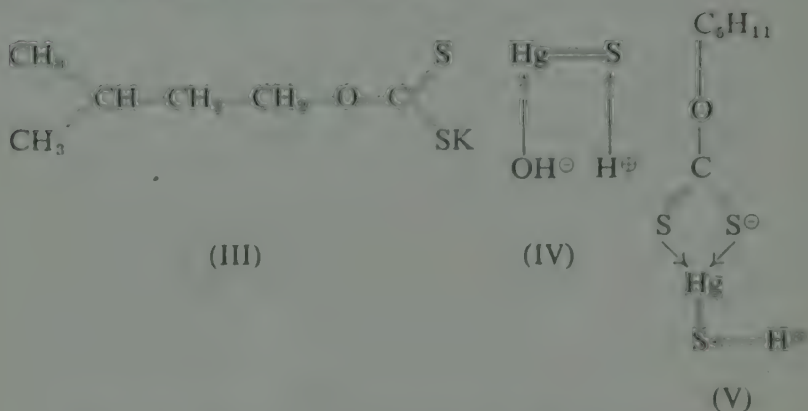
* For further information on the connexion between constitution and selectivity in these dyes see Lapworth (1940) and Green (1937).

ake the cylinder and make a temporary foam, we observe at neither component of the mixture tends to rise with the air bubbles. If we now add as little as one part in 10,000 of potassium amyl xanthate (III) and shake again, we see that the mercury ore rises and leaves the copper ore at the bottom. The xanthate has obviously functioned as



‘collector’, i.e. it has a specific affinity for the mercury ore and successfully competes with the hydroxyl ions with which it is combined. (Incidentally, we must bear in mind that new surfaces formed under water do not have the classical structures but are combined with hydrogen and hydroxyl ions by ion-dipole bonds, as in IV). Now that the hydrophilic hydroxyl ions on the mercuric ore (V) have been replaced by the hydrophobic xanthate ions (V), the particles of ore become attached to the air bubbles and rise with them. The xanthate ion has no affinity for the copper ore whose particles remain uniformly wetted and do not rise. The oleate and stearate ions, on the contrary, have great affinity for all metallic ores, enabling them to be separated from quartz. If we now

add a trace of soap to the cylinder and shake again, we shall see that both the mercury and the copper ores have floated up on the air bubbles.* This and similar processes are familiar to every mining engineer and are used commercially on an immense scale.



These two experiments illustrate how chemicals can be found which possess such a high degree of selectivity that they can discriminate between chemically similar substances. The high degree of selectivity shown in chromatography by such substances as alumina and calcium carbonate provides a further example. No less striking is the rubber-latex impregnated bandage† which sticks to itself but not to skin. The more we study examples of selectivity in fields other than our own, the better we shall understand the true nature of the more difficult problems which selective toxicity poses.

It does not seem so very long ago that one heard a good deal of discussion as to whether the mode of action of selectively toxic agents was physical or chemical. It was even said sometimes that the physical properties of a drug were responsible for getting it to the site of action but that it would act by chemical means once it arrived there. By

* For further reading see Holman (1941), Wark (1938), Rogers and Sutherland (1947), Rogers, Sutherland, Wark and Wark (1946).

† e.g. 'Prestoband' (Vernon & Co. Ltd., Preston, Lancashire).

'chemical means', these debaters implied that either ionic or covalent bonds were formed.


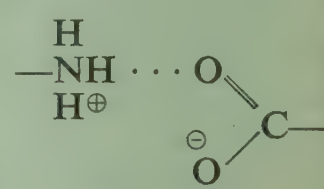
How superficial this discussion now appears! From the standpoint of current knowledge we can no longer claim 'physical' and 'chemical' as alternative sets of properties: rather, they are different aspects of the same set of properties. The physical properties which each chemical substance possesses are inevitable expressions of its chemical structure. To-day, nobody could limit the term 'chemical reaction' to the making and breaking of ionic and covalent bonds. On the contrary, it has become quite clear, during the last decade or two, that hydrogen-bonds, ion-dipole bonds and van der Waals' bonds play important parts in chemical reactions and that often quite comparable amounts of energy are involved. As Langmuir pointed out, even so simple an operation as the warming of water is actually a chemical depolymerization; the remarkably high specific heat of water is a measure of the strength of the hydrogen bonds which have to be broken. The success of the two very striking experiments which we have just observed depended on the formation of bonds which are neither ionic nor covalent.

The principal types of bonds that we are likely to meet are illustrated on p. 26, and may be described as follows:

(i) *The van der Waals' bond.* This is the most universal of all bond types, because it is formed when *any two atoms* belonging to two different molecules happen to come near to one another. It is a very weak bond, increasing in strength with the atomic weight; hence it is probably of negligible strength where hydrogen is concerned, but it becomes significant for carbon, nitrogen and oxygen. As this bond can be formed only over a short distance, it requires a close fit between the two reacting molecules.*

* The attracting force for a van der Waals' bond is inversely proportional to the seventh power of the distance, i.e. if two atoms are removed twice as far from one another, the attraction falls to $1/128$ of its former value. The attracting force for an ionic bond (see below) would only have fallen to $\frac{1}{4}$ of its former value.

TABLE 1
BONDS OF IMPORTANCE IN BIOLOGY

<i>Bond types</i>	<i>Usual bond strengths</i>	<i>Example</i>
(i) Van der Waals' bond	c. 0.5 kcal. (?)	
(ii) Hydrogen bond	2 to 5 kcal.	$\text{—OH} \cdots \text{O=}$
(iii) Ionic bond	5 kcal.	$\text{Na}^{\oplus} \quad \text{Cl}^{\ominus}$
(iv) Reinforced ionic bond	10 kcal.	
(v) Covalent bond	40 to 100 kcal.	$\text{CH}_3\text{—OH}$

The strength of attachment of a drug to its receptor by one of these bonds would be insignificant, but if the configuration of drug and receptor were so sterically similar that, say, a dozen such bonds could form, a really significant link would be forged (e.g. 5 kcal./mole). Alternatively a strong but non-durable bond, such as an ionic linkage can be made more permanent if reinforced with some van der Waals' bonds (see Chapter IV).

(ii) *The hydrogen bond.* This is a rather stronger bond than the above, and hence it does not require such an extremely close approach between drug and receptor. It is usually limited in biology to the linkage of two oxygen atoms (or one oxygen and one nitrogen) by a hydrogen atom. The attraction between an antigen and its antibody is said to consist entirely of short-range forces of the van der Waals' and hydrogen bond type (Pardee and Pauling, 1949).

(iii) *Ionic bonds* are formed between ions of opposite charge. They are also known as salt-linkages. As can be seen from Table 1, these bonds are quite strong. However, in a biological environment they lack permanence because of the large amount of simple inorganic salts present and the opportunities thus afforded for ion-exchange.

(iv) When an *ionic bond* is *reinforced* in some way it becomes stronger and sometimes more permanent. For example, the kations of all amines, except quaternary amines, simultaneously form hydrogen bonds and ionic bonds with the anions of carboxylic acids. This doubles the strength of the bond. Again two molecules can be held at one end by an ionic bond and elsewhere by van der Waals' bonds. This greatly increases the permanence of the bond.

Ion-dipole bonds. Many molecules which are not ionized carry fractional positive and negative charges on some of their constituent atoms. These charges can attract ions of the opposite sign, thus forming weak bonds which are probably comparable with van der Waals' bonds in strength. Few examples of this type of bond have yet been detected in biology (IV and V are examples from mineral chemistry).

(v) *Covalent bonds*, in which electrons are actually shared between atoms, are the typical bonds of the organic chemist who spends so much of his time making and breaking them. They are usually much stronger than the other types of bonds just described and for this reason they are believed to be seldom responsible for the union of a selective toxic agent to a receptor. The reason for this belief is that toxic action is reversible in so many cases, when experimental conditions are changed. Now, the greatest strength of a bond which can be readily broken at room-temperature or body-heat is about 10 kcal. The arsenic-sulphur bond is an example of a covalent bond that is sufficiently weak, but the majority of covalent bonds are

too strong. We shall discuss the covalent bond further in Chapter III.*

Most of the remaining chapters are concerned with selectively toxic agents whose action depends upon considerable specificity of structure. Such substances need to have particular molecular outlines or certain reactive groups in order that they may combine with specific cell constituents. However, there is one class of agents which is not structure-specific in this way, and we shall consider it first of all.

(b) Structural non-specificity (Ferguson's Principle)

It has long been known that the action of hypnotics, general anaesthetics and some of the milder insect-poisons is not to be related to the presence or absence of some particular chemical group, but depends rather on certain physical properties which make for accumulation. Such substances may be hydrocarbons, chlorinated hydrocarbons (aliphatic and aromatic), alcohols, ethers, ketones, non-ionized bases (such as aniline and pyridine) or non-ionized acids (particularly phenols and barbiturates) or aliphatic nitro-compounds but probably not aldehydes and esters and certainly not (*inter alia*) strong bases and acids. Structurally non-specific agents seem to act by accumulating in some vitally important part of a cell and thus disorganizing the chain of respiratory processes. In short, they are acting simply as foreign bodies. Obviously they owe their property of being accumulated by cells to some favourable partition-coefficient which they possess, a physical property which can only be conferred upon them by their chemical constitution. Hence it is undesirable to speak of these substances acting 'by a physical mechanism' in contrast to the action of structurally specific substances. However, it is obvious that the required partition coefficients depend only on the balance between two, or at the

* For further information on the various types of bonds see Pauling (1946, 1947).

most three, common variables in molecular structure so that the correct values will be reached by certain members of homologous series of many different chemical types. The biological action of these structurally non-specific substances is usually depressant (narcotic).

In their classical studies of structurally non-specific narcotics, Overton and Meyer believed that the action depended upon a suitable partition-coefficient between water and lipid material (cf. Höber, 1945). This hypothesis does not lend itself to experiment because there is no guide to the correct lipoids to choose for laboratory studies. Certainly the choice of olive oil for this purpose by the early workers seems wrong from what we now know of the nature of the water-insoluble constituents of cells (phospholipides and fatty alcohols). Furthermore, the choice of water as the non-oily phase would exclude the discussion of insecticides administered in air.

Fortunately, a way out of this difficulty exists. Ferguson (1939) suggested that the partition of the toxic agent between the medium in which it was applied and the biophase* in which it is acting would always be proportional to the saturation of that medium, whether air or water. This hypothesis was derived from thermodynamic considerations and involves approximations whose validity cannot be assessed. However, it has a corollary which is capable of experimental verification, namely, *substances which are present at the same proportional saturation in a given medium have the same degree of biological action*. This, Ferguson's Principle, has been experimentally examined and seems to be true of all structurally non-specific substances (Ferguson, 1939; Ferguson and Pirie, 1948; Burt, 1945; Gavaudan, Dodé and Poussel, 1944).

As an example of Ferguson's Principle, we may consider the effect of various hydrocarbons, halogenated paraffins, nitro-hydrocarbons and weak bases on the wireworm (larva of *Agriotes*) (Table 2). These substances were applied as

* i.e. the relevant cell-constituent, apparently lipoidal in nature.

TABLE 2

AGREEMENT BETWEEN THE RELATIVE HUMIDITIES OF THE TOXIC CONCENTRATIONS OF VARIOUS SUBSTANCES TESTED ON WIREWORMS

<i>Substance</i>	<i>Toxic concentration, millionths g. mol. per l. lethal in 1,000 min. at 15° C.</i>	P_s (Vapour pressure at 15° C. mm.)	P_t/P_s (Relative humidity of toxic concentration.)
Monomethylaniline .	3.7	0.22	0.3
Dimethylaniline .	6.6	0.28	0.4
Pyridine . . .	76	10.4	0.1
Bromoform . . .	94	3.2	0.5
Bromobenzene . . .	96	2.4	0.7
Tetrachloroethane .	141	4.2	0.6
Chlorobenzene . . .	200	6.8	0.5
<i>p</i> -Xylene	230	7.0	0.6
Toluene	420	17.0	0.4
Nitromethane . . .	710	23	0.6
Benzene	775	58	0.2
Heptane	800	27	0.5
Chloroform	1,040	128	0.2
Carbon tetrachloride .	1,600	73	0.4
Trichloroethylene .	1,200	52	0.4
Hexane	3,000	96	0.6
Dichloroethylene .	3,100	230	0.2
Pentane	16,600	320	0.9

vapours, diluted with air. It is seen from Table 2 that when equimolar concentrations are compared (as in column 2), a 4000-fold variation in activity is seen. However, a different picture presents itself when the proportional saturations are compared, e.g. by calculating the least fraction of the saturated vapour pressure required to kill the worm. Here (within the much narrower limits of a ninefold variation) a reasonably constant figure (0.5) is obtained (Ferguson, 1939). That is to say, the air must be half-saturated. On the other hand, hydrocyanic acid,

carbon bisulphide, ammonia and strong organic bases are non-concordant figures (e.g. ammonia, 0.00008).

Were the figure 0.5 a constant for the action of structurally non-specific substances on every kind of cell, it would be idle to expect them to show any selectivity in their toxicity. However, this figure varies, for different cells, between 0.01 and 1. It is approximately 0.03 for the induction of narcosis in mice and tadpoles and for the inhibition of the development of sea-urchin eggs. The value 0.5 has been found for the minimal concentrations of aniline, phenols, aliphatic alcohols and ketones required to kill *B. typhosus* in aqueous solution, i.e. approximately half-saturated solutions are required (Ferguson, 1939).

The great value of this principle to those who are working with new toxic agents is that one can so quickly find out if their action is structurally non-specific or not. First one could determine the Ferguson Value for the particular biological effect that one is studying, using a dozen or so samples of the above-mentioned chemical types. If the new drug, when tested, gave a similar figure, the likelihood of its being structurally non-specific is high. Hence one could not expect it to show particularly novel biological properties and would not map out a programme in which the molecule was to be altered in minute particulars, e.g. inserting a methyl group in various positions.

Another utilitarian conclusion can be derived from the Ferguson Principle, viz. it can be extraordinarily economical, when investigating a new biologically active chemical, to alter the molecule so that it becomes less soluble in water. However, there is a limit to the extent to which one can profitably go in this direction, as will be pointed out later in this chapter.

How 'chemically inert' substituents can influence biological action

Until comparatively recently, difficulty has been found in understanding how two molecules which differ from one

another only by a methyl group sometimes have biological actions of an entirely different order. We shall shortly be considering several examples of this kind. It is true that in those cases where the methylated compound is the less active, the reason may be that the methyl group is oxidized to a carboxylic acid group thereby completely changing the distribution of the substance (cf. Schultzen and Naunyn, 1867). However, it is just as common for the methylated compound to be the more active. Hence we should consider at some length how a methyl (or methylene) group could alter the biological action of a molecule without involving covalent bonds. Once we understand the action of these groups, we can modify our findings and apply them to many other kinds of substituents, e.g. the halogens, which seem, in many instances, to act without involving covalent bonds.

There come to mind at least four main channels through which methyl groups can exert a profound influence on biological activity:

Firstly, by effecting a change in solubility, which can be either raised or lowered;

Next, by steric effects which can either increase or decrease the biological action;

Thirdly, by effects on the oxidation-reduction potential which is lowered by the electrons poured into the molecule through the inductive effect of the methyl group;

Lastly, by the similar inductive effects on the ionization constants, resulting in a weakening of acids and a strengthening of bases.

I should now like to discuss various biologically active substances in which one or other of these effects seems to be at work.

Obviously the simplest case of an inert substituent exerting a biological action is to be found in homologous series. In ascending an homologous series, one may find that the first member shows some irregularity, but from there onwards each member is found to be more biologically active than the last. Nevertheless, higher in the series and

different places in it for different tissues or organisms, toxicity is completely abolished by the addition of just one more $-\text{CH}_2$ group. Now, it is not surprising that toxicity should increase as a series is ascended because the addition of each methylene group makes possible the creation of another van der Waals' bond, thus adding to the adsorptive forces which bind each substance to the organism's receptors. At the same time, there is no increase in the desorptive forces, because the kinetic energy of every molecule is identical, regardless of its size.

However, the sharp cut-off in biological activity, occurring as it does at different members of the series in different biological tests, presents a harder problem to solve. Ferguson (1939) first explained this puzzling phenomenon by showing that, in an homologous series, the equitoxic concentrations for various members usually fall on a straight line, if plotted logarithmically: solubilities also fall on a straight line, but these two lines are not quite parallel and hence they intersect. It is at those points where the solubility and equitoxic-concentration lines intersect that the sharp cut-off occurs.

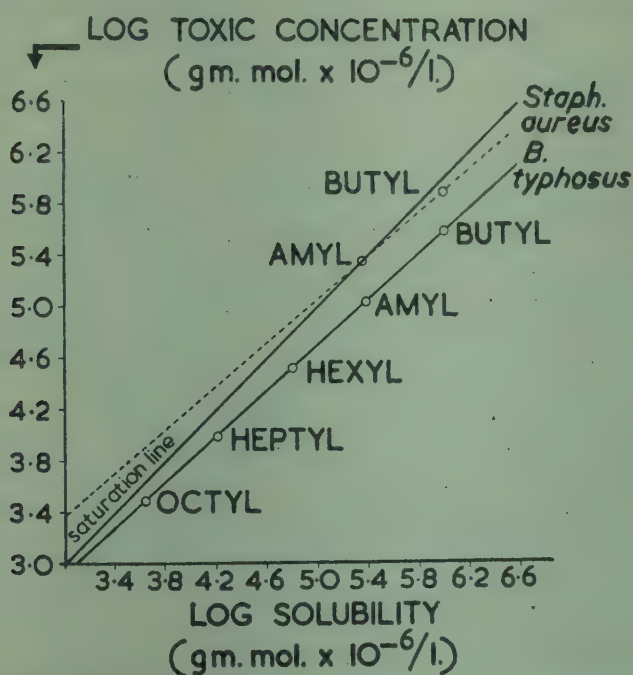


Fig. 3—Bactericidal concentration v. solubility for normal primary alcohols.

This is clearly shown in Fig. 3, where the toxic concentrations of primary alcohols have been plotted against their aqueous solubilities. It can be seen that the Gram-negative organism *B. typhosus* is very sensitive to these alcohols so that, even as high up in the series as octanol, the required lethal concentration is not in excess of the solubility. On the other hand, the Gram-positive organism *Staphylococcus aureus* is less sensitive to alcohols, so that a higher concentration is required for killing. Consequently a sharp cut-off occurs at amyl alcohol because the predictable lethal concentration of hexanol is in excess of the solubility (cf. also Badger, 1946). In Fig. 3, the 'saturation line' is a diagonal, i.e. the plot of log. solubility *versus* log. solubility. It is the line on which would fall the points for an imaginary series of substances that were optimally active in saturated solutions.

It might be thought that the insertion of a methyl- or methylene-group, being water-repelling, would always lower solubility in water, but this is not necessarily so. Even isomerides can differ greatly in solubility, e.g. the isomeric pentanols (Ginnings and Baum, 1937) in Table 3. It can be seen that the solubility increases as the side-chain is broken up into smaller lengths. This is only to be expected, because the most characteristic property of water is the strong hydrogen-bonding that exists between its molecules. For a substance to dissolve, the water molecules must first be forced apart, which means that these bonds have to be broken. This is readily accomplished by the lower alcohols, because their hydroxyl-groups, which are also capable of hydrogen-bonding, form such a high proportion of the molecules. But as the series is ascended, the paraffinic side-chain becomes a more dominant feature: it cannot be accommodated in any interstices, it cannot force the water-molecules apart, and hence it tends to be squeezed out of the water, dragging the whole molecule with it. This effect is considerably lessened by shifting the hydroxyl-group to the centre of the molecule (as in tertiary amyl

cohol) and it is interesting to see that this particular
ntanol is even more soluble than *n*-butanol. Again the
amino-butyric acids are more soluble than α -amino-
opionic acid (alanine) (Cohn *et al.*, 1934).

The sulphonamido-pyrimidine drugs constitute a series
here the addition of methyl-groups strikingly increases

TABLE 3

SOLUBILITIES OF ALCOHOLS
(g. per 100 g. WATER AT 20°)

PENTANOLS	
$\text{CH}_3\text{—CH}_2\text{—CH}_2\text{—CH}_2\text{—CH}_2\text{—OH}$	2.4
$\text{CH}_3\text{—CH}_2\text{—CH}_2\text{—CH—CH}_3$ OH	4.9
$\begin{array}{c} \text{CH}_3 \\ \\ \text{CH}_3\text{—C—CH}_2\text{—CH}_3 \\ \\ \text{OH} \end{array}$	12.2
<i>n</i> -BUTANOL (for comparison)	8.2

solubility (see Table 4). At first sight this seems surprising
because these substances are acids and the addition of each
methyl-group decreases the ionization of the acidic
($\text{O}_2\text{NH—}$) group. This decrease in ionization is just what
could be predicted from the inductive effect of the methyl
groups which radiate electrons to the —NH bond, thus
increasing the attraction between hydrogen and nitrogen.
What would, perhaps, not be predicted is that sulphadia-
zine should be less soluble than its methyl-derivatives, if
only because sulphadiazine is the most ionized member of
the series and it is normal for an ion to be more soluble
than the corresponding neutral molecule. No explanation
has been put forward for this abnormal effect of methyl

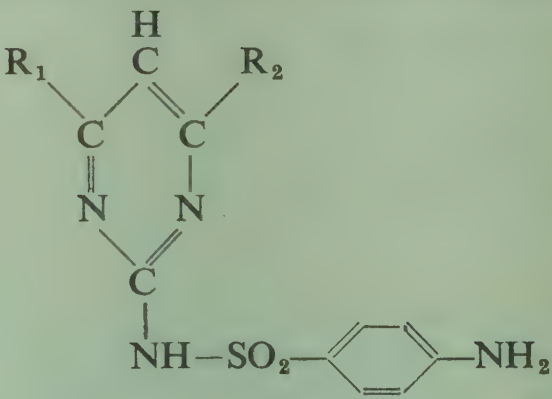
groups, but it is to be found in other molecules having a similar degree of complexity and rigidity. It may be due to the protruding methyl-groups preventing the ready adsorption of dissolved solute on to the crystal-lattice of the solid phase, thus displacing the final equilibrium in the direction of increased solubility.

The solubility measurements in Table 4 were made at pH 5.2, because this has practical significance in urinary disinfection and also in assessing the ease of clearance of the drugs by the kidneys* (Gilligan and Plummer, 1943). The same solubility sequences were shown at pH 6 and 7.

The loss of biological activity in the upper part of an

TABLE 4

INCREASED SOLUBILITY IN WATER CAUSED BY INSERTION OF METHYL GROUPS

					
R_1	R_2	Drug	pK (acidic)	% Ionized at pH 5.2	Solubility at pH 5.2 g. mol./l. (37°C.)
H	H	Sulphadiazine	6.5	3.9	0.0005
CH ₃	H	Sulphamerazine	7.1	1.4	0.0013
CH ₃	CH ₃	Sulphamezathine	7.4	0.7	0.0024

* All three drugs are less soluble than their acetyl derivatives, otherwise the solubility of the latter would be of special relevance.

homologous series can also have a slightly different cause from that shown in Fig. 2. The primary aliphatic amines, for example, have solubility and toxicity curves which are equately spaced. Nevertheless, for most bacteria, a maximum in toxicity is reached somewhere about the C_{12} member (dodecylamine) and a rapid falling off occurs when one or two more carbon atoms are added to the long paraffinic side-chain (cf. Fuller, 1942). It should be noted that this falling-off occurs in that part of the series where micelle-formation is beginning to increase rapidly with increase in chain-length. Thus the critical micelle concentration falls from 0.01 to 0.003 in passing from the C_{12} to the C_{14} amine (Klevens, 1948), and thus each higher homologue contributes fewer molecules of monomer, even in moderately dilute solutions. If we assume (and this is very likely) that the bacterial receptors and the micelles are in competition with one another for the unassociated molecules, it is easy to understand how this decreasing concentration of monomer can cause the known falling-off in biological activity.

Let us now turn to some useful examples of structural specificity to be gleaned from the vitamins. We shall have occasion later to refer to the theory that many drugs act by blocking normal enzyme action in cells. At this stage it is relevant simply to point out that those vitamins which form part of co-enzymes have a high degree of structural specificity (cf. McIlwain, 1942). In fact, the presence or absence of a methyl-group in these substances can make or mar their biological activity.

In the case of nicotinamide (VI), for instance, the activity completely disappears if it is methylated in the 4-position. This may be a purely steric effect, but the possibility that it is caused by a lowering of the oxidation-reduction potential should also be considered. Anyone who has attempted the polarography of pyridines will know how extremely difficult they are to reduce: one may finally apply a potential sufficient to electrolyse the water without

effecting the reduction of the majority of pyridines (including nicotinamide). However, nicotinamide occurs naturally as a nucleotide with ribose, adenine and pyrophosphoric acid. It is attached to the ribose in such a way that the ring-nitrogen is quaternary, an arrangement that just suffices to make the nucleotide reducible enough to act as the vitally important hydrogen carrier that it is. When this co-enzyme accepts hydrogen, the double bond in the 2-position is reduced. Now, it is evident that a methyl-group in the 2-position would, by its inductive effect, be transmitting electrons into this double-bond and thus hindering a reduction which is already difficult enough.*

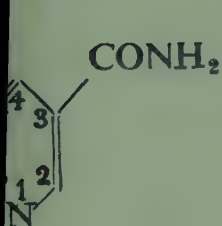
Heteroauxin (VII), one of the natural growth-regulators of plants, is another example of a substance whose powerful biological action is abolished by the insertion of a methyl-group in the 2-position.

On the other hand, in the K group of vitamins (e.g. menaphthone, VIII), the presence of a methyl-group (in the 2-position) is absolutely essential for biological activity.

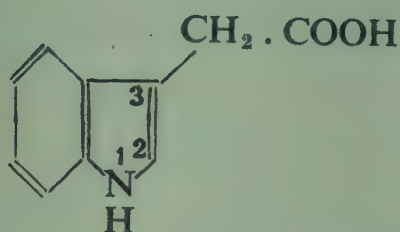
Thiamine (IX) provides examples of both types of effects. If the methyl-group is removed from the 2-position in the pyrimidine ring, the vitamin-activity (as measured on pigeons) drops to $1/22$ of its former value. If a methyl-group is removed from the 4'-position of the thiazole ring, activity drops to $1/82$, and if it is inserted into the 2'-position of that ring, the activity completely disappears. Thiamine, in the form of diphosphothiamine, forms an important portion of the enzyme system catalysing the decarboxylation of pyruvic acid, but it is generally considered not to undergo oxidation-reduction changes in discharging these functions. Here, at least, the effect of the methyl-group seems to be best explained on steric lines, namely that (depending on its position) it improves or worsens the fit between the vitamin and the rest of the enzyme-system.

* For the quantitative effect on oxidation-reduction potentials of various substituents see Fieser and Fieser (1935).

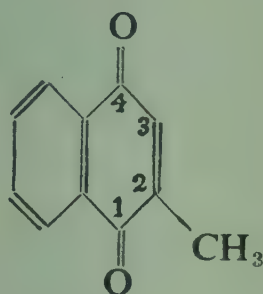
The case of folic acid (X) suggests that a redundant methyl-group may act, not so much by making it difficult for a co-enzyme to combine with its apo-enzyme (i.e. its specific protein), but rather by interfering sterically with



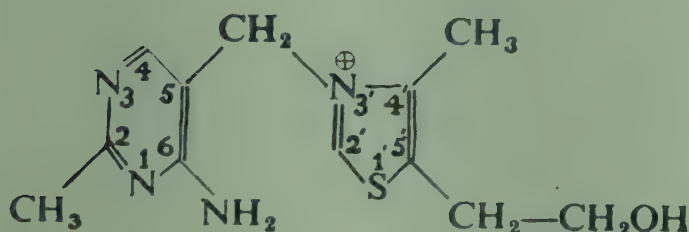
(VI)



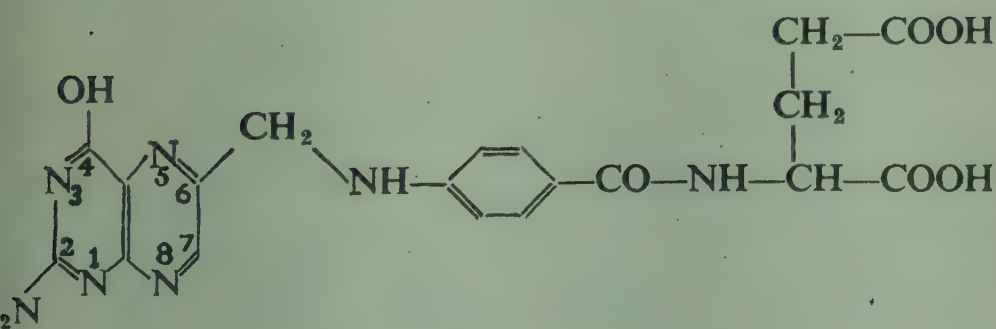
(VII)



(VIII)



(IX)



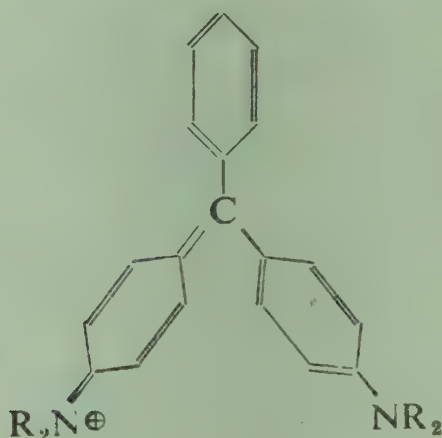
(X)

the working of that combination. The insertion of a methyl-group into the 7-position of folic acid produces a substance which can antagonize the normal biological action of this growth-factor. This is one of the few known cases where the substitution of a methyl-group for a hydrogen atom has led to the production of a metabolite antagonist.

The antibacterial effect of 8-hydroxyquinoline, which will be discussed in Chapter V, is considerably depressed by the presence of a methyl-group in the 2-position and all the indications are that this group presents a degree of steric hindrance to proper adsorption. The effect of methyl-groups in conferring cancer-producing properties on polycyclic hydrocarbons will be discussed in Chapter VIII.

TABLE 5

CONNEXION BETWEEN IONIZATION AND ANTIBACTERIAL ACTIVITY
IN A SET OF TRIPHENYLMETHANE COMPOUNDS



<i>Substance</i>	<i>R's (all four)</i>	<i>pK_a (equil.)</i>	<i>Per cent Ionized pH 7.3</i>	<i>Min. Bacteriostatic conc'n. for Staph. aureus, 24 hours at 37° C. and pH 7.3.</i>
Doebner's Violet	H	5.38	2	1 in 20,000
Malachite Green	CH ₃	6.90	28	1 in 80,000
Brilliant Green	C ₂ H ₅	7.90	80	1 in 1,280,000

We have already had occasion to note how the inductive effect of a methyl-group decreases the strength of acids.

Conversely, it increases the strength of bases when substituted on a carbon atom, and in some cases it even increases basic strength when substituted on a nitrogen. These variations in strength are small (usually less than one pK unit) but become important when the pK of the drug is within 1 unit of the pH at which the biological test is made. This is explained in Chapter IV. It will suffice to say here that a shift of 1 pK unit, under these circumstances, can bring about a fivefold increase in ionization. When, as often happens, one form of the drug (say, the ion) is biologically active and the other form (say, the neutral molecule) is not, this change in ionization can be a limiting factor which decides whether the substance will be biologically active or not.

An example of increase in basic strength induced by *N*-alkylation is taken from the triphenylmethane series (Goldacre and Phillips, 1949). It can be seen from Table 5 that antibacterial activity is strongly correlated with ionization for the substances examined and that the antibacterial activity depends on the presence of 'chemically inert groups'.

APPENDIX

(To CHAPTER II)

Experiments illustrating Selective Adsorption

1. *Selective Dyeing*

Sew a piece of viscose material (about 180 square inches in area and 20 g. in weight) to a similar piece of cellulose acetate material.

Make a solution of Chlorazol Sky Blue FFS by dissolving 0.5 g. in 100 ml. of boiling water.

Prepare a suspension of Dispersol Yellow 3G₃₀₀ by making 0.5 g. into a smooth paste with a little water, diluting to 50 ml., adding a non-ionic dispersing agent (e.g. 8 ml. of Dispersol VL) and making up to 100 ml.

Prepare the dyebath by mixing 25 ml. of each of the above solutions with a litre of water at 85°C. containing 8 g. of sodium chloride and 0.5 g. of an anionic wetting agent (e.g. Teepol).

Immerse the cloth in the dyebath and gently stir, well submerged for 10 minutes at 80°. (The experiment may be ruined if part of the cellulose acetate reaches 90°, because of hydrolysis to cellulose.)

Transfer the cloth, by means of glass rods, to a litre of cold water, squeeze well and spread out to dry. It will be found that the viscose has been dyed pure blue and the cellulose acetate pure yellow.

2. *Mineral Flotation*

Clean all apparatus used in this experiment with chromic acid, because a trace of grease will cause both minerals to float.

Crush red mercuric sulphide ore (cinnebar) and green cupric silicate, separately, in a mortar *under water* and pass each suspension through a sieve (70 mesh). The sifted suspensions should be freed from very fine particles by decantation. The solids must never be allowed to become dry from the moment of crushing until the end of the experiment.

Add about 1 g. of each mineral to a stoppered (100 ml.) cylinder containing 100 ml. of water and 0.1 ml. of amyl alcohol. To one of two such cylinders add 1 mg. (not more) of potassium amyl xanthate.

Shake both cylinders violently, by hand in a horizontal plane, for a few minutes and then stand them upright. It will be seen that, in the cylinder containing the xanthate, the red mineral has floated, leaving the green mineral on the bottom. In the other cylinder, both minerals remain on the bottom.

CHAPTER THREE

METABOLITE ANALOGUES

THE COVALENT BOND IN RELATION TO SELECTIVE TOXICITY: THE ARSENICALS AND MERCURIALS

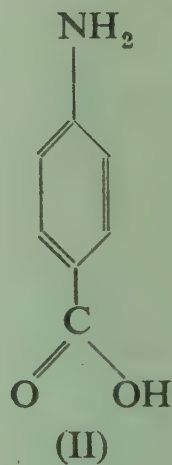
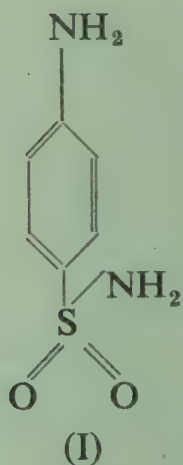
In the previous chapter a number of cases were reviewed in which the smallest change in the chemical constitution of a selectively toxic agent made a very radical change in its biological activity. In one case (folic acid) the biological activity was completely reversed. The present chapter initiates a discussion of those toxic agents which can selectively antagonize particular metabolites. It begins with an account of those antagonists which are chemically similar to the metabolites whose biological effects they suppress.

Metabolite analogues

By *metabolite* we understand any substance which is involved in the biochemical reactions by which cells assimilate food and use the resultant energy for growth and division. The most important metabolites, for our purpose, are those which are present in the smallest amounts: it would be easier to antagonize these than such metabolites which are present more abundantly (e.g. the glucose-phosphates). Hence we shall be concerned mainly with catalytic substances such as hormones, vitamins and trace-metals. A *metabolite analogue* we understand a substance which differs from a metabolite only by a small degree of chemical change. Usually, if one makes a slight alteration to the chemical structure of a metabolite, the normal biological action is diminished or lost, as we saw in the last chapter, but antagonistic action does not invariably appear. Later, we shall review the changes in structure likely to turn a

metabolite into an antagonistic substance.* It is with *antagonistic* metabolite analogues only that we are now concerned.

Perhaps the most familiar example of a metabolite analogue is sulphanilamide (I), which antagonizes the action of the chemically similar substance, *p*-aminobenzoic acid (II), which is a metabolite of great importance to micro-organisms. As is usual with metabolite analogues, this antagonism is competitive,† that is to say, if x molecules of metabolite are antagonized by y molecules of analogue, then $2x$ molecules of metabolite will require $2y$ molecules of analogue to give the same quantitative result, and so on. Such competitive reactions are freely reversible so that, in our hypothetical example, the antagonism of x molecules of metabolite by y molecules of analogue could be abolished by the addition of another x molecules of metabolite, and so on.



Many metabolite analogues are known; Woolley (1947) lists forty metabolites for which antagonistic analogues have been made. For example, pyriethamine, which was first made in 1941, has proved to be a competitive

* Occasionally, a big change in an unimportant part of a metabolite leaves the activity unimpaired, but this is rare. The loss of the hydrocarbon side-chain of natural Vitamin K, to give menaphthone, is an example.

† This is usual, but not invariable: 2:3-Dichloronaphthoquinone antagonizes the action of menaphthone (2-methylnaphthoquinone) in fungi. Over a narrow range of concentrations, this is competitive; but no amount of menaphthone will reverse a large dose of the dichloro- compound.

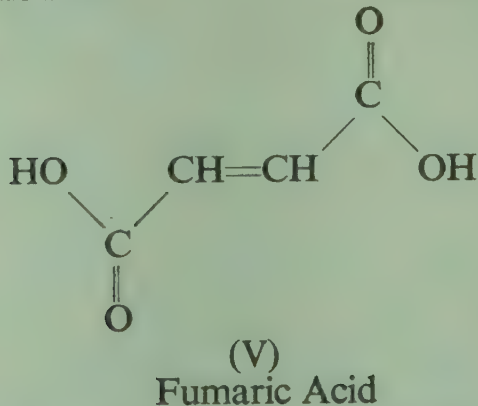
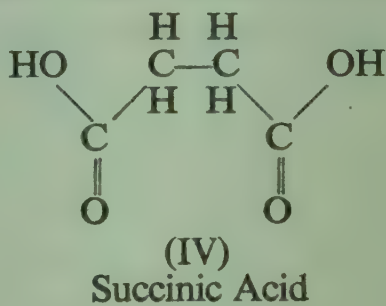
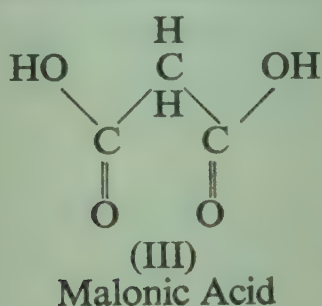
antagonist of the vitamin thiamine. It produces the symptoms of thiamine deficiency in mice much faster than can be accomplished by feeding mice on a thiamine-free diet (Woolley and White, 1943). The effect of 100 lethal doses of pyriethamine can be annulled by increasing the thiamine content of the diet 1,000-fold. Apart from its action on mammals, pyriethamine inhibits the growth of yeasts, moulds and bacteria. Metabolite analogues have since been found which are capable of antagonizing, respectively, ascorbic acid, biotin, folic acid, nicotinic acid, pantothenic acid, pyridoxine, riboflavin, tocopherol and vitamin K as well as most of the amino-acids, the purine bases and one or two hormones. Some of the toxic effects of metallic ions can be attributed to their antagonism of inorganic metabolites (see Chapter V).

There are some excellent reviews dealing with metabolite analogues (e.g. Work and Work, 1948, Chapter V; Woolley, 1946 and 1947; Roblin, 1946).

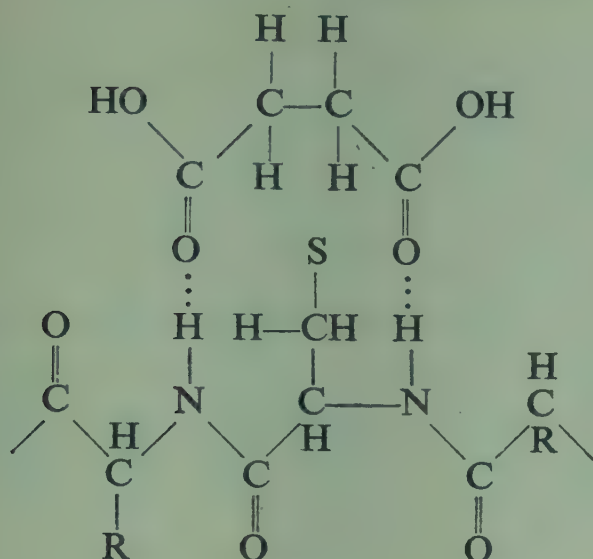
As far as chemotherapy is concerned, there was no recognition of the important part which metabolite analogues could play in the cure of infectious diseases until Fildes (1940) pointed out that the relationship of sulphanilamide to *p*-aminobenzoic acid was of this kind. Fildes gave an impetus to further research along these lines by suggesting that other metabolite analogues, useful in chemotherapy, would eventually be found.

In other branches of biological science, however, the phenomenon of competitive inhibition by metabolite analogues had been recognized for many years. For example, it has long been known that enzymes are inhibited by substances that are structurally related to the normal substrates of these enzymes. Thus, amylase, an enzyme which turns starch to maltose, is inhibited by glucose (Wohl and Glimm, 1910). Again, malonic acid (III) competitively inhibits the enzyme succinic dehydrogenase (VI), by displacing the normal substrate, succinic acid (V) from the enzyme which normally converts succinic

acid into fumaric acid (V).^{*} *d*-Histidine similarly inhibits the enzyme histidase which normally acts on the *l*-isomeride (Edlbacher, Baur and Becker, 1940). Similar phenomena have been recognized in physiology ever since it was found that the toxic action of carbon monoxide (C—O) is due to its displacing a similarly shaped molecule, oxygen (O—O), from combination with haemoglobin (Douglas, Haldane and Haldane, 1912). In pharmacology, the competition of acetylcholine (metabolite) and physostigmine (analogue) for an enzyme (cholinesterase) has been known for many years (Loewi and Navratil, 1926; Stedman, 1926), and Stedman and Aeschlimann lost no time in simplifying the structure of physostigmine so that only the bare essentials were left. (See Table 1, p. 48.)



* The 'active-patch' of succinic dehydrogenase (VI) has been drawn from a suggestion made by Potter and Dubois (1943). These authors give reasons for believing that succinic acid is anchored by its two carboxyl-groups to two amido-groups of the peptide backbone of this enzyme, the linkage being by means of hydrogen bonds. As fast as the cytochrome system, which is always closely associated with this enzyme, can remove the hydrogen atom from the thiol group, this group removes an atom of hydrogen from the succinic acid. Two atoms of hydrogen are successively removed in this way, giving fumaric acid which, having a *trans*-configuration, is bent away from the enzyme. Thus it becomes detached and another molecule of succinic acid takes its place, and so on. Of all enzymes, this is perhaps the one whose active patch has been most clearly visualized.



(VI)

Suggested configuration of active patch of succinic dehydrogenase, with adsorbed succinic acid.

It is not surprising that there is now a very widespread belief that almost all drugs and other selectively toxic substances will be found to exert their ultimate biological effect by interfering with the working of enzymes. However, as we have just seen, there is at least one toxic substance that does not do so, viz. carbon monoxide.*

It is appropriate to point out here that there are many ways of interfering with an enzyme system other than by competitive antagonism of metabolite analogues. For instance, substances which do not resemble metabolites at all can be used to combine with, and hence inactivate, an enzyme, a co-enzyme or a substrate, provided that some chemical affinity exists. What distinguishes the special case of the metabolite analogue is that it brings about 'antagonism by displacement'. To do this, its molecular architecture must be so similar to that of the substrate that the enzyme is deceived into taking it up in

Haemoglobin is not an enzyme because it does not activate its substrate. It is only a carrier which discharges oxygen in the same form as that in which it was taken up, viz. in the molecular state.

TABLE 1
COMPETITIVE METABOLITE INHIBITION

<i>Investigators</i>	<i>Protein</i>	<i>Inhibitor</i>	<i>Metabolite</i>	<i>Inhibitory Index*</i>
Douglas, Haldane and Haldane (1912)	Haemoglobin	CO	O ₂	1/210
Wohl and Glimm (1910)	Amylase	Various carbohydrates	Starch	
Quastel and Wooldridge (1927)	Succin-dehydrogenase	Malonic acid	Succinic acid	1/10
Stedman (1926); Loewi and Navratil (1926)	Choline esterase	Physostigmine	Acetylcholine	
Fildes (1940); Woods (1940)	(Unknown enzyme in <i>streptococci</i>)	Sulphanil-amide	<i>p</i> -Amino-benzoic acid	300/1

* Molar ratios of inhibitor to metabolite when there is 50 per cent inhibition.

place of the substrate; yet it must be effectively dissimilar enough to fail to carry out the normal functions of the adsorbed substrate. That is, it must either fail to undergo the next chemical reaction in the appropriate metabolic pathway, or, if it does undergo it, the product must be unacceptable to an enzyme later in the series.

As evidence that metabolite analogues are acting through *antagonism by displacement*, there can be cited the case of biotin. This vitamin combines in molecular proportions with a specific protein, avidin. When biotin sulphone, which is a physiologically inactive analogue of biotin, is added to this combination, the biotin is shed from the protein and can be recovered quantitatively from the solution (Dittmer and du Vigneaud, 1944).

Woolley (1947) has emphasized that competition often occurs when the metabolite is being built up into a larger molecule, but never when it is acting as a co-enzyme. For example, pyrithiamine competes with thiamine which is not a co-enzyme but a substrate for the enzyme which converts it to diphosphothiamine, a co-enzyme. It is found that pyrithiamine has no competitive action against this co-enzyme. Again, pantothenic acid is antagonized by the analogue pantooyl-taurine which prevents it from being built up into a larger and more biologically active molecule, one with which pantooyl-taurine does not compete (McIlwain and Hughes, 1944). Again, *p*-aminobenzoic acid is apparently not a co-enzyme, but is an essential raw material for the synthesis of folic acid. Sulphonamides compete against *p*-aminobenzoic acid, but show no biological antagonism towards folic acid (Lampen and Jones, 1946).

A word of warning may be necessary that the demonstration of competitive antagonism between two chemicals does not prove that one of them must be a metabolite. Until *p*-aminobenzoic acid was isolated from micro-organisms (Rubbo and Gillespie, 1940), there were no grounds for assuming that it was a metabolite, even though its ability

to antagonize the toxic action of sulphanilamide was well established, and amorphous extracts with very similar properties had been obtained from yeast and bacteria. In certain other cases where competition exists between analogous substances, it has been conceded that neither is a metabolite. For example, the well-known physiological effects of morphine on dogs can be counteracted by allyl-normorphine (Unna, 1943). Again, the yellow dye, trypan-flavine, will kill trypanosomes in the mammalian bloodstream, but its action is antagonized by the somewhat similar red dye, para-fuchsin. It is quite certain that none of these four substances occurs naturally in mammals. This branch of the study of competition is known as *therapeutic interference* and will be dealt with more fully in Chapter VII.

We should now touch upon some quantitative aspects of competition by metabolite analogues. For each pair of substances there will be a unique *index of inhibition*, which is defined as the ratio of the number of molecules of analogue per molecule of metabolite required to give 50 per cent inhibition. This ratio will vary from species to species, but is always the same for any one species. It obviously is an expression of the relative combining powers of analogue and metabolite for a receptor group in, or on, the cell. It must also include a term for differences in the penetration of the two substances to the site of action, when the latter is not exposed. The amount of inhibition which any analogue can produce therefore depends on two things, firstly, its affinity for the receptor relative to that of the analogue, and, secondly, the relative amounts of analogue and metabolite available at the site of action. A good presentation of the kinetics of these phenomena appears in Work and Work (1948, Chapter IV). Here it will suffice to say that quantitative study of the affinities of competitive inhibitors for enzymes has proved to be very valuable in exploring the affinity of natural substrates for enzymes. Both of these affinities are expressible by constants, known

as Michaelis-Menten constants.* The index of inhibition is obviously the ratio of these two constants.

Some indices of inhibition will be found in Table 1, and it will be noted that two of them are less than unity. This is uncommon, because an analogue rarely has a greater affinity for a natural receptor than has the normal substrate. The larger figure given for sulphanilamide is more typical.

What are the minimal changes in the molecule of a metabolite necessary to turn it into a competitive analogue? Sometimes it is sufficient to rearrange the substituents at an asymmetric carbon atom, if one is present. A few amino-acids respond to this treatment, e.g. the antagonism of *l*-histidine by *d*-histidine, mentioned above. Usually, however, this method is almost ineffective in small molecules, because the space-relationships required for optimal adsorption have been deranged by this treatment: hence a mixture of two optical antipodes usually has the full averaged potency of both, as happens with atropine and adrenaline. The method is more likely to succeed in large molecules, especially if the configuration of only one carbon atom is changed and this carbon is not one involved in adsorption on the receptor. The presence of amino-acids with the 'unnatural configuration' in antibiotic polypeptides probably contributes in this way to their biological activity. *Cis*- and *trans*-isomerides of a large enough molecule should also be antagonistic: the male and female sex hormones of algae (croctin dimethyl ester) provide an example from nature.

Homologues are sometimes antagonistic, e.g. malonic acid antagonizes succinic acid (see Table 1); glycine antagonizes alanine in some bacteria; β -aminobutyric acid antagonizes β -alanine (in yeast), and methyl folic acid antagonizes folic acid (Chapter II).

For the most part, however, homologues do not make

* The Michaelis-Menten constant (K_m) is equal to the concentration of a substrate required to make the appropriate enzyme work at half its maximal velocity.

good competitive analogues; a more radical change is required, and yet it must not be too great. Fluoroacetic acid admirably illustrates this point. This substance occurs in a South African species, *Dichapetalum*, and being highly toxic, has killed off a great deal of cattle in that country. So toxic is this acid that during the last war it was investigated as a possible retaliatory agent in chemical warfare. Now, the toxic action of fluoroacetic acid does not depend on any chemical reactivity on the part of fluorine, because the aliphatic C—F bond is the strongest of all the carbon-halogen bonds. On the other hand, its action depends on the blocking of the metabolic oxidation of various organic acids, particularly citric acid. The effect depends on the small size of the fluorine atom, which enables fluoroacetic acid to masquerade as acetic acid (Barron and Bartlett, 1947). As far as can be seen at the present time, this fluoroacetic acid becomes synthesized by the cell into fluorocitric acid which competes against citric acid in the Krebs' cycle (Liébicq and Peters, 1949; Martius, 1949). Table 2 gives us a quantitative measure of what alterations in the size of groups is compatible with antagonism by metabolite analogues. Evidently the C—Cl distance is too great to permit chloroacetic acid to be adsorbed on acetic dehydrogenase, etc., for this acid is non-toxic. On the other hand, methyl-groups and chlorine atoms are comparable in size (Table 2) and an exchange of chlorine for methyl makes a good competitive analogue out of riboflavine (Kuhn, Weygand and Moller, 1943).

TABLE 2
SOME VAN DER WAALS' RADII

H	1.2 A
F	1.35
Cl	1.80
CH ₃	2.0

Another useful method for obtaining analogues is to make small changes in the atoms constituting a ring. In

otin, it has been found sufficient to replace the sulphur by oxygen, in thiamine (as we have noted before) the sulphur can be replaced by an ethylene group, and the reverse change has been successful in the case of phenylalanine, converting it to thienylalanine which is an antagonist in micro-organisms.* The substitution of carbon for nitrogen has also been successful: guanine is antagonized by benziminazole and riboflavine by its phenazine analogue. The most generally successful method will now be mentioned, viz. the substitution of one negatively charged group for another. These may be ionizing groups, as when $-\text{COOH}$ is replaced by $-\text{SO}_3\text{H}$ (successful in the case of nicotinic acid) or $-\text{SO}_2\text{NH}_2$ (as in sulphanilamide); but groups carrying a merely fractional negative charge (i.e. as part of a dipole) are also satisfactory and the ketonic group has been used to make strongly competitive analogues from nicotinic acid and from *p*-aminobenzoic acid. When designing replacements of this sort, it is important not to do anything that radically alters the ionization of any basic group present in the molecule. Nicotinic acid gives no trouble in this respect: the ring nitrogen is already ionized (being part of a zwitterion) and hence there is no objection to replacing $-\text{COOH}$ by the stronger acid group $-\text{SO}_3\text{H}$. On the other hand, it happens that the amino-group in *p*-aminobenzoic acid is not ionized, so that it is not admissible to replace $-\text{COOH}$ by $-\text{SO}_3\text{H}$ in this case because this would ionize the basic group and hence make the whole molecule too dissimilar to be a good analogue. All these considerations have been experimentally verified. Those who would pursue this question of necessary structural changes will find further interesting data in Woolley (1947). Many other ways of making metabolite analogues merely await discovery.

It is all very well to know how to make metabolite analogues; it is more important, from our point of view,

* It is not possible to replace a sulphur atom by a single carbon atom and still preserve the flatness of the molecule, an important (steric) consideration.

to know how to make them selective. In those cases where a given metabolite is important in the uneconomic species but not in the economic species, the grounds for selectivity are obvious. It is thus with sulphonamide therapy, because *p*-aminobenzoic acid is very important in microbiological metabolism but apparently unimportant in mammalian metabolism. On the other hand, when a metabolite occurs in all living cells, as thiamine and riboflavin do, one would not at first sight expect any selective employment of analogues to be practicable. However, it does not follow that the analogue would be accumulated equally by both species; some relatively small change can be made in the molecule which will quite alter its distribution coefficient so as to make it (a) inaccessible to the economic species or (b) selectively adsorbed by the uneconomic one.* By way of example, the vitamin pantothenic acid appears to be an essential metabolite for human beings just as it is for the malarial parasite. However, when a change of $-\text{COOH}$ to $-\text{COC}_6\text{H}_5$ was made (giving phenyl-pantothenone), a very serviceable drug against malaria was obtained, of low toxicity to man.

Curiously enough, a metabolite analogue may be treated as a metabolite by one species and as an antagonist by a related species. For example, dethiobiotin is able to replace biotin as a growth factor for yeast, yet it antagonizes the growth-promoting effect of biotin on *Lactobacillus casei*. It is known why this should be so: the yeast inserts the missing sulphur atom, but the bacterium is unable to do this (Dittmer and du Vigneaud, 1944). Likewise, the fungus *Endomyces*, when made resistant to pyrithiamine by repeated subculture in its presence, was found to owe this resistance to its ability to break down the pyrithiamine and synthesize thiamine from one of the large fragments. A natural metabolite may function in several enzymes, each of which may be optimally blocked by a different inhibitor.

* It is justifiable to make quite a large change to a portion of a molecule known not to lie near to the principal adsorbing groups; an example of such a portion is the pyridine, pyrimidine or thiazole ring in sulphonamide drugs.

For example, vitamin K in the human blood-stream can be antagonized by dicoumarol, but not by 2:3-dichloronaphthoquinone. On the other hand, vitamin K in *gi* is powerfully antagonized by this chloro-compound but not at all by dicoumarol.

Many cases are known where an analogue can antagonize a metabolite in species which require an external source of it but not in species which produce it internally. This is the case with pyriethamine, and it looks as though the antagonism is exerted on the uptake of the metabolite through the cell membrane; alternatively, the cell which makes its own metabolite may lack a mechanism by which an indiffusible analogue could gain entry to the cell.* Other analogues, such as sulphonamides, benzimidazole, 2:3-dichloronaphthoquinone and phenyl-pantothenone act against organisms regardless of whether or not they require an exogenous source of metabolite.

From what has been said it is obvious that mere knowledge of the metabolites present in an uneconomic species does not enable us instantly to prepare a metabolite analogue of practical utility as a selective toxic agent. Nevertheless, in three cases very valuable drugs have been evolved directly from theoretical biochemical considerations, and no doubt there will be many more. These drugs are phenyl-pantothenone, *p*-aminosalicylic acid and BAL (British Anti-Lewisite).

When it was learnt that pantothenic acid dramatically increased the survival time of malarial parasites *in vitro* (Fager, 1941), and hence presumably was an important natural metabolite for these organisms, various analogues of pantothenic acid were tested as possible antimalarials. One of these, phenyl-pantothenone, was at least as effective as quinine (Mead *et al.*, 1946). Because of the commercial availability of older synthetic antimalarials

Glucose is an example of a substance that cannot penetrate the cell-membrane by simple diffusion but requires a specific, energy-consuming mechanism. For further information on the permeability of natural membranes, see Davson and Danielli (1943).

('atebrin' and chloroquine), phenyl-pantothenone was not marketed as it showed no particular advantages. This does not in any way detract from the magnitude of the achievement.

The useful antitubercular drug, *p*-aminosalicylic acid, was introduced by Lehmann (1946) following Bernheim's discovery that pathogenic T.B. organisms could use salicylic acid as a substrate. Assuming that salicylic acid was a natural metabolite for these organisms, Lehmann tested 50 of its analogues of which *p*-aminosalicylic acid was most effective.

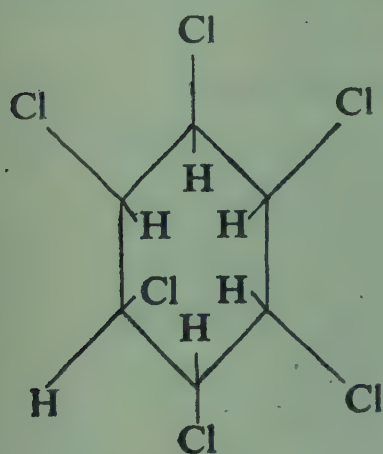
The story of BAL will be told later in this chapter. It is not so much a selectively toxic agent as a selective antidote, being widely used in cases of chronic arsenical and metallic poisoning in man. Several selectively toxic agents in regular use act through their being close analogues of important metabolites, although they were not discovered by planned experiments along these lines. In agriculture, fluoroacetic acid is used as an insecticide and 2:3-dichloronaphthoquinone as a fungicide.* Flower-growers and seed-producers water the soil with a 0.1 per cent solution of sodium selenite which is non-toxic to the plants in this concentration. Aphids, red spider and other sucking insects are then poisoned when they swallow the plants' sap, the selenium acting as a metabolite analogue to sulphur in the insect metabolism. Such plants are also poisonous to mammals so that this treatment is not given to crops.

In human medicine, metabolite analogues include the sulphonamides, dicoumarol (which prevents blood-clotting by antagonizing vitamin K), physostigmine and the simpler aromatic urethanes derived from it (these prevent destruction of acetyl-choline by blocking the enzyme which destroys it) and ephedrine (which apparently prevents

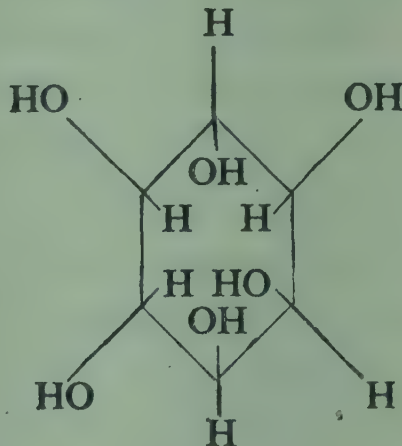
* Only the high cost of glutathione prevents it from being used against wilt in tomatoes caused by an analogous polypeptide (lycopersicin) secreted by a fungus, *Fusarium lycopersici*. This remedy was worked out from first principles by Woolley (1946a).

destruction of adrenaline; see Chapter VIII). Actually, the pharmacological possibilities of metabolite analogues have hardly begun to be explored. It is thought highly likely that nature regulates many physiological processes by means of pairs of analogous metabolites, for example the polyene sex-hormones of algae (Kuhn, 1940), the porphyrins (Granick and Gilder, 1945), the mammalian sex hormones (Woolley, 1946*b*) and possibly the sympathetic-stimulants, adrenaline and *noradrenaline*.

The case of the powerful insecticide hexachlorocyclohexane ('gammexane') deserves special treatment. It was suggested by Slade (1945) that gammexane (VII) is the *meso*-form of the nine possible geometrical isomerides of this substance and that it probably destroys insects by antagonizing natural inositol (VIII), which is the *meso*-form of hexahydroxycyclohexane and is known to be of fairly general importance in metabolism.



Gammexane
(VII)



Inositol
(VIII)

Kirkwood and Phillips (1946) showed that a yeast which required an external source of inositol was not seriously poisoned by *alpha*-, *beta*- or *delta*-isomerides of gammexane, but that gammexane itself was distinctly toxic. On the addition of inositol, most of the toxic effect of gammexane was counteracted, but the slightly toxic effects

of the other isomerides were unchanged. This seemed to support Slade's hypothesis, but no comparable results were obtainable in insects, although carefully sought. Moreover, the X-ray diffraction study of gammexane has shown that it is not *meso* in structure (van Vloten *et al.*, 1948) and hence it is not an exact analogue of *meso*-inositol. Thus, after all, gammexane may not be acting by analogue antagonism.*

In concluding this section on metabolite analogues, it may be recalled that the principle involved has already led to some useful selectively toxic agents and is certain to lead to others. In addition, it has been immensely helpful in the unravelling of metabolic processes, thus increasing our understanding of cell biochemistry which in turn must lead to the discovery of selectively toxic agents, including various types other than metabolite analogues.

(b) *The covalent bond in relation to selective toxicity: the arsenicals and mercurials*

A link between this section and the last is seen in the simplest alcohols. Ethanol (ordinary alcohol) can be considered as a metabolite analogue, the metabolite being water. Like water, the alcohols have strong hydrogen-bonding properties and there is little doubt that alcohol penetrates the body by ways ordinarily reserved for water. For example, both alcohol and water pass readily through the stomach wall, although the stomach is an organ for storage and is designed to allow no part of a digested meal, except water, to pass into the blood-stream. The symptoms which follow the absorption of alcohol provide evidence that, although it may masquerade as water up to a point, there is a stage beyond which the tissues are not deceived. The intoxication produced by alcohol appears to be a

* Gammexane interferes with mitosis in onions and this toxic effect can be reversed by *meso*-inositol, as can the interference caused by colchicine. It is thought that the cellular component with which both gammexane and colchicine interfere is not *meso*-inositol itself, but a substance to which it gives rise and the formation of which is prevented by these mitotic poisons (Chargaff, Stewart and Magasanik, 1948).

typical Ferguson effect and it is not surprising that the higher alcohols act in ever-lower doses.

What is surprising, at first sight, is that methanol is more toxic than ethanol. Inspection of the formula of methanol, however, shows that it differs from its higher homologues in not being a primary alcohol; indeed it has one hydrogen atom too many, and it must be classed as an alcohol of 'zero order'. It is much more readily oxidized to the corresponding acid than are the primary alcohols, and many of the toxic symptoms of methanol are attributed to the accumulation of formic acid in sensitive tissues, such as the retina of the eye. Hence, the essential difference between the physiological action of methanol and ethanol resides in the greater ease with which the former can take part in a reaction involving the making and breaking of covalent bonds and leading to a toxic product.*

Many covalent bonds are made and broken in the normal metabolic processes of the cell and also in disposing of many foreign materials, accidentally introduced (cf. Williams, 1947). However, there is no reason to believe that covalent bonds play an important part in the mode of action of many selectively toxic agents. The strength of the covalent link is almost always so great† that equilibrium processes at or below 37° C. could not occur. Yet we know that such equilibria are typical of the action of many toxic agents. For example, it is common to find that the progress of the toxic effects can, if taken in time, be reversed by the application of an antidote. In many cases dialysis or simple dilution with water is a sufficient antidote.

One well-established case where selectively toxic action depends on covalent bond formation is that of the

* This product (formic acid) is not toxic in all parts of the body, e.g. the blood-stream. Its toxicity is connected with its being in tissues to which it is normally denied access (because of unfavourable distribution coefficients) but to which methanol has ready access. Fortunately ethanol is more strongly adsorbed than methanol, so that the inhalation (or consumption) of a given amount of methanol in methylated spirit is not so harmful as would otherwise be expected (Røe, 1943; Zatman, 1946).

† See Chapter II.

arsenicals and mercurials. Here the abnormally weak As—S and Hg—S bonds are responsible. Before dealing more thoroughly with this case, it is interesting to review the not very numerous examples where drugs are believed to be degraded in the body before the medicinally desirable substance is produced.

Some arsenical and mercurial drugs depend for their action on a change in the state of oxidation (see below).

'Prontosil' (IX) does not act until it is reduced to sulphanilamide in the blood-stream.*

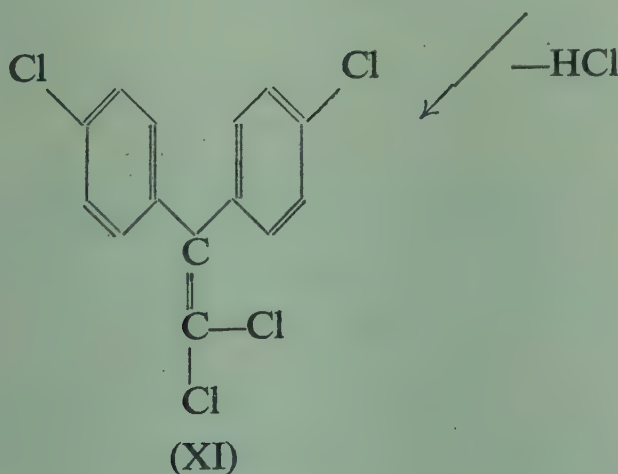
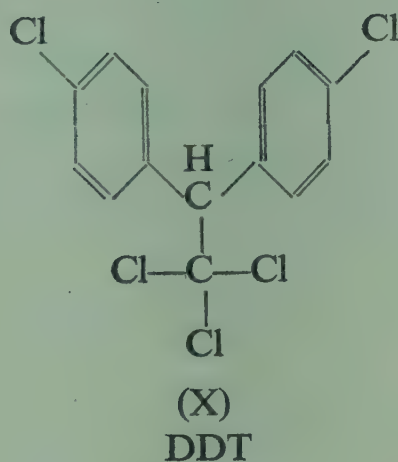
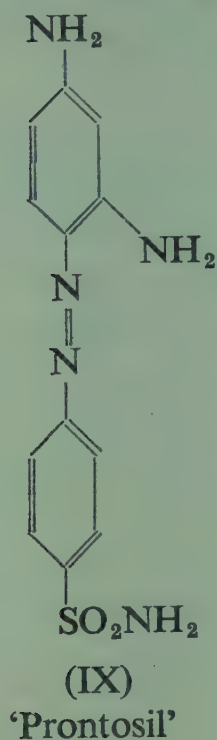
The antimalarial, 'paludrine', is altered in the blood to a more active material as is shown by the blood being more plasmocidal than the amount of unaltered drug found in it (Hawking and Perry, 1948). The same phenomenon occurs with another antimalarial, 'plasmoquine' (Blanchard and Schmidt, 1946; Schönhöfer, 1942).

It would not be easy to quote many more examples of this kind. Perhaps the iodinated quinolines that are used as amoebicides act by the liberation of nascent iodine following the local oxidation of the C—I bond. The liberation of iodine may also explain the strong fungicidal action of iodinated hydrocarbons in which the carbon-iodine bond is weakened by electron-attracting substituents. For example, tri-iodonitroethylene is more than 500 times as effective as iodoform (tri-iodomethane) (Muirhead, 1949; McGowan, 1949).

An attempt to explain the mode of action of the powerful insecticide DDT (dichloro-diphenyl-trichloromethane) (X) along these lines was made by Martin and Wain (1944). These authors noted that DDT readily loses hydrochloric acid on treatment with alkalis, giving dichloro-diphenyl-dichloro-ethylene (XI) which is non-toxic to insects. However, it seems unlikely that the liberation of small amounts of hydrochloric acid in, presumably, well-buffered tissues can account for the violent convulsive action of this substance.

* No such breaking of covalent bonds is involved in the action of other sulphonamides commonly used in medicine such as sulphadiazine.

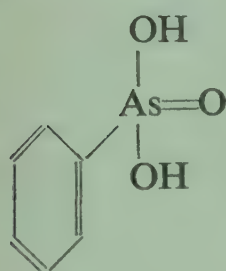
that the amount of acid would be small, will be realized from the fact that as little as 10^{-12} gm. of DDT per sq. m. is sufficient to kill flies settling on it. The Martin-Vain hypothesis has been criticized by Busvine (1945,



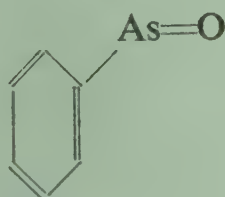
1946), who showed that the toxicity to lice and bugs of a series of analogues of DDT was not proportional to the ease of hydrolysis. However that may be, the overriding fact is that chlorine-free analogues of DDT, such as 1,1-dianisylneopentane, retain 25 to 50 per cent of their

activity (Brown and Rogers, 1950). Thus no grounds remain for trying to connect the action of DDT with the breaking of covalent bonds. Some of the selectivity of DDT for insects may be explained by the observation that chitin absorbs it very strongly (e.g. up to 2 per cent from dilute solution), whereas cellulose and keratin do not (Lord, 1948).

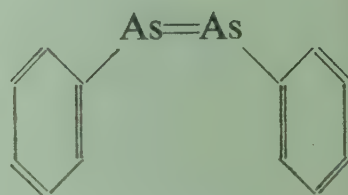
The organic arsenicals, which are derivatives of benzene, are available at three different levels of oxidation (XIIa, *b* and *c*). Firstly, there are the arsonic acids (XIIa) in which the arsenic is pentavalent. Next come the arsenoxides (XIIb) in which the arsenic is trivalent. Lastly, there are the arsenobenzenes (XIIc) in which the arsenic is again trivalent but at a lower level of oxidation, so that the arsenobenzenes rapidly oxidize in the air to arsenoxides.



(XIIa)



(XIIb)



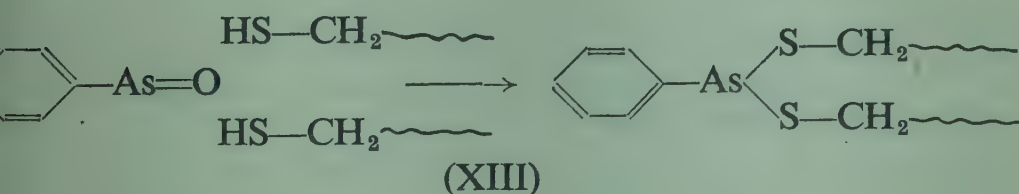
(XIIc)

The pentavalent arsenicals are physiologically inactive as such but penetrate rapidly to all parts of the body. They are mainly excreted unchanged but, as Ehrlich showed, many tissues can reduce small amounts of these substances to the corresponding arsenoxides, i.e. to the level at which arsenic is therapeutically active. In medicine, advantage is taken of the good penetrating properties of pentavalent arsenicals to generate small amounts of a therapeutically active arsenical in a site which it could not normally reach. In neuro-syphilis and trypanosomiasis, for example, pentavalent arsenicals such as tryparsamide are used because they penetrate to the seat of the infection in the central nervous system, where trivalent arsenicals cannot readily

ter. In the earlier stages of syphilis, where the infection is quite accessible, trivalent arsenicals are preferred.

The mode of action of arsenicals was worked out between 1920 and 1925 by Voegtlin in the United States Public Health Service. Historically, this was the first time that the mode of action of a selectively toxic agent was explained in chemical terms. A photograph of Voegtlin is shown overleaf.

Voegtlin and his co-workers (1920, 1923, 1924, 1925) showed that the activity of arsenobenzenes was due to their oxidation to arsenoxides which then reacted with the most important thiol groups in the parasite. The chemical reaction in aqueous solution between arsenoxides and thiols was known in Ehrlich's time. It occurs instantly, almost quantitatively and in the cold. This reaction is shown in (XIII), and it is remarkable in that the covalent As—S bonds which are formed can readily be broken, in the absence of a slight excess of thiols, by simple dilution.



Although Ehrlich (1909) was well aware that pentavalent arsenicals did not act in the body until reduced to arsenoxides, it never occurred to him that arsenobenzenes acted only after oxidation to arsenoxides and that, as Voegtlin showed, the arsenoxide level is the only one at which arsenicals are therapeutically active. In Fig. 1, it can be seen that 'mapharside' (XIV) brings about a dramatic lowering of the trypanosome population in the rat's bloodstream within half an hour of administration, but 'salvarsan' (XV, arsphenamine), which is the corresponding arsenobenzene, requires over 5 hours to accomplish the same result. It would seem that arsphenamine has to change to a more active substance before it can act.

Voegtlin showed that if salvarsan is shaken with air for a few minutes, it is converted to its arsenoxide (mapharside) which then exerts the typical rapid action. The same result is obtained if the arsphenamine is incubated with oxidizing tissues, such as fresh liver.

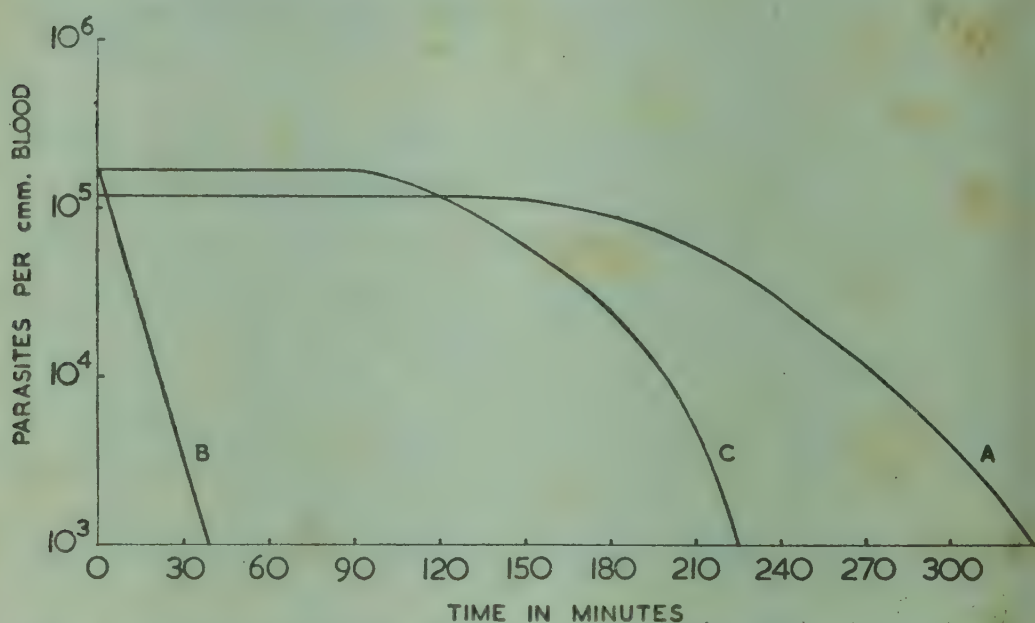
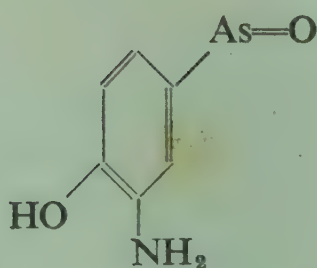
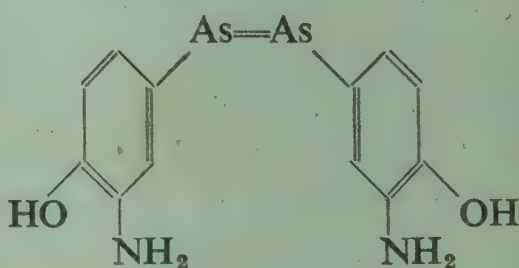


Fig. 1—The parasiticidal effect, in trypanosome infected rats of (A) arsphenamine, (B) 'mapharside', and (C) 'mapharside' plus reduced glutathione.

(redrawn from Voegtlin, 1925)



'Mapharside'
(XIV)



'Salvarsan'
(XV)

Fig. 1 also illustrates Voegtlin's other important discovery, namely that the action of arsenoxides is antagonized by substances containing thiol groups such as glutathione, cysteine, sodium thioglycollate or sodium thiolactate. This effect is not durable if the amount of



1. Carl Voegtlin

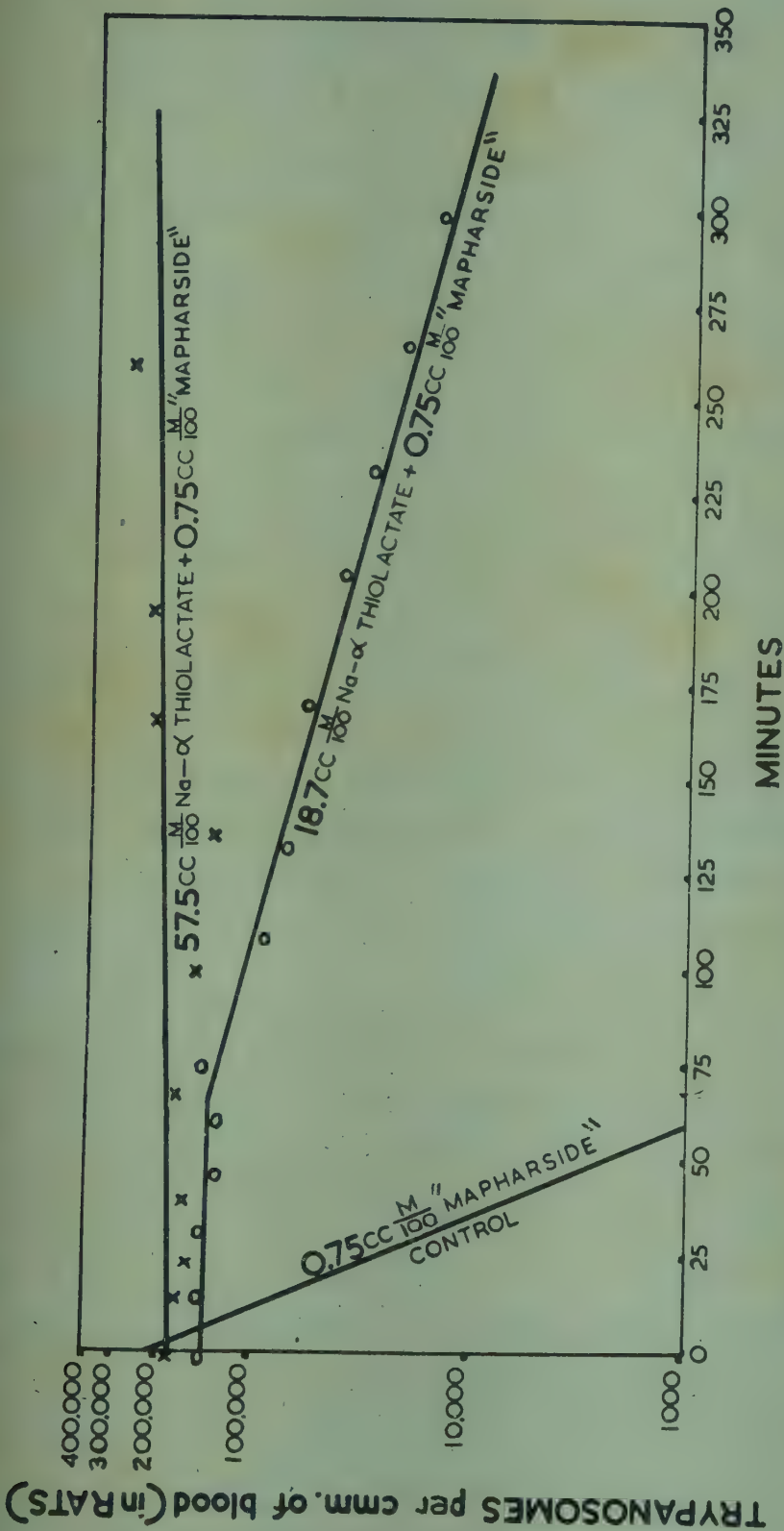


Fig. 2—The inhibition by sodium thiolactate of the trypanocidal effect of 'mapharside' in infected rats.

(redrawn from Voegtlin)

thiol is small, because, as was pointed out above, the complex can hydrolyse back to its original components. With larger amounts of thiols, the effect is prolonged because of the working of the mass-action law (see Fig. 2).

These results led Voegtlin to investigate an untried suggestion, made by Ehrlich (1909), namely that arsenoxides act by combining with sulphur in the parasite. Voegtlin showed that trypanosomes are abundantly provided with thiol-groups, because they give the nitroprusside reaction and other tests for $-SH$. The importance of thiol-groups in cell-activity of all kinds had already been underlined by the work of Gowland Hopkins from 1917 onwards, and at the present day we know some forty enzymes that are inactivated if their thiol-groups are chemically blocked. Such an enzyme is succinic dehydrogenase (VI). We have already discussed how it can be blocked by malonic acid because this is an analogue of its normal metabolite, succinic acid. However, it can also be blocked by allowing it to react with an organic arsenical. This combines with the $-SH$ group and gives a blocking effect which cannot be reversed by succinic acid (as can the inhibition caused by malonic acid), but it can be reversed by thiols such as glutathione.*

Thus, it is easy to see how the toxic action of organic arsenicals on trypanosomes can be exerted by the blocking of essential thiol-groups in the parasites. That this is truly the mode of action of these drugs is supported by the fact that no other groups with which arsenoxides could react have been found in the parasites, whereas the abundant thiol-groups present could not fail to react with the arsenoxides available from the blood-stream. It should be pointed out here that this is essentially a reversible reaction and that parasites that have been treated with several lethal doses of arsenic can be saved if subsequently treated with many equivalents of a thiol-compound. It is quite obvious

* It is interesting to note that succinic acid, by 'roofing over' the thiol-group of succinic dehydrogenase, can completely protect this enzyme from the blocking action of arsenicals.

that, in an infected animal, an arsenoxide drug is partitioned between the thiol-compounds of the host and those of the parasite and is in a state of dynamic equilibrium.

This theory of Voegtlin's is very satisfying, although it leaves questions yet to be solved. To what are the vital —SH groups of the parasite attached? Voegtlin at first thought that they formed part of a small molecule such as glutathione; later, the —SH groups of proteins were thought responsible (Rosenthal and Voegtlin, 1930) and it is now generally believed that a respiratory enzyme having an essential thiol-group is intimately involved. How do organic arsenicals injure the parasite without harm to the host, although they combine with a chemical group which is vital to both parasite and host? Inorganic and aliphatic arsenicals are no less toxic to trypanosomes than the aromatic arsenicals, but with the exception of a few aromatic arsenicals, all arsenic-containing substances are too toxic to mammals to be used as selectively toxic agents. Clearly, the secret of the selectivity lies in the aromatic (benzene) ring and the substituents which it carries. This conclusion has been confirmed by drug-resistance studies (see also Chapter VII) which seem to point to selective adsorption. There is room for much more work here.

Voegtlin's studies have been extended by his colleagues Rosenthal (1932) and Eagle (1939), and it is now known that arsenical drugs act on spirochaetes by the same mechanism as on trypanosomes. No matter at what level of oxidation the drug may be, it has first to be converted to the arsenoxide level and it then combines with essential thiol-groups in the parasite.

Because Ehrlich had, mistakenly, taught that arsenoxides were too toxic to be used as drugs, syphilis was treated for a quarter of a century with unnecessarily large doses of arsenic, in the form of salvarsan and similar arsenobenzenes. A small (but sometimes dangerously large) portion of those massive doses was converted to the potent arsenoxides in the body; the greater part of it engaged in

side-reactions which were unpleasant, and sometimes dangerous, for the patient. Eventually, two Americans, Tatum and Cooper (1932, 1934) showed that the arsenoxide corresponding to salvarsan was a safer drug than salvarsan itself because, although it was more toxic to the host, it was even more toxic to the parasite and hence smaller doses were effective. This substance (*m*-amino-*p*-hydroxyphenylarsenoxide (XIV), known in England as 'mapharside' and in America and Australia as 'mapharsen') has largely replaced the arsenobenzenes in the United States, and may well do so here. This drug has made it possible to cure syphilis with small, safe doses of arsenic.

More recently, it was suggested that mercurials, such as mercuric chloride and phenyl mercuric nitrate, exert their antiseptic action on bacteria by combining with essential —SH groups (Fildes, 1940*a*). The bacteria appear to be quite dead, but are easily revived by treatment with a thiol such as thioglycollic acid or even hydrogen sulphide (Chick, 1908).

This work of Fildes created an apparently paradoxical situation: if arsenicals act on trypanosomes and spirochaetes by inactivation of essential thiol-groups (as Voegtlin showed) and if mercurials act on common bacteria by inactivation of essential thiol-groups also (as Fildes demonstrated), then it would be a logical necessity for arsenicals to be powerful antibacterials *in vitro*. There was at that time little in the literature to suggest that this was so, indeed there were a number of definite statements that organic arsenicals were not antibacterial. To resolve this paradox, my colleagues and I determined to test arsenical compounds at each of the three levels of oxidation, against a representative series of bacteria. The results are given in Table 3. It will be seen that arsenicals can be strong antibacterial agents, like mercurials, provided that they are used at the right level of oxidation (Albert, Falk and Rubbo, 1944). As expected, the active level of oxidation is the arsenoxide level (the organisms are

TABLE 3

THE EFFECT OF ORGANIC ARSENICALS ON BACTERIA

Greatest dilutions completely inhibiting visible growth in 48 hours at 37°C
(medium: Peptone broth, containing 10% serum. pH 7.2.)

Substance	Organism				
	<i>Cl. welchii</i>	<i>Strept. haem A</i>	<i>Staph. aureus</i>	<i>B. coli</i>	<i>Proteus</i>
Acetarsol (<i>m</i> -acetamido- <i>p</i> -hydroxyphenyl-arsonic acid)	*	*	*	*	*
'Mapharside' (<i>m</i> -amino- <i>p</i> -hydroxyphenyl-arsenoxide)	1:160,000	1:80,000	1:160,000	1:10,000	1:10,000
Neoarsphenamine (<i>m</i> -amino- <i>p</i> -hydroxy-arsenobenzene- <i>N</i> -methylenesulphoxylate)	1:10,000	1:10,000	1:10,000	*	*
Mapharside in 0.1% thioglycollate broth	1:5,000	1:10,000	*	*	*
Mercuric chloride (for comparison)	1:40,000	1:160,000	1:40,000	1:80,000	1:80,000

* Signifies not inhibitory, even at a concentration of 1:5,000.

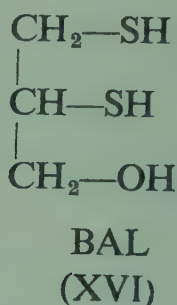
Albert, Falk and Rubbo (1944).

apparently not able to convert much of the material from other levels to this level). Also as expected, the antibacterial action of the arsenoxide is neutralized by sodium thioglycollate.

The toxic action of the arsenicals used in chemical warfare is also connected with their property of forming covalent bonds with $-SH$ groups. Lewisite ($ClCH:CH.AsCl_2$), the most vesicant member of this series, produces lesions in man that are not reversed or even averted by any mono-thiol. The work done by Peters and his colleagues at Oxford from 1923 onwards led to the discovery that lewisite injures the skin and exerts widespread toxicity by blocking $-SH$ groups of an enzyme system, viz. pyruvate oxidase (Peters, 1936, 1948). Further research at Oxford during the last war showed that injuries caused by lewisite could be completely reversed by dithiols in which two $-SH$ groups were fairly close together (Peters, Stocken and Thompson, 1945). The best of these dithiols (2 : 3-dimercaptopropanol (XVI) also known as BAL and dimercaprol) has since proved to be an excellent antidote for arsenical poisoning accidentally arising in the treatment of syphilis and also for acute and chronic poisoning arising from various metallic compounds. The effect of this antidote is the best proof that arsenic attacks essential $-SH$ groups.

Other substances than mercurials and arsenicals can inactivate $-SH$ groups, e.g. oxidizing agents (such as iodine), alkylating agents (particularly iodoacetamide), arylating agents (particularly quinones and quinonimines) and aldehydes. During the Second World War much work was done in Oxford, Cambridge (Dixon and Needham, 1946), Liège (Bacq, 1946) and in the U.S.A. to show that several non-arsenical chemical warfare agents exert their toxic action in this way. The idea was extended to a number of naturally occurring substances by Cavallito and Haskell (1945). Among such substances have been numbered clavacin, penicillic acid, hexenolactone (which is

found in malt, yeast and orange peel), pyocyanin and the principles of the flowering plants, *Arctium minus* and *Allium sativum*, because the toxic action can be reversed by cysteine, glutathione and other thiols. However, these substances are not *selectively* toxic, and hence do not merit comparison with the aromatic arsenical drugs. The toxic effect of penicillin on bacteria can be reversed by particular thiols (viz. cysteine and its methyl ester and β -dimethylaminoethylthiol), but these must be used in considerable excess and in concentrated solutions. The more usual thiols, thioglycollic acid and glutathione, have no effect. Hence penicillin does not seem likely to act merely by exerting a direct blocking effect on vital $-SH$ groups. Further information on the mode of action of penicillin will be presented in Chapter VII.



CHAPTER FOUR

THE ROLE OF IONIZATION IN SELECTIVE TOXICITY. THE ACRIDINES AND OTHER KATIONIC ANTIBACTERIALS. THE CARBOXYLIC ACIDS AND PHENOLS

(a) *The role of ionization in selective toxicity*

Among the various factors which are responsible for the action of selectively toxic agents, ionization phenomena must be accorded a very important place. Many selectively toxic agents are capable of ionization and, of these, many ionize to different degrees at different pH values. Conversely, at a given pH value (such as the physiologically important pH of 7), members of a series of selectively toxic agents, even though of almost identical chemical structure, will usually be found to be ionized to quite different degrees.

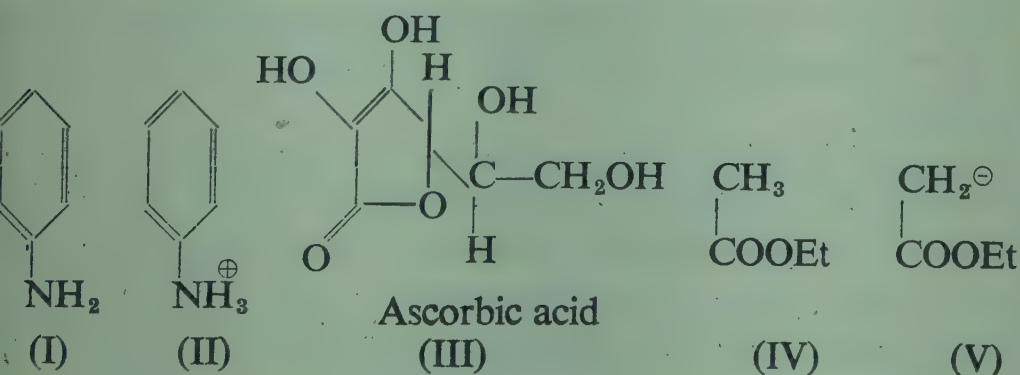
These facts would be unimportant if both an ion and its corresponding neutral molecule had the same biological effects. But in all cases that have been investigated, ions and neutral molecules behave differently. These differences are quantitatively significant, sometimes partaking of an all-or-nothing character. Hence, it would be useful for us to devote a whole chapter to the study of ionization phenomena.*

The role of ionization in selective toxicity can best be understood if we examine the role of ionization in chemistry and biochemistry. There are at least three circumstances in which ions and molecules behave differently. These are *chemical reactivity*, *adsorption at surfaces* and the *penetration of membranes*.

Chemical reactivity. All organic chemists know that the molecule (I) of aniline becomes nitrated in the *ortho*- and *para*-positions, whereas its ion (II) becomes nitrated

* The following account assumes at least a nodding acquaintance with the subject of ionization. Kolthoff and Laitinen's (1941) book on pH and electrochemistry would be useful collateral reading for the more advanced reader.

only in the *meta*-position. By controlling the acidity of the nitration mixture, the proportions of the isomerides can be controlled. An example of greater biochemical interest is ascorbic acid (III) which is readily oxidized by air when present as the di-anion, whereas the mono-anion and the neutral molecule (both of which can be made the principal species present, by a change in pH) are quite stable (Weissberger and LuValle, 1944). Many molecules have acidic or basic groups so weak that they do not ionize appreciably at ordinary pH values; nevertheless it often happens that the few ions that they do produce have such extreme chemical instability that a useful chemical reaction can be brought about. In such cases, the decomposition of a few ions permits the formation of more, according to the law of mass action. For example, ethyl acetate (IV) is quite stable, but the anion (V), formed only in traces in strongly alkaline solutions,* rapidly reacts with a molecule of ethyl acetate to give ethyl acetoacetate; further anions are then formed and, after a few hours, a large proportion of the ester has been converted (Watson, 1941). Conversely, strongly acid solutions often produce small amounts of highly active kations from stable molecules, as Hammett (1935) showed when examining the pH region between 0 and minus 9. For example, the active nitrating agent in a mixture of nitric and sulphuric acids is the nitronium kation ($-\text{NO}_2^+$); similarly the highly reactive sucronium kation is the first step in the hydrolysis of cane-sugar by acids.



* These must be non-aqueous to prevent hydrolysis.

Adsorption at surfaces. There are two kinds of adsorption, the indiscriminate and the specific. Indiscriminate adsorption is shown by those substances which G. S. Hartley classified as *amphipathic*, i.e. having a water-attracting end-group attached to a comparatively large water-repelling residue. Ordinary soap is an example of this class of substances. It will be recalled that water molecules are extensively hydrogen-bonded to one another and that substances dissolve in water only by virtue of their ability competitively to break some of these bonds and form new hydrogen bonds with water molecules. Amphipathic molecules, dissolved in water, are in a state of uneasy equilibrium, because the hydrophobic portion is constantly being squeezed out by the water molecules in their endeavour to unite with one another in its vicinity. If such a hydrophobic portion is squeezed out of solution, its hydrophilic end-group must of necessity go with it; conversely, the more strongly the end-group is bound to water molecules, the more resistant the amphipathic molecule, as a whole, can be to this squeezing-out process. This tendency of water to squeeze out amphipathic substances gives rise to the phenomenon of indiscriminate adsorption because such substances tend to be deposited on any surface that presents itself, regardless of its chemical nature. Soap, for instance, is thus caused to accumulate at the air-water interface of a vessel in which it is stored, and it simultaneously accumulates at the glass-water interface. If objects are immersed in the soapy solution, soap will be found to accumulate on them also, largely regardless of their chemical nature. This is typical indiscriminate adsorption.

In such indiscriminate adsorption, neutral molecules tend to be adsorbed more strongly than ions, e.g. oleic acid is more strongly adsorbed than (sodium) oleate. The reason is that an ion is more strongly hydrated than the corresponding neutral molecule so that the latter has the greater tendency to undergo expulsion.

Specific adsorption is a phenomenon often shown by hydrophilic substances whereby they tend to leave water to accumulate on a surface that has a chemically complementary character. One of the commonest kinds of complementarity is that an anion becomes attracted to a positively charged portion of a surface or, conversely, a cation is attracted by an anionic portion of a surface. In such cases an ion is obviously adsorbed much more strongly than the corresponding neutral molecule. Many ingenious applications of specific ionic adsorption have been worked out in mineral flotation (cf. Rogers, Sutherland, Wark and Wark, 1946). Later, we shall be discussing some important examples of this phenomenon among selectively toxic agents.

Penetration of membranes. Biologists are in agreement that every cell is surrounded by a semi-permeable, invisible membrane which is about four molecules in thickness. According to Davson and Danielli (1943), this usually consists of two monolayers of lipoids surrounded on either side by a monolayer of protein. Such a membrane is strongly charged and its interior is difficultly accessible to ions. In fact, these authors devote an entire chapter (Chapter XIV) to showing that, for any given substance, the neutral molecule penetrates very much better than the corresponding ion* (see also Höber, 1945, Chapters X and XI). The difficulties in the way of the penetration of ions are (a) their relatively greater size, due to hydration, and (b) their charge which is either similar to the portion of protein surface which they approach, resulting in repulsion, or is opposite, resulting in fixation by adsorption. One is irresistibly reminded of the ease of penetration of atoms by neutrons, which are uncharged, whereas electrons and protons, because of their charge, penetrate only with the greatest difficulty.

In view of these three categories of physico-chemical

* The addition of lipophilic groups to ions increases their ability to penetrate natural membranes (non-ionic end first). This may explain the value of the chlorine atom in 'atebrin'.

differences between ions and molecules, it is not surprising that some selectively toxic agents are active only in the non-ionized state and others are most potent in the ionized state. Later we shall meet one series which achieves maximal activity only when both states are simultaneously present. However, before we consider actual instances, we should first refresh our memories with the necessary quantitative aspects of ionization phenomena.

The most important quantitative consideration to bear in mind is that at any given pH value, the proportion of ions to neutral molecules depends only on the pK_a of the substance under examination. Thus, if one were determining the toxicity of salicylic acid to a fungus, it would not matter whether one worked with salicylic acid itself or with sodium salicylate, because the buffered medium would convert both of these substances to a mixture having the same ratio of ion to neutral molecule. Given the pH of the buffer and the pK_a of salicylic acid, this ratio can be read off (as a percentage) from Table 2.

For the benefit of students, it should be pointed out that pK_a values are numerals used to classify acids and bases according to strength.* The pK_a is numerically equal to the pH at which a substance is half neutralized (i.e. half ionized and half non-ionized). Actually, the pK_a is the negative logarithm of the ionization constant, K_a , which is defined by the following equations for acids and bases respectively:

$$K_a = \frac{[A^{\ominus}][H^{\oplus}]}{[AH]} \text{ and } \frac{[B][H^{\oplus}]}{[BH^{\oplus}]}, \quad \dots (1)$$

where $[A^{\ominus}]$ stands for concentration of anions, $[BH^{\oplus}]$ concentration of cations, $[AH]$ concentration of non-ionized acid (i.e. neutral molecule), etc.

* The majority of acids and bases ionize to different degrees at a given dilution and this is an expression of their relative strengths. Salts, on the other hand, are completely ionized. However, solutions of the salts of *weak* acids or bases will be partly hydrolysed to the feebly ionized acids or bases.

It is pleasant to see that the tendency to write K_b values for bases (instead of K_a values) is passing out of use. The strengths of both acids and bases are most conveniently described on the K_a scale, just as acidity and alkalinity are both measured by pH without invoking pOH.

TABLE 1

RELATIVE STRENGTHS OF SOME COMMON ACIDS AND BASES

<i>Acids</i>	pK_a	<i>Bases</i>	pK_a
Hydrochloric acid, Sulphuric acid	*	Sodium hydroxide, Guanidine	*
Oxalic acid, Phosphoric acid	2		12
	3	Ethylamine	11
	4		10
Acetic acid	5	Ammonia	9
Carbonic acid	6	Quinine, Strychnine	8
	7		7
	8		6
Hydrocyanic acid, Boric acid	9	Aniline, Pyridine	5
Phenol	10		4
	11		3
	12		2
Glucose	13	<i>p</i> -Nitroaniline	1

* Too strong to have a pK_a value.

Table 1 presents, in a form suitable for memorizing, a selection of pK_a values for common acids and bases. It will be seen that a few acids, like hydrochloric acid, are too strong to be classified on the pK_a system, but somewhat less strong acids, e.g. oxalic and phosphoric acids, are known to have the pK_a value of 2. Typical aliphatic and aromatic acids, like acetic and benzoic acids, have the pK_a of 5, and carbonic acid is ten times weaker* with its pK_a of 6. Acids with pK_a values less than 7 scarcely redden litmus,

* Ten times, because pK_a values are logarithmic.

e.g. hydrocyanic and boric acids with the pK_a 's of 9, but phenol ($pK_a=10$) does not even taste acidic. We may not always realize when eating glucose that it, too, is an acid, and although its pK_a is 13, many weaker acids are known.

The classification of bases in Table 1 follows similar lines, starting with alkalis like sodium hydroxide which are too strong to have a pK_a value and passing through the aliphatic bases (typified by ethylamine, $pK_a=11$), ammonia ($pK_a=9$), the majority of alkaloids ($pK_a=8$) to the aromatic and heteroaromatic bases (which scarcely turn litmus paper blue and are typified by aniline and pyridine, with pK_a values of 5) and continuing, through *p*-nitroaniline ($pK_a=1$) to some extraordinarily weak bases (such as anthraquinone* ($pK_a=-8$)).

The degree of ionization of any base in any aqueous solution can be calculated from the following equation, provided that two things are known, the pH of the solution and the pK_a of the substance:

$$\text{Per cent ionized} = \frac{100}{1 + \text{antilog}(\text{pH} - pK_a)} \dots (2)$$

This equation shows that the degree of ionization varies with pH, but that it does not bear a straight line relationship to the extent of the change. On the contrary, a sigmoid curve is formed, as in Fig. 1. It will be seen from this figure that a small change in pH can make a large change in ionization, particularly if the pH of the solution is numerically close to the pK_a of the substance investigated. This is readily seen from Table 2. By way of example, if one were working at pH 7 with a nitrophenol of $pK_a=7$, half of the substance would be in the ionized state. If the pH were allowed to rise to 8, the phenol would be nearly all ionized, but if it fell to pH 6, the phenol would be mainly in the non-ionized condition.

* Measured by Hammett (1935) when working at pH -9.

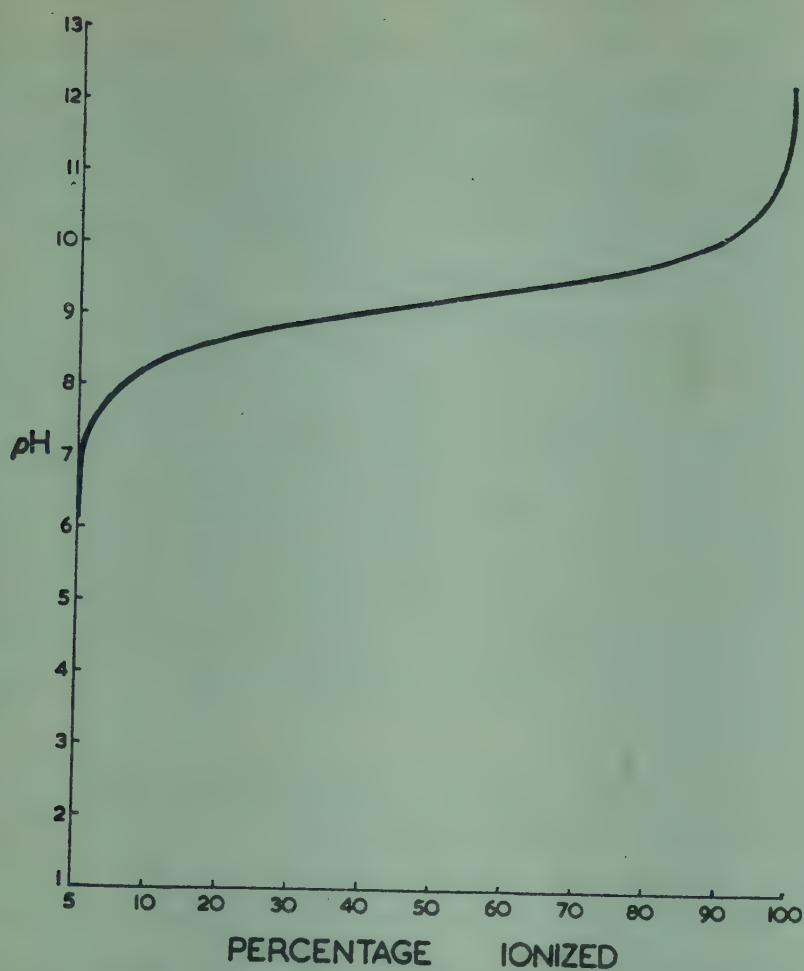


Fig. 1—Typical curve obtained in the potentiometric titration of an acid (boric acid, $pK_a=9.21$ at 20°).

TABLE 2*

CALCULATION OF THE EXTENT OF IONIZATION, GIVEN pK_a AND pH

$pK_a - pH$	<i>Per cent ionized (if anion)</i>	<i>Per cent ionized (if kation)</i>
-4	99.99	0.01
-3	99.94	0.10
-2	99.01	0.99
-1	90.91	9.09
0	50.00	50.00
1	9.09	90.91
2	0.99	99.01
3	0.10	99.94
4	0.01	99.99

An extended form of this table will be found as Appendix II at the end of this book (p. 206).

At this stage, it may well be asked, 'How can the degree of ionization matter where the action of a toxic agent is concerned? Surely poorly ionizing substances produce at least a few ions and as these are removed, fresh ones are generated from the neutral molecules according to the Mass Action Law, as in equation (1)?'

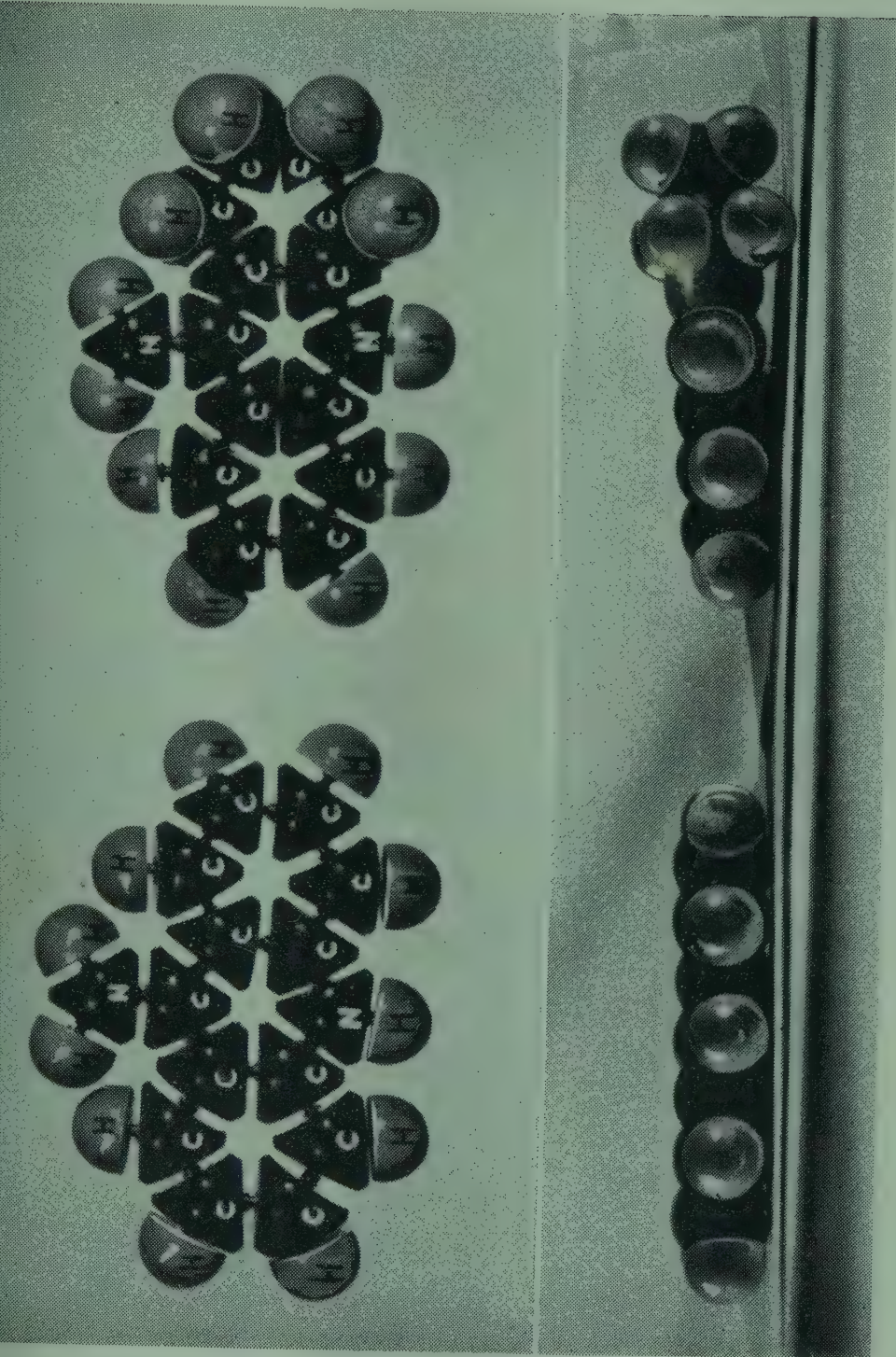
This objection is reasonable, but the type of action envisaged has not yet been found to occur in nature. On the contrary, all selectively toxic ions contradict this assumption by ceasing to be active at dilutions where they are still present in solution. For example, crystal violet is bacteriostatic to *B. coli* at a dilution of 1 in 10,000, but not at 1 in 20,000, although both solutions are intensely violet. The violet colour denotes the present of the kations, which are the active form of this antibacterial (the neutral molecule is colourless).

Equations (3) and (4) help to explain this phenomenon. Equation (3) shows that the magnitude of K_I (the ionization constant) governs the proportion of kation (BH^+) to neutral molecule (B) at any given hydrogen ion concentration $[H^+]$. Equation (4) similarly deals with the magnitude of K_S which is the stability constant of the complex (ABH) formed by combination of the kation (BH^+) of the drug with the vulnerable anionic group $[A^-]$ of the bacterium. This complex cannot be an ionized one, otherwise the stability will be vanishingly small. The drug and receptor-anion will be united by an ionic bond, it is true, but another type of bond must exist as well for K_S to reach any useful magnitude.

$$K_I = \frac{[B] [H^+]}{[BH^+]} \quad \dots \text{(Ionization constant)} \quad \dots (3)$$

$$K_S = \frac{[ABH]}{[A^-] [BH^+]} \quad \dots \text{(Stability constant)} \quad \dots (4)$$

If, as is usually the case, K_I and K_S are of comparable magnitudes, then any deficiency of kations in the solution



2. Accurate space models of the ions of 5-aminoacridine (left-hand figures) and tetrahydro-5-aminoacridine (right-hand figures) (*see p. 96*)

will be replenished from the drug-bacterium complex (ABH), and not only from the non-ionized drug (B). Under these circumstances the ionization constant of the drug becomes the limiting factor governing its potential usefulness: not only must ions be present, but they must be present abundantly.

Returning to crystal violet, we may note that *Streptococcus pyogenes* is inhibited by a dilution of 1 in 320,000 but not by a dilution of 1 in 640,000. A dilution of 1 in 2,000,000 will still kill *Staphylococcus aureus*. Hence there are different K_s values for different kinds of cells, and this makes a selectively toxic action possible.

We are now in a good position to examine actual cases where biological action has been found to depend upon the degree of ionization.

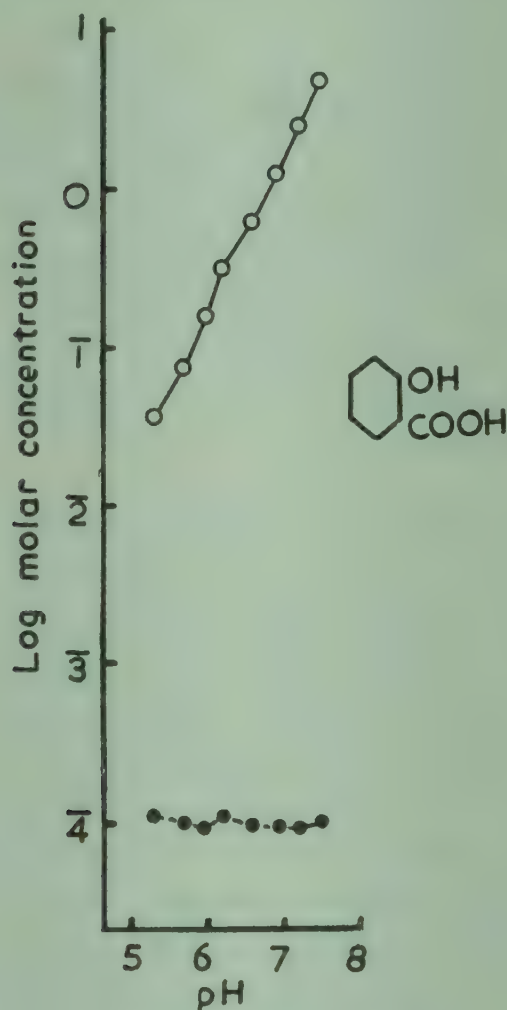
(b) *Cases where ionization is disadvantageous to toxic action*

The inhibition by salicylic acid ($pK_a = 3.0$) of cell division in an echinoderm egg is shown in Fig. 2. It is seen from the upper curve that salicylic acid is more active at pH 5 than at any other pH tested. At pH 5, a larger proportion of the salicylic acid is non-ionized than at any higher pH. However, when the inhibitory concentration of non-ionized salicylic acid is plotted (lower curve) it is found not to change, regardless of the pH. It is obvious that, in this case, the neutral molecule is the only toxic form of the substance. Hence, the more acid the solution, the more economical the use of salicylic acid will be, because of the higher concentration of neutral molecules that will be present. This tendency for weak acids to be most biologically active when non-ionized was first noticed by Vermast (1921) who investigated the antibacterial action of benzoic acid at various pH values.

Similarly, it has been shown that all members of a series of 30 barbiturates enter both eggs and larvae of the sea-urchin *Arbacia* exclusively as neutral molecules, and the resulting depression of cell-division and respiration,

respectively, is also due to neutral molecules exclusively (Clowes, Keltch and Krahrl, 1940).

The tendency for neutral molecules to be more effective than ions is shown in Table 3, which deals with the



Data of Smith, 1925

Fig. 2—The effect of pH on the concentrations of salicylic acid required to stop the cell division of *Echinarachnius parva*.

Upper curve: total drug (=ions+neutral molecules).

Lower curve: Neutral molecules.

action of various narcotics on the worm *Arenicola* (Clowes and Keltch, 1931). It can be seen that the effect of non-electrolytes, such as chloroform, is independent of pH. On the other hand, weak bases, such as cocaine, are most

TABLE 3

THE CONNEXION BETWEEN IONIZATION AND THE NARCOSIS OF
ARENICOLA

(Minimal Anaesthetic Doses, in g. per 100 ml. of sea-water,
rendering this worm immobile after 5 minutes)

	pH 7·0	pH 8·0	pH 9·0
NON-ELECTROLYTES			
<i>iso</i> Propyl alcohol	2·5	2·5	2·5
<i>iso</i> Amyl alcohol	0·1	0·1	0·1
Chloroform	0·012	0·012	0·025
Chlorbutol	0·025	0·025	0·025
WEAK BASES ($pK_a = c. 8·5$)			
Cocaine	0·01	0·005	0·0025
Procaine	0·002	0·001	0·0005
Butyn	0·001	0·0002	0·0002
BARBITURIC ACIDS ($pK_a = c. 8·0$)			
<i>iso</i> Amyl, ethyl- ('amytal') .	0·006	0·025	0·05
Propylmethylcarbinyl, ethyl ('nembutal')	0·003	0·006	0·012
Diethylcarbinyl, ethyl- . .	0·006	0·012	0·05
<i>n</i> -Amyl, ethyl-	0·006	0·012	0·05

Clowes and Keltch (1931).

effective in the more alkaline solutions where they are least ionized. Also the weak acids (four isomeric barbiturates) are least effective in the more alkaline solutions where they are most ionized. Thus it is evident that the narcotic action* depends upon neutral molecules rather than ions. However, in this case it is possible to calculate from the ionization constants that the ions are making a *small* contribution to the toxic action. Such examples of combined action will be further dealt with under (*d*).

These studies were simplified by the fact of the pH change having, of itself, no effect on the test organism. Less fortunate were some workers who investigated the

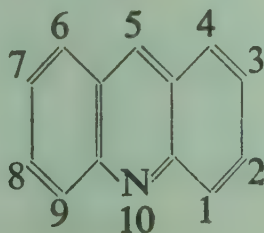
* This narcotic action is readily reversed in each case by washing the worms with more sea-water. It is, most likely, a pure Ferguson effect (see Chapter II).

action of quinine derivatives on bacteria. They believed they had shown that the neutral molecules were more active than the ions because these drugs became more effective as the alkalinity rose (Michaelis and Dernby, 1922). Unfortunately they had overlooked the ionizing effect of alkali on the bacterial receptors (see section (c)).

(c) Cases where ionization is advantageous to toxic action

The classic example of a positive correlation between ionization and biological activity is found in the acridine antibacterials. Actually Stearn and Stearn (1924) had suggested that the order of increasing antiseptic action among the triphenylmethane dyes was the same as the order of increasing basic strength. Unfortunately, this hypothesis could not be checked because determination of the ionization constants presented considerable difficulties. These difficulties, which have recently been overcome (Goldacre and Phillips, 1949), hinge on the rather unusual phenomenon of a pseudo-base taking part in the equilibrium, which is not reached for several hours. It was found that there is an indication of the sort of correlation suggested by the Stearns. However, the position is complicated by the varying times taken for equilibrium by the various pseudo-bases.

In the acridine series, pseudo-bases are rare and avoidable. Hundreds of examples can be found where equilibria are instantaneous: in other words, the ionization process is *purely* ionic. Accordingly, my colleagues in Australia and I (1939–1947) decided to seek a correlation between ionization and antibacterial activity in this series. Typical results are given in Table 4.



(VI)

TABLE 4

DEPENDENCE OF BACTERIOSTASIS ON IONIZATION IN THE ACRIDINE SERIES

For further examples and other bacteria, see Appendix I, p. 200)

Acridine	<i>Min. bacteriostatic concentration for Strept. pyog. after 48 hours' incubation at 37°. (Medium: 10 per cent serum broth; pH=7.3)</i>	<i>Per cent Ionized (pH 7.3; 37° C.)</i>
-Amino- . .	1 in 80,000	73
-Amino- . .	160,000	100
:5-Diamino- . .	80,000	98
:5-Diamino- . .	160,000	100
:7-Diamino- . .	160,000	76
:8-Diamino- . .	160,000	99
-Amino-1-methyl- . .	320,000	100
-Amino-2-methyl- . .	160,000	100
-Amino-3-methyl- . .	160,000	100
-Amino-4-methyl- . .	320,000	100
-Amino-1-chloro- . .	80,000	83
-Amino-2-chloro- . .	160,000	96
-Amino-3-chloro- . .	160,000	94
-Amino-4-chloro- . .	160,000	86
Amino- . .	5,000	<1
Amino- . .	10,000	2
Amino- . .	10,000	2
9-Diamino- . .	<5,000	<1
7-Diamino- . .	20,000	3
Amino-5-methyl- . .	20,000	3
Amino-1-methyl- . .	20,000	1
Amino-9-methyl- . .	<5,000	<1
Amino-8-chloro- . .	<5,000	<1
Amino-5-chloro- . .	<5,000	11
Amino-7-chloro- . .	40,000	20
Amino-8-chloro- . .	40,000	33

Albert, Rubbo, Goldacre, Davey and Stone (1945).

There are only five possible mono-aminoacridines, two of which are well ionized at pH 7, whereas the remainder are poorly ionized. It can be seen from Table 4 that the two isomerides which are well ionized have a powerful antibacterial action, whereas the three that are poorly ionized have only a feeble action.

The same correlation is seen in the remaining parts of Table 4. We may compare the well-ionized diaminoacridines with the poorly ionized diaminoacridines, the well-ionized methyl-aminoacridines with the poorly ionized methyl-aminoacridines and the well-ionized chloro-aminoacridines with their poorly ionized isomerides. In all cases ionization has brought about a vast increase in activity: eightfold to sixteenfold in most cases. Plainly, structure is relatively unimportant in this series, except in so far as it influences ionization. The conclusions were reinforced by the examination of one hundred acridines, variously substituted, using a representative range of bacterial species (Albert, Rubbo, Goldacre, Davey and Stone, 1945; Albert and Goldacre, 1948). These results, which furnish one of the most clearly established correlations in the whole field of selective toxicity, will be found in Appendix I to this volume. As the influence of ionic resonance and of inductive effects in the acridine series have been worked out (Albert and Goldacre, 1946), it is now possible to predict the pK_a of an acridine in advance of making it, thus saving time and materials.

Thus, ionization has been shown to be by far the most important limiting factor governing the antibacterial action of acridines; but this ionization must be kationic in character. By inserting acidic groups into the nucleus of a strongly basic acridine, it is easy to make a substance which is zwitterionic, and hence no longer kationic. Such a substance is 5-aminoacridine-3-carboxylic acid (Table 5). It is seen that this has lost its antibacterial action, but it regains it upon esterification which restores it to the kationic condition. By inserting acidic groups into the

IMPORTANCE OF KATIONIC IONIZATION FOR BACTERIOSTASIS IN THE ACRIDINE SERIES

<i>Substance</i>	<i>Min. bacteriostatic concentration for Strept. pyog. after 48 hours' incubation at 37°. (Medium: 10 per cent serum broth; pH=7.3.)</i>	<i>Per cent Ionized (pH 7.3)</i>			
		<i>Kation</i>	<i>Anion</i>	<i>Zwitter-ion</i>	<i>Neutral molecule</i>
5-Aminoacridine . . .	1 in 160,000	100	0	0	0
5-Aminoacridine-3-carboxylic acid . . .	<5,000	0	0.2	99.8	0
Methyl ester of above . . .	160,000	94	0	0	6
Acridine . . .	5,000	0.3	0	0	99.7
Acridine-5-carboxylic acid . . .	<5,000	0	99.3	0.7	0
Methyl ester of above . . .	<5,000	0	0	0	100

Albert, Rubbo, Goldacre, Davey and Stone (1945).

nucleus of a weakly basic acridine, an anionic substance is formed. Such a substance is acridine-5-carboxylic acid (Table 5). It is seen that this substance, like its ester and like acridine itself (none of which are kationic), has no appreciable antibacterial action.

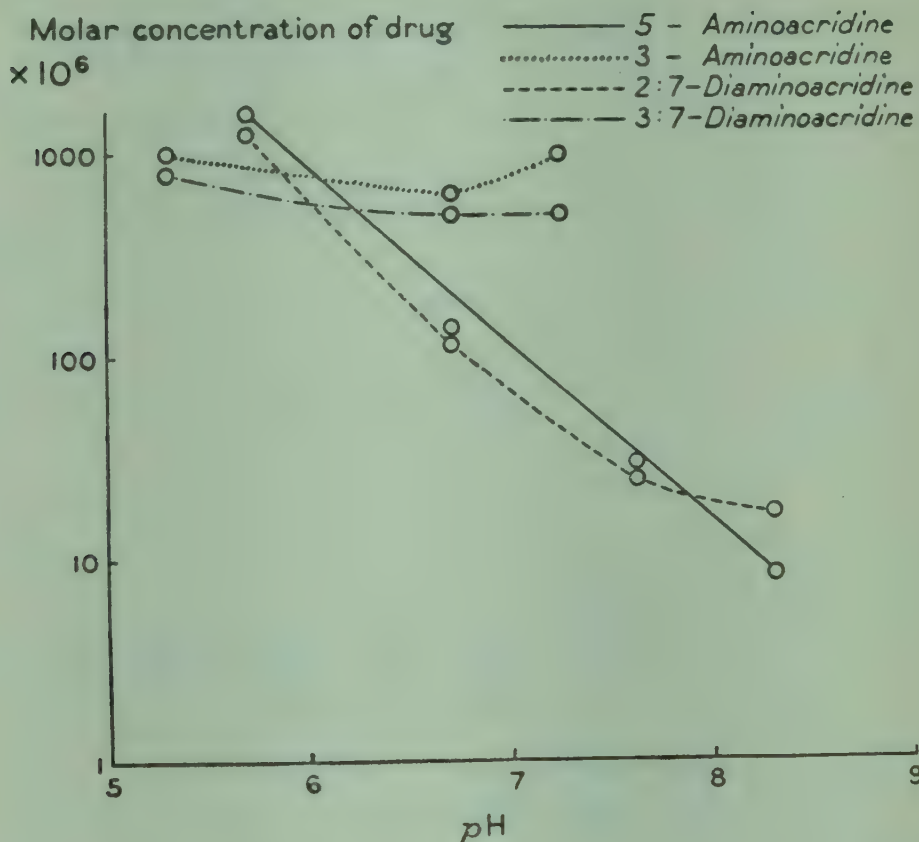


Fig. 3—Competition between hydrogen ions and acridines (ions+molecules).

Organism: *B. coli*.

Much more has been learnt about the mode of action of acridines by using a test organism that withstands both acid and alkaline media (*B. coli*). In Fig. 3, the logarithms of the minimal bacteriostatic concentrations of four acridines have been plotted against a range of pH values from 5.5 to 8.5. One of these acridines is a strong enough base to be ionized throughout this pH range, the others are not. It will be seen that the result is a rather disorderly set of

curves. However, when the amount of actual kation (instead of the total amount of substance) is plotted on the ordinate, an orderly set of curves is obtained, as shown in Fig. 4. These curves consist of parallel straight lines, and they lead to a number of interesting conclusions.

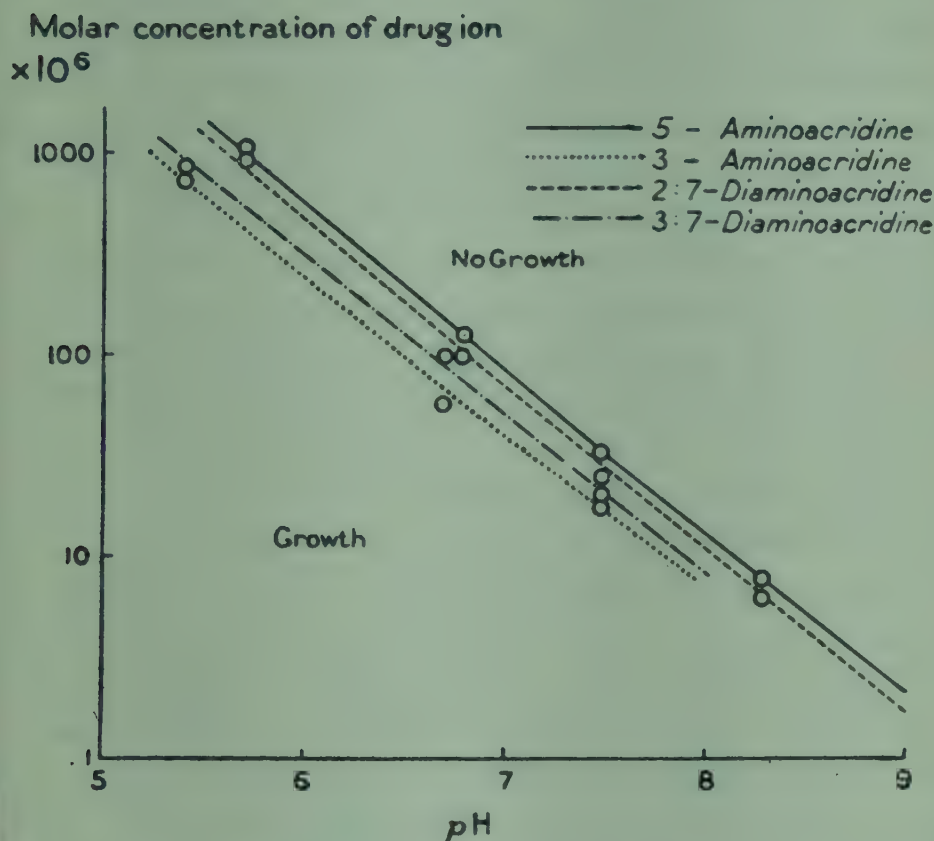


Fig. 4—Competition between hydrogen ions and acridine ions.
Organism: *B. coli*.

Firstly, it is evident that the most important factor governing bacteriostasis at any pH is the amount of drug present as kation (this depends on both the pH of the medium and the pK_a of the drug; see Table 2) and not the total amount of drug (kations+neutral molecules). Secondly, the slope of the curve shows that there is a direct competition between acridine kations and hydrogen ions. The simplest interpretation of the mode of action of acridine kations is that they compete with hydrogen ions

for a vitally important anionic group on the bacterium. This group is blocked by combination with the acridine kation and is thereby prevented from discharging its normal metabolic functions.*

This anionic group appears, from Fig. 4, to have a pK_a of 9 or higher: thus it could be the hydroxy-group in a tyrosine residue of a protein or in the purine and pyrimidine constituents of nucleic acid. That kations, of the same molecular weight as those under discussion, can liberate hydrogen ions from bacteria is plainly shown in Table 6.

The third conclusion to be derived from Fig. 4 is that clinically a smaller amount of any aminoacridine could be effectively antibacterial in wounds if these were prevented from becoming acid. Some very interesting work along these lines was carried out by the Australian Army during the recent war and it was recommended that sodium bicarbonate lavage should precede treatment with 5-aminoacridine hydrochloride.† The good results of this therapy established it as a valuable measure for the prevention and treatment of sepsis in wounds. It is true that sulphonamides and penicillin might also be used for this purpose, but there is a tendency to avoid them because of the danger to subsequent parenteral therapy if drug-resistance or drug-sensitivity sets in, as not infrequently happens. Drug-resistance to 5-aminoacridine is unknown.

There are two reasons for believing that these acridine antibacterials exert their action on the outside of the bacteria, (i) examples which are entirely ionized are at least as active as those which are partly ionized (contrast with sulphonamides, see (*d*) below), and (ii) the addition of aliphatic side-chains, which would assist penetration of the cell-membrane, actually reduces the antibacterial action (Albert, Rubbo, Goldacre, Davey and Stone, 1945). It is known that cells have many vital enzymes on their exterior surface; many of these are concerned with assimilation.

* For some more complex but less likely alternatives, see Albert, 1951.

† This useful aminoacridine has recently become official in the British Pharmacopoeia, under the name 'Aminacrine' Hydrochloride.

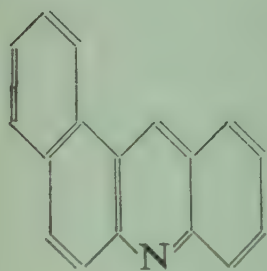
TABLE 6
LIBERATION OF HYDROGEN IONS FROM *BACILLUS BELLUS*, CAUSED BY ADSORPTION OF CRYSTAL
VIOLET KATIONS

(1) <i>pH of bacterial suspension</i>	(2) <i>pH of crystal violet solution</i>	(3) <i>pH of mixture of 1 and 2</i>	<i>Fall in pH caused by adsorption</i>
8.5	8.5	6.6	1.9
6.5	6.3	4.8	1.7
5.5	5.5	3.8	1.7
5.0	5.1	3.5	1.6
4.1	4.2	3.0	1.1

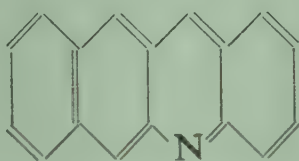
McCalla (1941).

The relationship between kationic ionization and antibacterial activity holds not only for the acridine series but for at least seven other series, without further qualification.

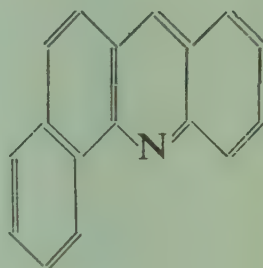
These are the three series of benzacridines (VII, VIII and IX), the three series of benzquinolines (X, XI and XII) and the phenanthridines (XIII) (Albert, Rubbo and Burvill, 1949).



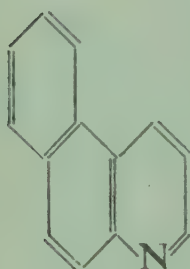
(VII)



(VIII)



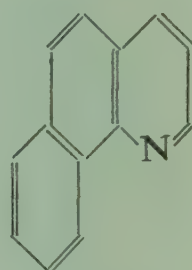
(IX)



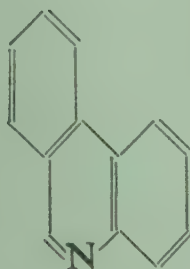
(X)



(XI)



(XII)



(XIII)

When the antibacterial action of the 24 acridine compounds in Table 4 is plotted against percentage ionization, a curve is obtained which reveals the underlying relationship (Fig. 5). Similar curves have been obtained

24 ACRIDINES

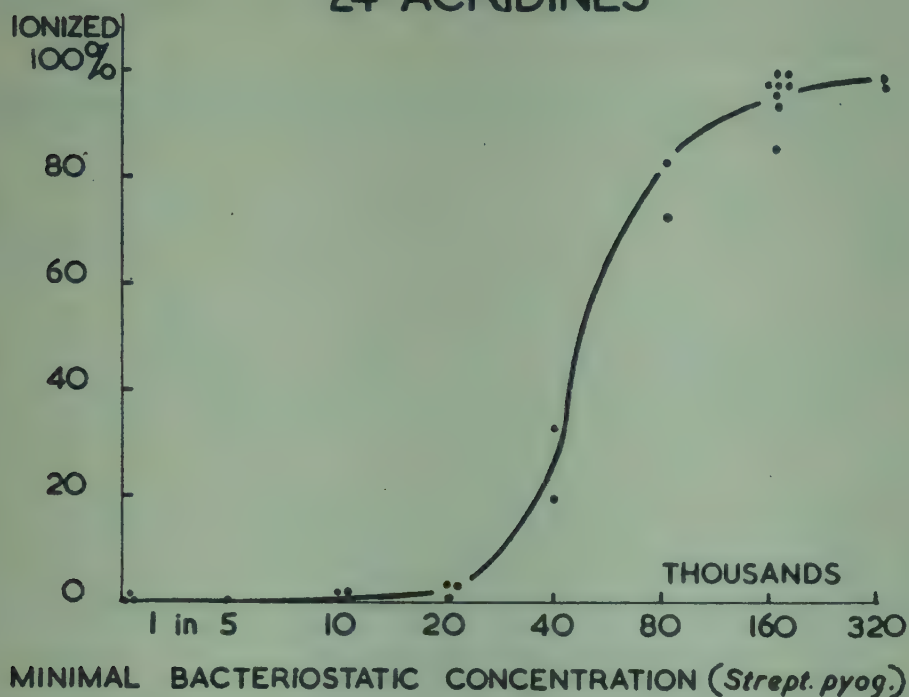


Fig. 5—Effect of ionization on the antibacterial action of acridines.

15 BENZACRIDINES

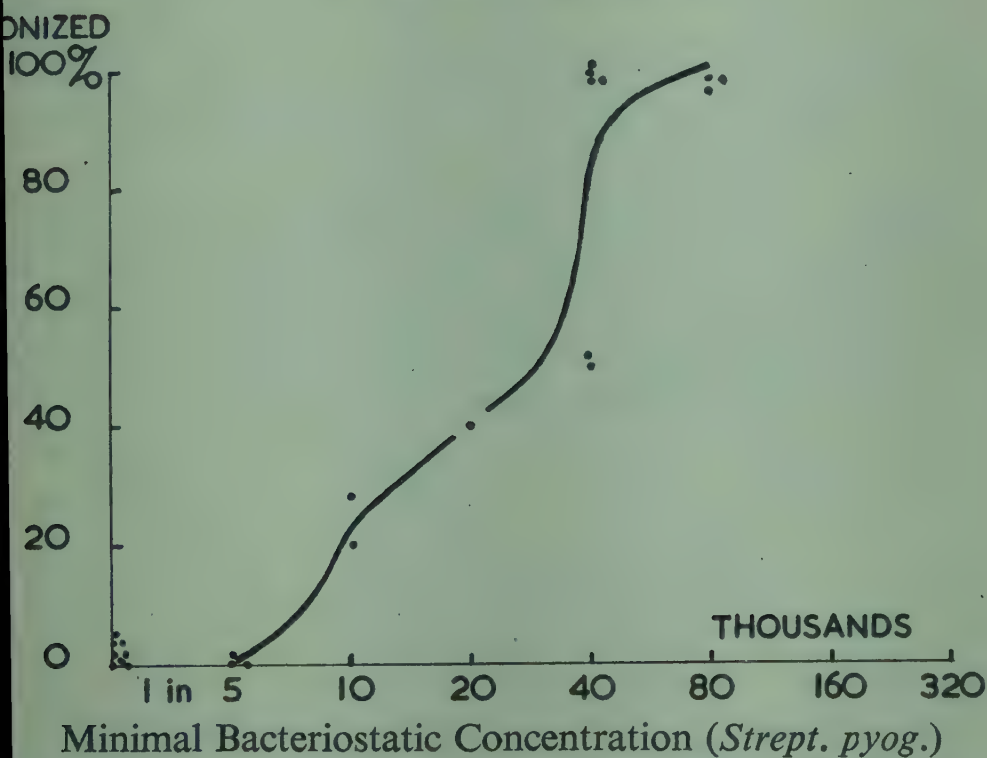


Fig. 6—Effect of ionization on the antibacterial action of benzacridines.

for the benzacridines (Fig. 6) and the benzquinolines and phenanthridines (Fig. 7).

26 BENZQUINOLINES AND PHENANTHRIDINES

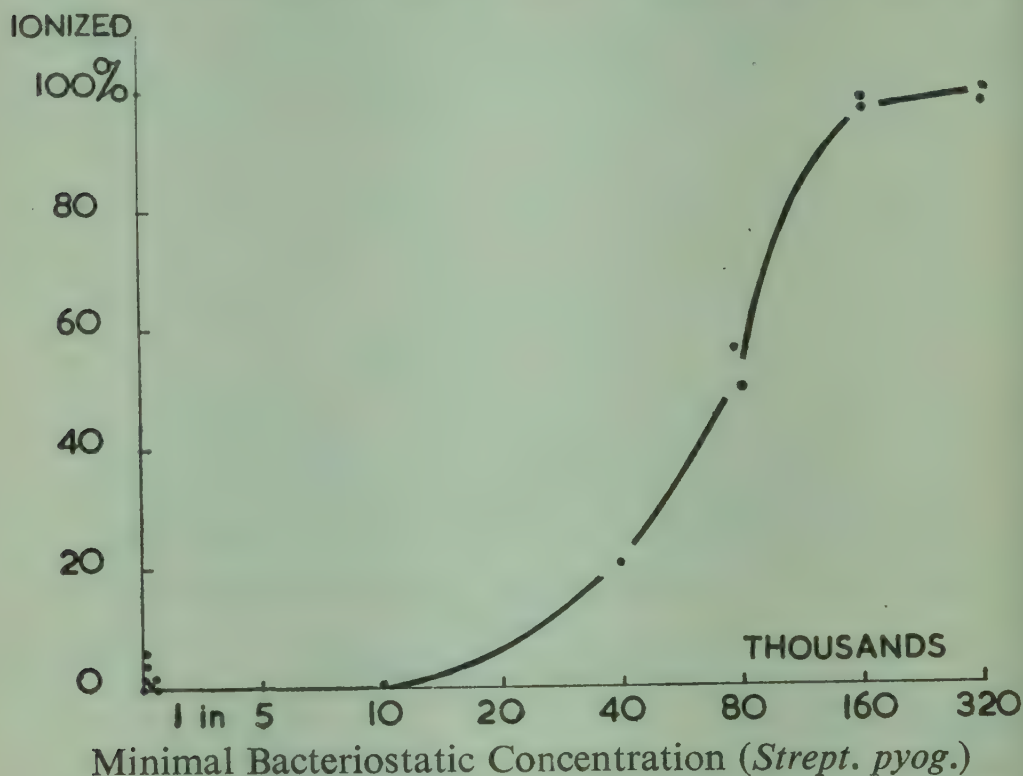
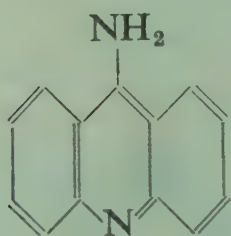


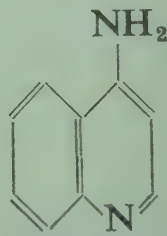
Fig. 7—Effect of ionization on the antibacterial action of benzquinolines and phenanthridines.

When we turn to the lower benzologues of acridine, the first thing we notice is their lack of antibacterial powers. This is shown in the sequence (XIV, XV, XVI), the figures in brackets referring to the minimal bacteriostatic concentration against *Strept. pyog.*, as described in Table 4.



(XIV)

5-Aminoacridine
(1:160,000)



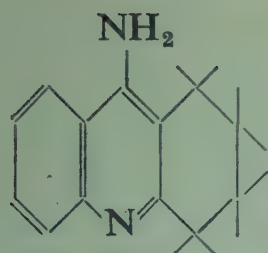
(XV)

4-Aminoquinoline
(<1:5,000)



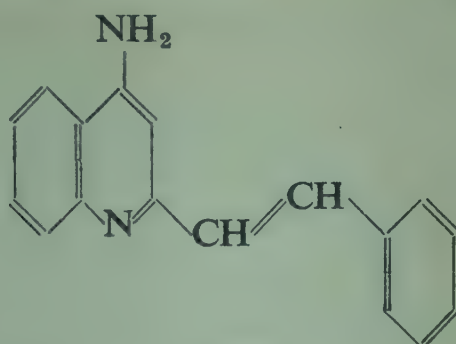
(XVI)

4-Aminopyridine
(<1:5,000)



(XVII)

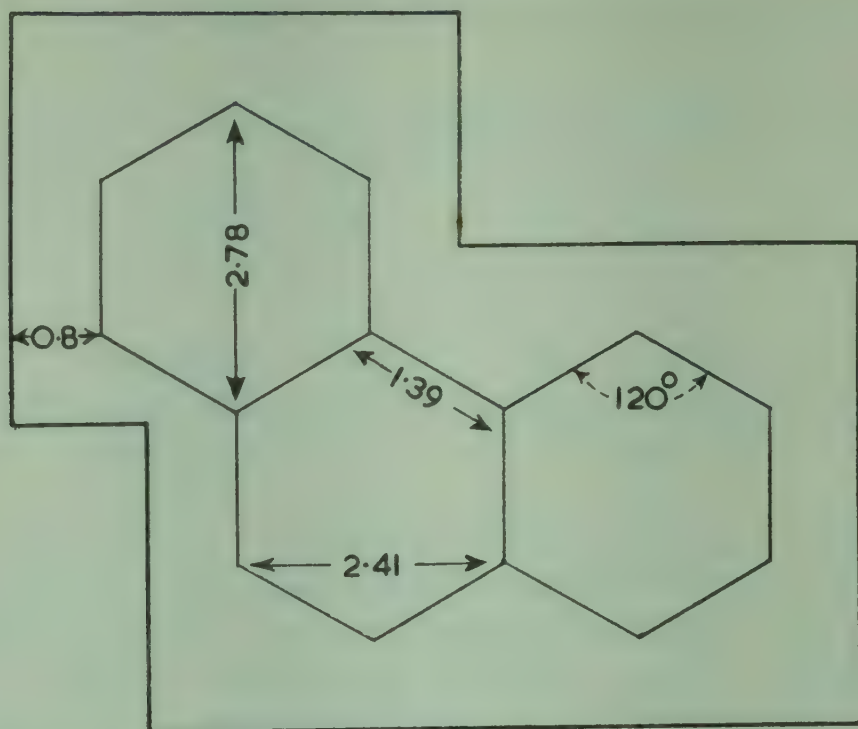
5-Aminotetrahydroacridine
(1:5,000)



(XVIII)

4-Amino-2-styryl-quinoline
(1:80,000)

The lack of antibacterial properties in 4-aminoquinoline (XV) and 4-aminopyridine (XVI) was found to be correlated with a lack of a sufficient area of flatness in these molecules. If an envelope (as shown in Fig. 8) is drawn around various heterocyclic nuclei, an area of only 3 sq. A is obtained for quinoline, whereas acridine, phenanthridine and the benzquinolines have an area of 8 sq. A. All the heterocyclic nuclei discussed so far are perfectly flat, because they are conjugated throughout. However, when the highly antibacterial 5-aminoacridine (IV) is hydrogenated in one ring, giving (XVII), only 3 sq. A of flat surface remain, because hydrogenated rings are always three-dimensionally voluminous. Simultaneously with this change in flat area, the antibacterial activity is almost completely vanished. It should, therefore, be possible to create highly antibacterial quinolines and acridines by the insertion of groups which will increase the total area of flatness of the molecule. It is known from x-ray diffraction studies that stilbene is a perfectly flat molecule (Robertson and Woodward, 1937),* hence it was thought that the addition of a styryl group to 4-aminoquinoline (giving XVIII) would produce a highly antibacterial compound. This indeed proved to be the case, and the addition of two styryl groups to 4-aminopyridine is similarly successful (Albert, Rubbo and Burvill, 1949). Diphenyl, on the contrary, is not flat (Karle and Brockway, 1944).



MINIMAL RECTANGULAR ENVELOPE

Fig. 8.

It should be pointed out that substances (XIV) to (XVIII) are all completely ionized at pH 7. Analogues of (XVIII) which were not well ionized were not anti-bacterial. In the larger nuclei with a sufficient area of flatness (such as the acridine nucleus), kationic ionization is the really important limiting factor; but in the smaller nuclei (such as quinoline and pyridine), the importance of the minimal flat area of the molecule is plainly revealed as another limiting factor.

Representations of the kations of 5-aminoacridine (XIV) and its tetrahydro-derivative (XVII) are shown in Plate 2, p. 80. These have been built from Hirschfelder models which accurately reproduce the correct interatomic and van der Waals' distances. The non-coplanarity of the tetrahydro-derivative is plainly seen, especially in the side-view.

Why is the size of the flat area of these kations so important? Obviously, increasing the number of atoms in molecule can increase its chances of adsorption. This is because the small van der Waals' forces, which unite any atom of the molecule to any atom of the bio-receptor surface, become collectively a really strong force when a large number of atoms are concerned on each side. This force is opposed by the molecule's kinetic energy of translation which does not increase as the size of the molecule increases.* The bond formed between a kation (on the drug) and an anion (on the bio-receptor) would be a very transient thing without supplementary bonds of this kind. Of all the inorganic kations, the hydrogen ion is the most difficult to desorb, even by other inorganic kations (McCalla 1941a). Hence it is not surprising that drugs which work by an exchange mechanism of this kind should have such critical requirements for adsorption.

It may be asked whether we may expect to obtain powerful antibacterials of the acridine type† whenever we design a molecule having no less than the minimal amount of kationic ionization and area of flatness. The answer would appear to be 'yes', so long as the substance is chemically stable. We must except substances like methylene blue whose reduction potential is so high that it is reduced by the metabolic products of some bacteria, such as *B. coli*, although it is toxic to a related strain *B. lactis pasteuris* which cannot reduce it (the product of reduction is not ionized at pH 7). However, there are very definite limitations to the number of flat heterocyclic nuclei which can yield ionizing amino-derivatives, because every heteroatom in excess of one, drastically reduces basic strength (Albert, Goldacre and Phillips, 1948). Ways of overcoming

The special requirement of the present series, viz. that the atoms responsible for this adsorption should all lie in one plane, strongly suggests that the atoms in the biological surface with which they have to make contact also lie in one plane. Such flat areas are known in the protein and nucleo-protein molecules.

i.e. acting at great dilution against both Gram-positive and Gram-negative bacteria, the action not being reduced by the presence of protein.

this difficulty have been discussed (Albert, Rubbo and Burvill, 1949).

There is little doubt that the action of *aliphatic* bases which show strong disinfectant properties (i.e. those of C_{12} and over) also depends on the formation of an ionic bond with anionic receptors on the bacteria. Cetyl trimethyl ammonium bromide is a well-known example of this class of compound. In this series, also, the activity increases as the pH is raised, although the drug remains completely ionized throughout (Dunn, 1937; Blubaugh, Botts and Gerwe, 1940; Gershenfeld and Milanick, 1941). Here the resemblance with the heteroaromatic bases (such as the acridines) ends. The aliphatic bases react strongly with serum-protein, being inactivated by their own weight of it, as Rahn showed, whereas the heteroaromatic bases are not influenced by serum at all. The aliphatic bases also differ in the greater speed of their action and in the fact of their producing lysis of the cells.

Such aliphatic sulphonic acids and ethereal sulphates as are antibacterial (i.e. those of C_{12} and over, e.g. sodium tetradecylsulphate) appear to form an ionic bond with an essential kation on the bacterium (cf. Gershenfeld and Milanick, 1941; Miller and Baker, 1940; Putnam and Neurath, 1944).

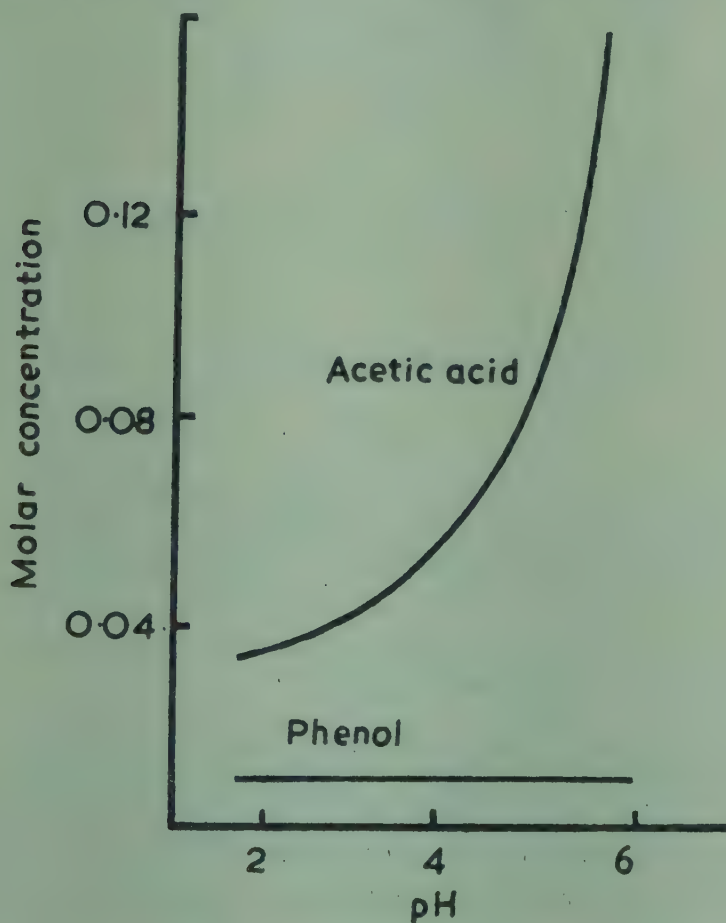
There is considerable evidence of selectivity in this field. For example, *B. coli* is inhibited only by the *ion* of sulphurous acid, but yeast only by the *neutral molecule* (Rahn and Conn, 1944).

(d) *Cases where non-ionization is advantageous but the ion is capable of playing some part*

A number of biological actions involving phenols and other weak acids are known in which the neutral molecule is far more active than the ion, but in which the ion does show some activity.

When working with a weak acid it is usual to find that a constant amount of the substance is required, regardless

of the pH of the medium, provided that the pH is at least two units lower than the pK_a , thus ensuring that there is no change in the ionization of the toxic agent. This is well illustrated by Fig. 9, which shows the effect of pH on the concentrations of phenol and acetic acid required to prevent the growth of various common moulds. Within the pH range of the experiment (2 to 6) it is seen that a constant amount of phenol is required, but a decreasing amount of acetic acid suffices as the pH drops. This is so because the K_a of phenol is 9.9, and hence it is non-ionized within the pH range of the experiments, whereas the pK_a of acetic acid is 4.8, and hence it is 90 per cent ionized at pH 5.8 but only 10 per cent ionized at pH 3.8, and so on.



Data of Hoffman, Schweitzer and Dalby (1940 and 1941).

Fig. 9—The effect of pH on the concentration of phenol ($pK_a=9.9$) and acetic acid ($pK_a=4.8$) required to prevent the growth of common moulds.

This, let us remember, is the typical picture and it has already been outlined in section (b) above. However, a rather different picture is revealed in Figs. 10, 11, 12 and 14.

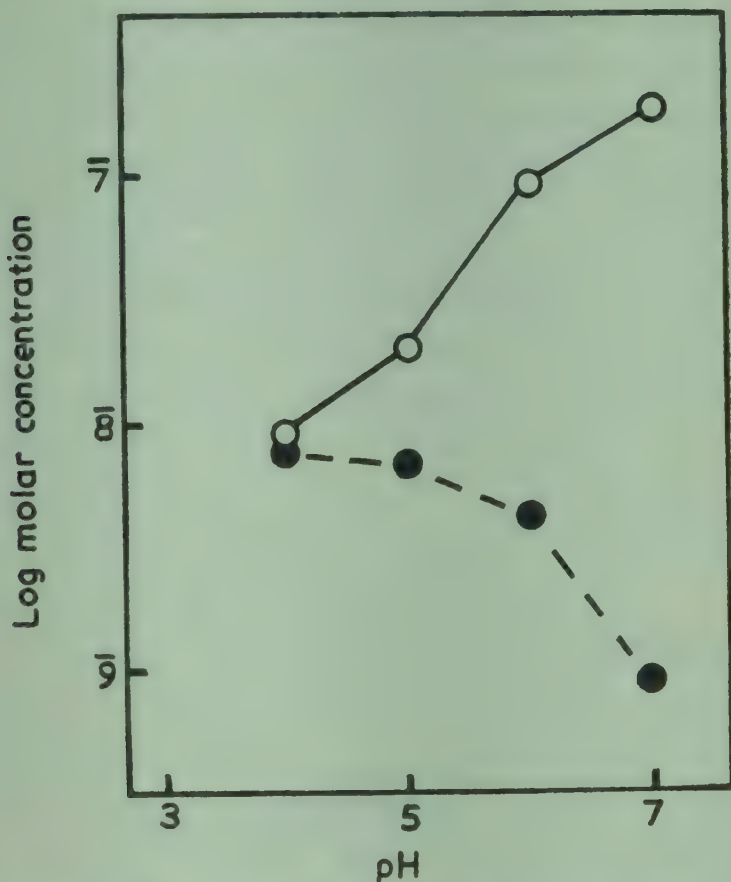


Fig. 10—The effect of pH on the concentration of *p*-aminobenzoic acid required to produce 20 mg. dry weight of *Neurospora crassa* mycelium in 72 hours (Wyss, Lilly and Leonian, 1944).

Upper curve: total substance (ions+neutral molecules).
Lower curve: neutral molecules.

Fig. 10 shows the effect of pH on the concentration of *p*-aminobenzoic acid required as a growth-factor for *Neurospora*. The upper curve gives the amount of total substance (ions+neutral molecules) required, the lower curve gives the amount of neutral molecules contained in the total amount. It will be seen that this substance is most economical in use when the substance is at a pH value where it is almost entirely non-ionized. It is not

surprising that, in less acidic solutions, more of the substance must be taken to get the standard biological response: what is surprising is that this extra amount need not be so large as to maintain a standard amount of neutral molecules. We are forced to conclude that the ions of this substance have at least a fraction of the biological activity of the neutral molecules.

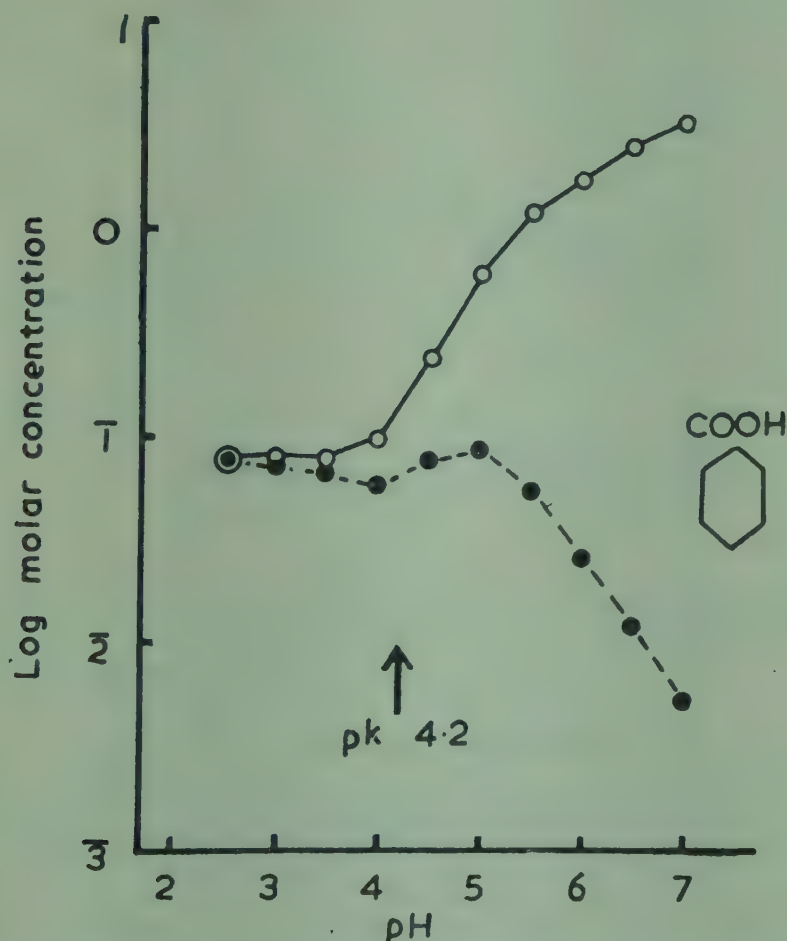


Fig. 11—The effect of pH on the concentrations of benzoic acid required to prevent the growth of *Mucor*.

Upper curve: total substance (ions + neutral molecules).

Lower curve: neutral molecules.

(Data of Cruess and Richert, 1929)

The same effect has now been demonstrated for some other agents. Fig. 11 shows the effect of pH on the concentrations of benzoic acid required to prevent the growth

of the common bread-mould, *Mucor*, and Fig. 12 shows the effect of pH on the antifungal action of dinitrophenol upon *Trichoderma*. In both cases the neutral molecules are the most active, but the anions are also active, although in

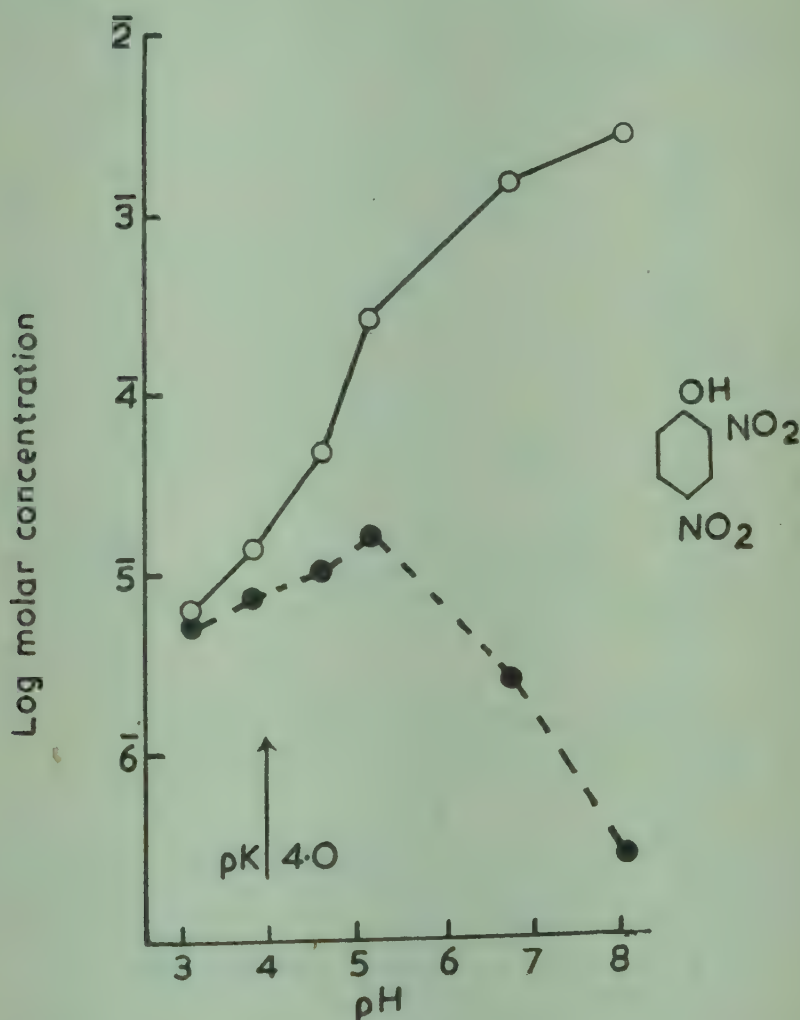


Fig. 12—Effect of pH on the antifungal action of dinitrophenol on *Trichoderma viride* (Simon and Blackman, 1948; Simon, 1950).

Upper curve: total substance (ions + neutral molecules).
Lower curve: neutral molecules.

a lesser degree. That pH has, of itself, very little effect on *Trichoderma* may be seen from Fig. 13, where the toxic action of two phenolic ethers is shown. These ethers are

osely related to the phenol shown in Fig. 12, but they
e, of course, incapable of ionization.*

The anaesthetic action, on the rabbit's cornea, of five
cal anaesthetics (cocaine, procaine, stovaine, β -eucaine
and benzylbenzoylecgonine) has been investigated at
arious pH values and the intensity of action found to be
early proportional to the amount of neutral molecule

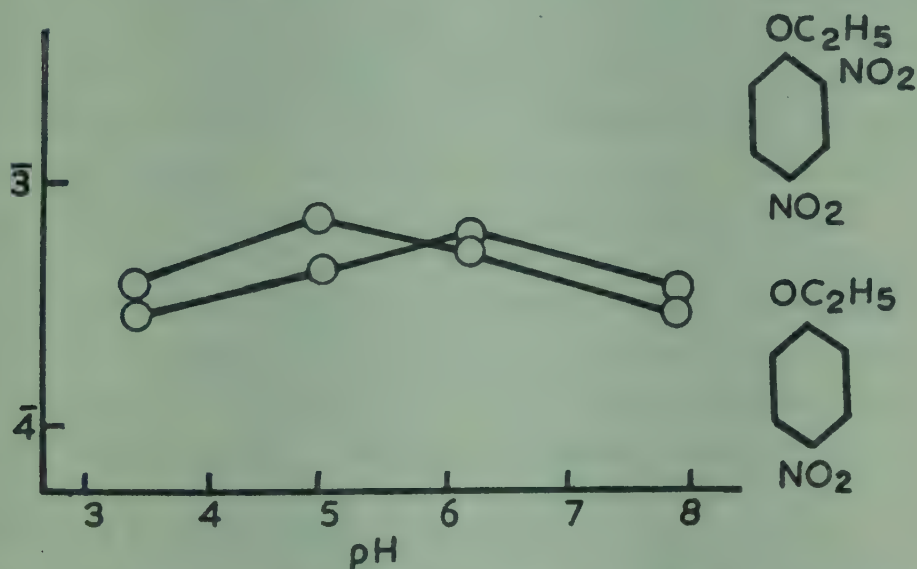


Fig. 13—Comparatively small effect of pH on the antifungal action of some phenolic ethers on *Trichoderma viride* (Simon and Blackman, 1949).

esent (Trevan and Boock, 1927). The lethal action of
rious organic bases (α -naphthylamine, quinoline, atropine,
ne, quinine, strychnine, amylamine, coniine and piperine)
on paramoecia was shown also to be due principally
the neutral molecule (Crane, 1921). However, in both
ese examples, it can be calculated that the ion makes a
small contribution to the total bio-activity.

A number of examples where the neutral molecule of a
substance is known to be more toxic than the ion have been
collected in Table 7, which includes examples of both
cases (b) and (d).

I am grateful to Dr. E. W. Simon of the Department of Agriculture,
Oxford University, for Figs. 2, 9, 10, 11, 12 and 13, and also for his method
of analysing the results of earlier workers, as used in Figs. 2, 10 and 11.

Another example which we should consider is that of the phenylarsenoxides. We have already seen (Chapter III) that these act by combining with essential $-SH$ groups. *In vitro* experiments show that both ions and neutral molecules have an equal tendency to combine with the $-SH$ groups of cysteine. But when it is a question of rapidly immobilizing trypanosomes and spirochaetes, those phenylarsenoxides which are non-ionized at the pH of the test are enormously more active than those which are ionized (Eagle, 1945). In these experiments, phenylarsenoxides with and without sulphonic- and carboxylic-acid groups were used, and the tests were repeated at several pH values. It is likely that the lethal action of organic arsenicals takes place *inside* the cells, the neutral molecules assisting penetration. Similarly, it was found that arsenious oxide is much more toxic to blow-fly larvae in the form of neutral molecules than as anions (Ricks and Hoskins, 1948).

Fig. 14 introduces us to a series where both anions and neutral molecules appear to be essential for the biological action. This is the sulphonamide series studied by Bell and Roblin (1942). It is well known that sulphonamides which cannot ionize as acids (e.g. sulphaguanidine, cf. also 4:4'-diamino-diphenylsulphone) can be highly antibacterial. However, in a series of 40 sulphonamides studied at pH 7 (Fig. 14), as ionization increases (i.e. as we pass from sulphonamides of $pK_a=12$ to those of $pK_a=6$), the antibacterial activity increases considerably. However, further increase in ionization (caused by decrease in pK_a) reduces the antibacterial activity. This is a complication not found in the acridine series. Clearly, the most active of the ionizable sulphonamide drugs are those of pK_a around 7, i.e. those that are 50 per cent ionized at the pH of the test.

One suggested explanation (Cowles, 1942) is that the anionic form of the drug is the more potent biologically, but that the action is on the inside of the cell and neutral molecules are essential to secure penetration. Once inside,

neutral molecules will produce a certain proportion of ions, depending on the pK_a of the drug and the pH of the internal environment* (see equation (1)). If this is true and it seems unlikely, as 24 hours are allowed for equilibration), a parabola similar to Fig. 14 should theoretically be produced with any one sulphonamide drug, by varying the pH of the medium in which it is tested. Allowance would have to be made for variations in the ionization of aminobenzoic acid with pH. This does not appear to have been tried: *B. coli* would be a suitable organism. The mode of action of sulphonamides will be discussed further in Chapter VII.

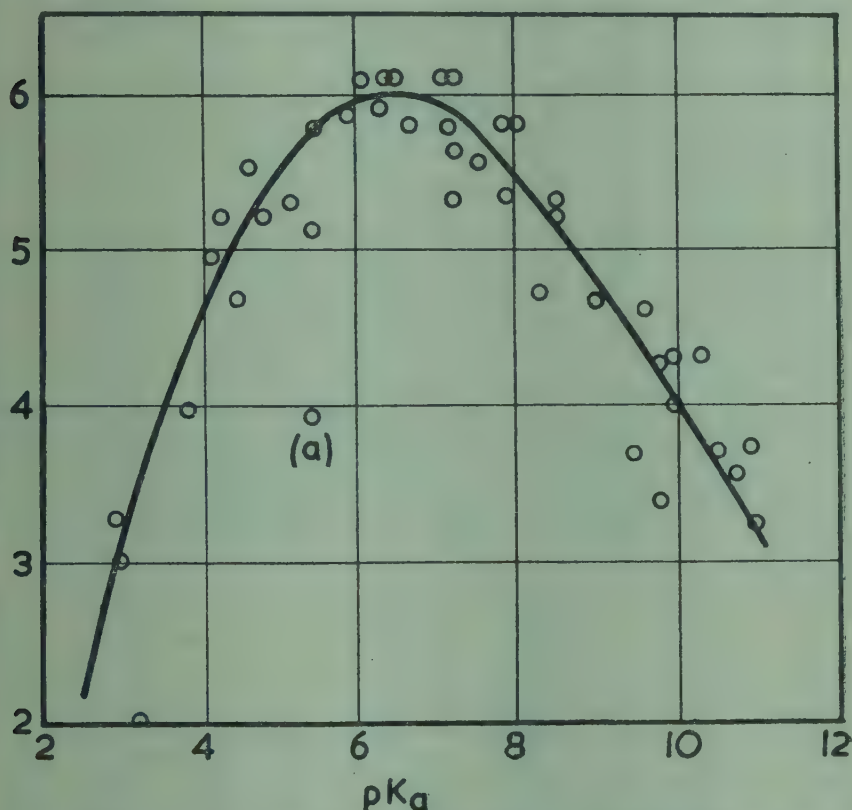


Fig. 14—Effect on antibacterial action of variation in the pK_a of a series of sulphonamides (Bell and Roblin, 1942).

Organism: *B. coli*.

The substances on the left are the most highly ionized (as anions), at the pH of the test (pH 7).

Very little is known of the pH of the inside of bacterial cells, but it is commonly believed to lie near to 7 and to change in the same direction as the external environment when the latter is changed.

TABLE 7

CASES WHERE THE NEUTRAL MOLECULE OF A WEAK ACID HAS BEEN SHOWN TO BE LESS BIOLOGICALLY ACTIVE THAN THE CORRESPONDING ANION

<i>Substance</i>	<i>Toxic effect</i>	<i>Reference</i>
Acetic acid . . .	Inhibition of growth of <i>saccharomyces</i> , <i>salmonella</i> and <i>aspergillus</i>	Levine and Fellers (1940)
Normal fatty acids from formic to pelargonic	Inhibition of growth of common moulds	Hoffman, Schweitzer and Dalby (1939)
Various fatty acids . . .	Inhibition of growth of <i>Pseudomonas</i> <i>pyocyanea</i>	Reid (1932)
Acetic, propionic, butyric, chloroacetic and bromopro- pionic acids	Inhibition of growth of a wine yeast	Huntington and Rahn (1945)
Normal saturated fatty acids up to stearic acid	Bactericidal action (the higher fatty acids will only remain dissolved in alkaline media, and hence give the false impres- sion of being more active in alkali)	Eggerth (1929)
Acetic and benzoic acids . . .	Inhibition of germination of (fungal) spores of <i>Colletotrichum</i>	Smith, Walker and Hooker (1946)
Acetic and salicylic acids . . .	Inhibition of growth of <i>Absidia orchidis</i>	Dagys and Kaikaryte (1943)
Propionic, caproic and caprylic acids	Inhibition of fungal growth (<i>Aspergillus</i> and <i>Trichophyton</i>)	Wyss, Ludwig and Joiner (1945); Foley, Her- mann and Lee (1947)
Halogenated fatty acids . . .	Inhibition of growth of common moulds	Hoffman, Schweitzer and Dalby (1940)
Benzoic acid . . .	Inhibition of bacterial and fungal growth	Cruess and Richert (1929)

Benzoic, salicylic and <i>p</i> -amino-benzoic acids	Hoffman, Schweitzer and Dalby (1941, 1942)
Benzoic and phenylacetic acids.	Goshorn and Degering (1938)
Barbiturates	Clowes, Keltch and Krahrl (1940)
Sulphurous acid	Rahn and Conn (1944)
Hydrofluoric acid	Roberts and Rahn (1946)
Phenylarsenoxides (with and without carboxylic- and sulphonic-acid groups)	Eagle (1945)
Phenol	Hoffman, Schweitzer and Dalby (1941)
Chlorinated phenols (3 examples)	Ordal (1941); Ordal and Deromedi (1943)
Chloro- and nitro-phenols	Krahrl and Clowes (1938)
3:5-Dinitro- <i>o</i> -cresol	Brian (1945); Simon (1950)
2:4-Dinitrophenol	Dierick (1943)
Nitro- and aminonitro-phenols (8 examples)	Tyler and Horowitz (1937)
	Cowles and Klotz (1948)
<i>charomyces ellipsoideus</i>	
Inhibition of growth of common moulds	Hoffman, Schweitzer and Dalby (1941)
Inhibition of bacterial growth (<i>Staph. aur.</i> and <i>B. coli</i>)	Ordal (1941); Ordal and Deromedi (1943)
Inhibition of division in fertilized echinoderm eggs	Krahrl and Clowes (1938)
Inhibition of growth of yeast	Brian (1945); Simon (1950)
Inhibition of growth of yeast and staphylococci	Dierick (1943)
Immobilization of spirochaetes and trypanosomes	Tyler and Horowitz (1937)
Inhibition of growth of common moulds	Cowles and Klotz (1948)
Bactericidal action on <i>Staph. aureus</i>	
Inhibition of division of fertilized echinoderm eggs	
Inhibition of growth rate of fungi: <i>Trichoderma</i> and <i>Fusarium</i>	
Mortality of insect eggs (Ephestia and Rhopalosiphum)	
Inhibition of cell division of echinoderm eggs	
Inhibition of bacterial growth (<i>B. coli</i>)	

No matter what element of speculation may exist as to the sulphonamides penetrating as molecules but acting as ions, there is no doubt whatsoever about a series of 16 basic substances of average pK_a 9 examined by Krahll, Keltch and Clowes, 1940. These substances (all of which are local anaesthetics in mammals) were shown to penetrate both eggs and larvae of the sea-urchin *Arbacia* exclusively as neutral molecules, but to act (inside the cell) exclusively as kations.

(e) *Conclusion*

The examples cited in this chapter should make it abundantly plain that it is important to know the degree of ionization of every selectively toxic agent which is capable of ionization at a physiological pH value. Having determined this, an attempt should be made to find out in which form the substance is most effective. This should be tried in two ways:

- (i) by varying the pH of the medium and plotting toxic action against (a) the minimal effective concentration of total substance (as in Fig. 3) and (b) the minimal effective concentration of ion (as in Fig. 4.);
- (ii) by using modern knowledge of inductive constants to synthesize a few analogues, differing from the original toxic agent in pK_a values only.

The results of (i) and (ii) will be complementary. These experiments take comparatively little time to carry out and can give information that will save months (or years) of work spent in synthesizing compounds on the basis of their merely pictorial similarity to other active substances (to mention only one of the empirical methods in current use).

CHAPTER FIVE

CHELATION PHENOMENA AND THE LIVING CELL. FOLIC ACID, 8-HYDROXYQUINOLINE, AND OTHER CARRIERS AND INACTIVATORS OF TRACE METALS

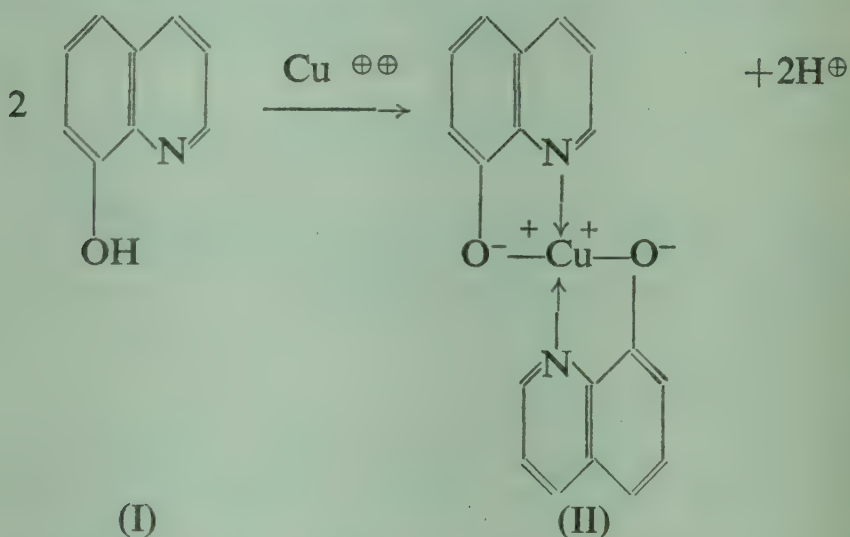
HEAVY metals are required in traces by various forms of life. We have already met some bizarre examples of species requiring vanadium, gallium or molybdenum respectively (Chapter I). More widely required metals include zinc, cobalt, copper, manganese and iron.

a) The nature of chelation

In previous chapters there has been occasion to discuss the following kinds of bonds: van der Waals', hydrogen, covalent and ionic. Now we shall meet a rather different kind of bond, one that is formed between a metallic ion and an organic molecule having two neighbouring groups capable of combining with the metal. Usually one of these groups forms a simple ionic linkage with the metal and the other group co-ordinates with (i.e. inserts a lone pair of electrons into the outer electronic shell of) the metal. The bonding between the metal and the molecule is therefore partly ionic and partly covalent in character.

The name 'chelation' was coined by Morgan and Drew (1920) to describe this phenomenon. The name is derived from *chela* the crab's claw, in allusion to the shape and action of the metal-seizing pair of groups. A typical example of chelation is the union of one ion of copper with two molecules of 8-hydroxyquinoline (I) to give one molecule of the 8-hydroxyquinoline-copper complex (II) plus two hydrogen ions. The complex is water-repelling, because every water-attracting group in the system is now blocked, viz. the copper ion, the nitrogen atom and the

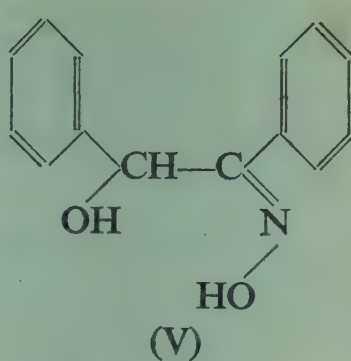
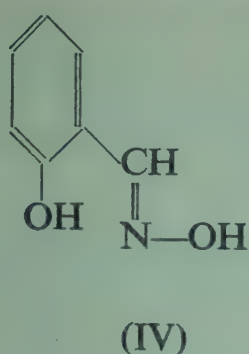
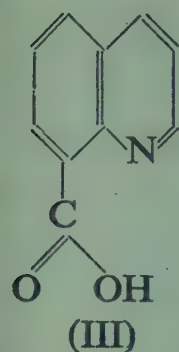
hydroxyl-group. Such chelated complexes show none of the common reactions of inorganic ions but behave more like organic substances. Complexes, like (II), which are water-repelling, are readily soluble in chloroform and other fat solvents. However, the insertion of extra water-attracting groups produces water-soluble complexes.



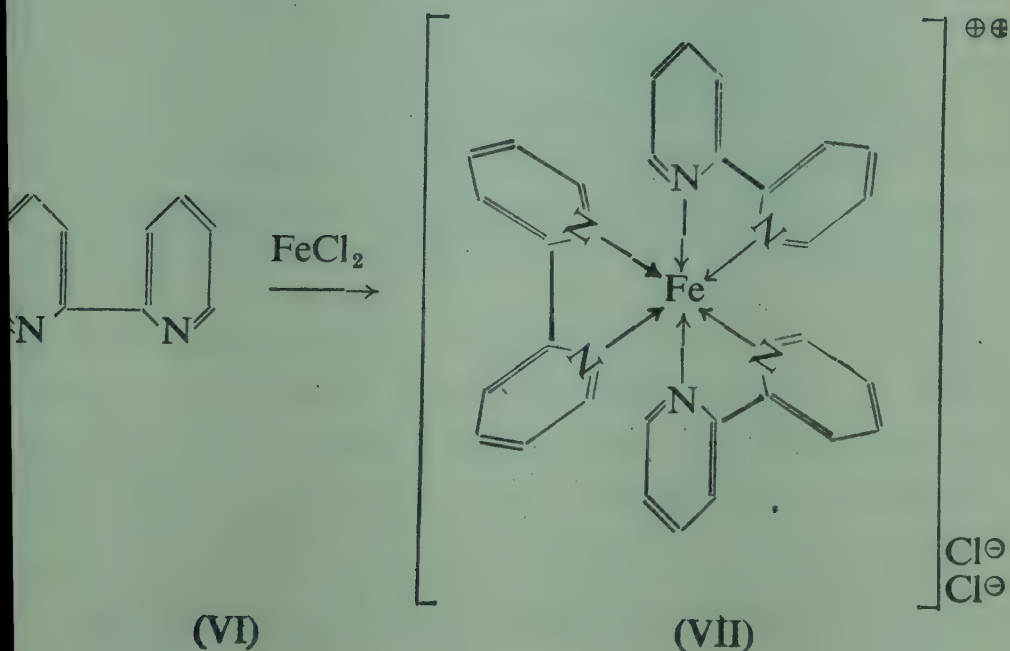
A simple demonstration of chelation is to place 1 ml. of 0.005 *M* copper sulphate in one tube and 1 ml. of 0.005 *M* ferrous sulphate in another tube and to add to each, 10 ml. of 0.01 *M* 8-hydroxyquinoline, which is exactly one equivalent. A yellow precipitate is found in the case of the copper and a greenish-black precipitate in the case of the iron.

There are several other types of structure which bring about chelation. Usually they have an anionic group from which, when non-ionized, the metal ion can displace a hydrogen ion. Near to this group they have a nitrogen, oxygen or sulphur atom with a lone pair of electrons so placed that the metal, in uniting with both groups, can make a strainless ring. Such rings are most stable when they are 6-membered with two double bonds, or 5-membered with one double bond. 8-Hydroxyquinoline (I) gives a 5-membered ring but quinoline-8-carboxylic acid (III) and salicylaldoxime (IV) give 6-membered rings,

similar in other respects to (II). Benzoinoxime (V) presents another related type.



In all the above examples, in fact in the majority of known cases of chelation, each ring is completed by the formation of one ionic bond and one co-ordinate linkage. There is, however, another type of chelation in which only co-ordinate linkages are involved: no hydrogen ion is split off and the metal appears in the final complex accompanied by its original chloride (or other gegen) ions. Examples of reagents which chelate in this way are 2:2'-dipyridyl (VI) and *o*-phenanthroline; the type of product obtained (VII) is red and water-soluble. It should be noted that the iron (VII) is still divalent and has used only auxiliary valencies to unite with the reagent.



We should now discuss some quantitative aspects of chelation. Not all chelate complexes are equally stable. Some of these complexes hold their metal so tightly that they do not yield free metallic ions in sufficient quantity to be recognized by the most delicate analytical methods. Others liberate metallic ions plentifully under the same conditions. Often a complex is weak because it has been made with a poor chelating agent; in other cases it is weak because it has been made with a poorly chelatable metal (e.g. Mg). Each complex formed by each chelating agent with each metal has its own stability constant, as defined by the following equation (where n equals the valence of the metal).

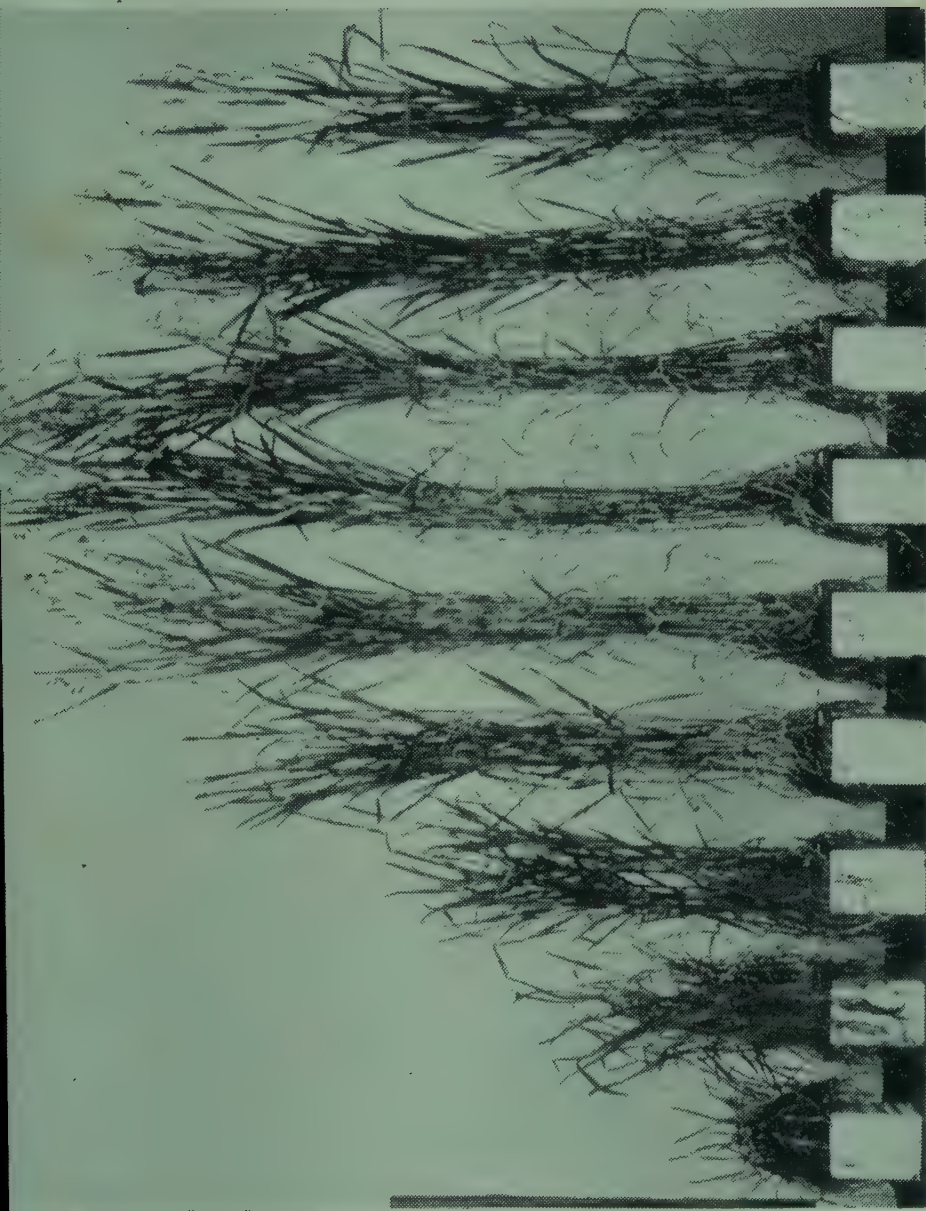
$$K_S = \frac{[\text{chelated metal complex}]}{[\text{metal ions}] [\text{chelating agent}]^n} \quad \dots (1)$$

In the case of 8-hydroxyquinoline and copper, this becomes:

$$K_S = \frac{[\text{Cu (8-hydroxyquinoline)}_2]}{[\text{Cu}^{\oplus\oplus}] [\text{8-hydroxyquinoline}]^2} \quad \dots (2)$$

There is a formal resemblance to the ionization constants discussed in Chapter IV, but an exponential term has been introduced because of the divalent and trivalent ions with which we are mainly concerned here.

K_S values are too large for convenient use, and are usually recorded as their logarithms. Some examples of $\log K_S$ values are: 15 for the equilibrium between glycine and copper (Laitinen *et al.*, 1949); 17 for the ferrous chloride + dipyridyl equilibrium (VI—VII) (Baxendale and George, 1950); 22 for ferrous chloride + *o*-phenanthroline (Lee *et al.*, 1948) and approximately 23 for cupric ion + 8-hydroxyquinoline (Rubbo, Albert and Gibson, 1950). These are unusually high figures, and it is hard for the mind to conceive of the minute amount of a metal ion that is in equilibrium with a complex of $\log K_S = 16$, to say nothing of that quantity, ten million times less, when $\log K_S = 23$.



3. Effect of copper on the height of oat-seedlings grown in nutrient copper-deficient medium (Piper, 1942). From left to right the quantities of copper present are nil, 3, 6, 10, 20, 100, 500, 2000 and 3000 μg . per litre (see p. 116)

However, many complexes are less stable, e.g. that between copper and salicylaldehyde-5-sulphonic acid ($\log K_S=9.8$) and the cobalt analogue ($\log K_S=5.6$) (Calvin and Melchior, 1948).

It has been found that the majority of chelating agents combine with metals in the definite order shown in Table (Mellor and Maley, 1948; Irving and Williams, 1948).^{*} Weak chelating agents can combine only with members at the top of the table. Stronger chelating agents combine more firmly and with more members: most firmly with those at the top of the table, least firmly with those at the bottom.

TABLE 1

STABILITY OF COMPLEXES
THE MELLOR-MALEY SERIES FOR DIVALENT IONS

Cu	Most stable
Ni	
Co, Zn	
Cd	
Fe	
Mn	
Mg	
	Least stable

It may well be asked how, if this is the established order, any selective chelation would be possible. One has only to read the books which advertise spot-test reagents to see that highly selective chelation is possible, but these effects are usually achieved by working at unphysiological pH values or at unbiological temperatures (Albert and Ledhill, 1947). From Fig. 1, for example, it is evident that one could chelate copper at pH 3 without involving cobalt or zinc. At pH 7, all these elements would be chelated, but magnesium would remain in solution. However, these analytical expedients give little help to the selective toxicologist who can seldom control the pH of the species with which he is working. Of more interest to

Other, simpler, complexing agents such as ammonia and the aliphatic amines behave similarly.

him is the existence of a few chelating agents whose individual properties place them right outside the Mellor-Maley series. Examples of such substances are 2:2'-dipyridyl (VI) and *o*-phenanthroline, which have a quite specific affinity for iron. These substances will chelate iron without affecting ions higher up in the series. It would be of great value, in selective toxicity, if more substances of this kind were sought, substances which would be truly specific for given ions at pH 7. Copper is so essential for both animal and plant life that the use of existing chelating agents is bound to be limited.

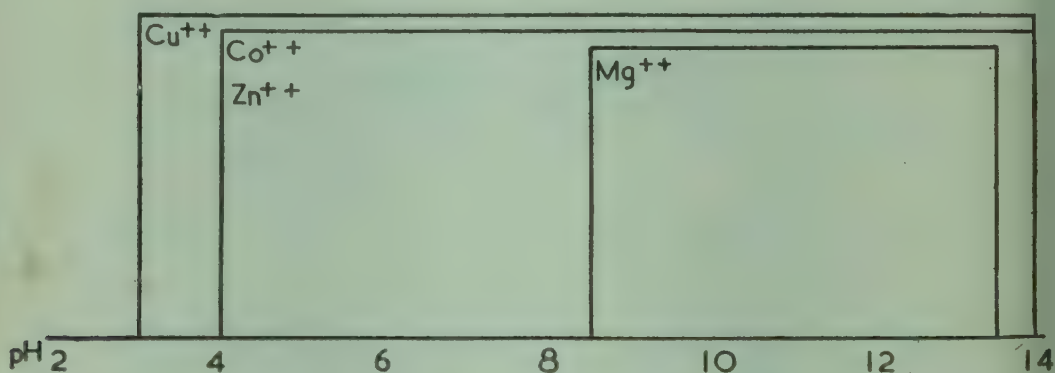


Fig. 1—Range of pH between which 8-hydroxyquinoline (0.01 M-) can precipitate various metallic ions from approx. 0.003 M-solutions. *Fleck and Ward (1933)*

Let us consider the case where a chelating agent can combine with the ions of two metals but is present in insufficient quantity to combine with both. These are competitive conditions. Provided the metallic ions are widely enough separated in the Mellor-Maley series, the agent will combine with that ion which is highest up in the series. This can easily be shown experimentally. If 1 ml. each of 0.005 M copper sulphate and ferrous sulphate are placed in a test-tube and 10 ml. of 0.01 M oxine added, there is only enough oxine to combine with one of the metals. Hence it can be seen from the colour whether it combines with the iron (greenish-black), copper (yellow) or a mixture of both (green). As copper is so much higher

o in the series than iron, we should expect it to combine exclusively with the copper; and that is exactly what happens. That there is plenty of ferrous iron present, can be seen from the brilliant red colour that is produced when the equivalent of *o*-phenanthroline is added finally to the same tube.

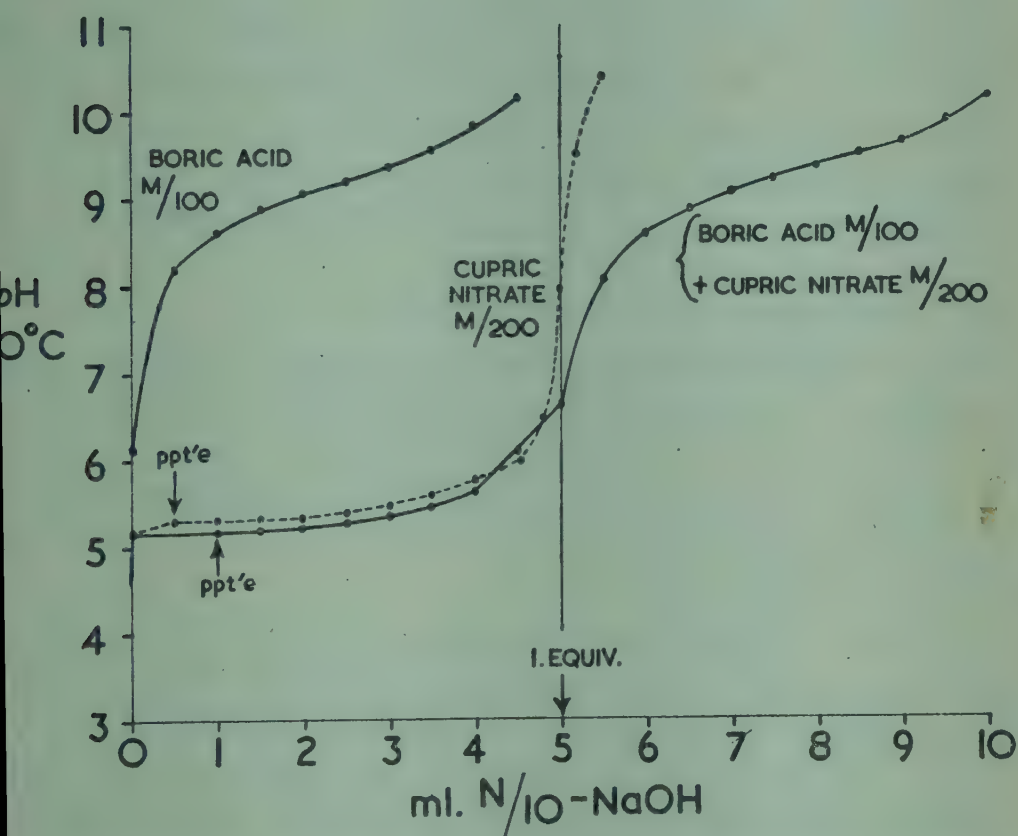


Fig. 2—Example of the application of potentiometry in the investigation of chelation. No chelation is found in the present case (Boric Acid and Copper ions). Contrast with Fig. 3.

The detection of chelation and the measurement of the appropriate K_s values present many problems. When the related complex is insoluble, the appearance of a chloroform-soluble precipitate on mixing the two components is confirmatory. Sometimes, too, there is a colour change. When there is neither precipitate nor colour change, recourse can be had to potentiometric titration. Examples of this procedure are given in Figs. 2 and 3. In brief

the acidic group of the suspected chelating agent is titrated with alkali, noting the pH obtained as each tenth of an equivalent is added. Then an equivalent amount of copper nitrate solution is titrated. Finally, one titrates a mixture of the suspected chelating agent and copper nitrate. If there is no complex formed, the new curve follows, in turn, the two original curves (see Fig. 2, where boric acid and copper nitrate have been titrated in this way). This family of curves should be compared with Fig. 3 in which chelation is plainly demonstrated when 4-hydroxypteridine and cobalt nitrate are mixed. The changed pH of precipitation should particularly be noted.

(b) Trace-metals and chelation in nature

Zinc deficiency causes serious disease in grapes, apples and citrus fruits and is responsible for poor yields of cereals in certain areas. It is a constituent of the enzyme carbonic anhydrase, which hastens the equilibrium between carbonic acid and carbon dioxide, and is essential to all the higher forms of animal life.

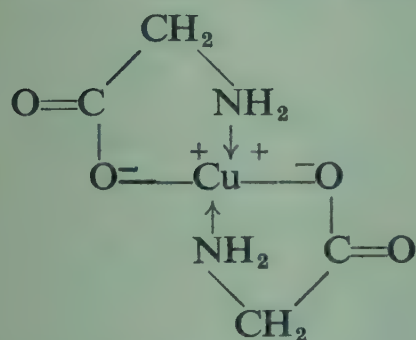
Cobalt is an essential constituent of the anti-pernicious anaemia factor, also known as vitamin B₁₂, which is produced by many species of bacteria and is required by man. Cobalt deficiency occurs in pastures when the cobalt-content falls below 0.2 parts per million: sheep reared on such pastures become anaemic and weak.

Copper is an essential constituent of several enzymes such as polyphenoloxidase (tyrosinase) which is found in plants, worms and arthropods. Copper takes the place of iron in the respiratory pigment of certain molluscs. Until recognized as such, copper deficiency was the cause of many a crop failure in reclaimed areas of Holland and Denmark. Copper and manganese are known to be essential for the development of the chlorophyll molecule. Copper is also known (and manganese suspected) to be essential for the production of haemoglobin in man. Plate 3 shows the effect of traces of copper on oat seedlings grown in a

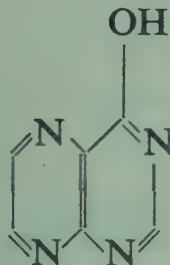
copper-deficient medium. It is evident that too little copper is as bad for growth as too much.

Iron is a constituent of the various porphyrin enzymes (cytochromes, peroxidase, catalase) as well as of haemoglobin. Two other important iron compounds occur in the human body, ferritin which transfers iron from the bowel to the tissues and transferrin* which reduces the concentration of ferrous ions in the blood to vanishing-point in order to prevent iron-poisoning.

Of all forms of life, probably none has been so little explored for its requirements of trace elements as the bacteria pathogenic to man. A survey of the literature discloses only that iron is considered essential for a number of pathogenic species. Apart from questions of essentiality, however, it is known that zinc is stimulating for the diphtheria organism, iron and manganese for the anthrax bacillus and lead for the gonococcus.



(VIII)



(IX)

Two classes of chelating agents utilizing trace-metals in nature have long been recognized, the porphyrins and amino-acids. An example of the latter class is furnished by the glycine-copper complex (VIII). Quite recently, we have found that riboflavin, the purines and pteridines are capable of chelation. Hence the possibility arises that these are new classes of compounds responsible for transporting the heavy metals in normal metabolism. In Fig. 3

* Originally isolated from eggs, and called conalbumin, this β_1 globulin can lower the concentration of ferrous ions in a medium that bacteria will not grow in it (Schade and Caroline, 1944). It is also known as siderophyllin.

the potentiometric titration of 4-hydroxypteridine (IX) is shown. It is quite evident that this substance chelates strongly with cobalt up to pH 8.6. A comparison of the formula of this substance with 8-hydroxyquinoline (I) is instructive. As would be expected, the complexes formed by (IX) and by folic acid are water-soluble.

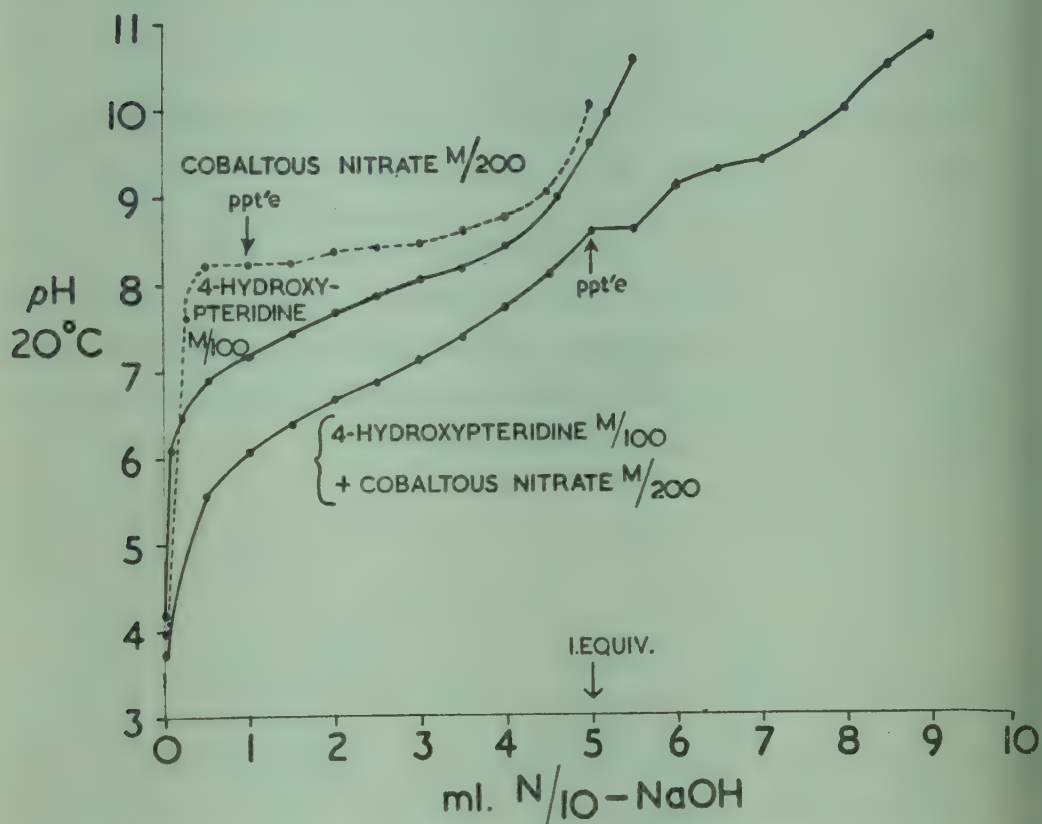


Fig. 3—4-Hydroxypteridine. Example of the detection of chelation by potentiometry. Complex formation exists up to pH 8.6 at least.

Facts such as these make it plain that in nature a constant competition is going on between chelating substances and the ions of metals. In tissues where powerful chelating groups exist, a liberal supply of ions is necessary if any useful proportion of them is to remain free. Where nature's chelating groups are weaker, they must be provided abundantly if there is a surplus of ions to be mopped up. Various chelating agents will be competing with one another for

tain ions, particularly those near the top of the Mellor-ale series (Table 1). Dynamic equilibria of this kind are essential for normal metabolism and it is doubtful if they can continue when they are seriously disturbed.

Many diseases of plants and animals are traceable to maladjustments in the balance between metals. Soybean plants, treated with an excess of manganese, quickly develop signs of iron deficiency and this can be corrected by dosing them with iron. If, on the contrary, they are grown in soil that is too rich in iron, they develop manganese deficiency (Morrison and Shive, 1942). In Britain, various pastures cause the serious economic disease in lambs called *swayback*. This is relieved by copper, and is associated with the presence of excessive amounts of zinc or lead in the grass. Other pastures, called *teart*, are rich in molybdenum and cause the signs of copper deficiency in sheep, relieved by the feeding of copper (Ferguson, Lewis and Watson, 1943). Excess of zinc in the diet of rats causes an anaemia relieved by copper (Smith and Larson, 1946). Land in Holland which had been dressed with copper to prevent 'reclamation disease' (copper deficiency) has often produced crops with a marked deficiency of manganese, although the soil had the normal content of manganese.

These antagonisms are reminiscent of the simple antagonism (calcium versus potassium) which is responsible for regulating the beat of the heart, as Ringer showed in 1880. A similar antagonism between magnesium and calcium is concerned in the contractility of muscle. Certain bacteria (*Lactobacillus casei* and *Streptococcus faecalis*) have been shown to be injured by traces of rubidium or ammonium ions, but only when grown on a potassium-deficient medium. These bacteria, however, are able to utilize rubidium in place of potassium (MacLeod and Snell, 1948).

In many of these antagonisms we can see the inorganic equivalent of the metabolite analogues discussed in Chapter III.

So potent are the effects of various trace elements, that the ability of media to support life is due to quantities so small that their presence may not be suspected. Even a substance that is 99.99 per cent pure has 600,000,000,000,000,000 foreign molecules in each gram.*

Bacteriological media are frequently rich in traces of heavy metals. One brand of peptone† advertises an iron content of 100 parts per million and a copper content of 30 p.p.m. Another popular brand was found to contain between 10 and 100 p.p.m. of aluminium, copper, iron, manganese, molybdenum, nickel, silver, tin and zinc. A brand of meat extract, much used by bacteriologists, contained similar quantities of aluminium, copper, iron, manganese, molybdenum, tin and zinc (Oertel, private communication). 'Analar' sodium chloride contains spectrographically detectable amounts of silver and copper.

Cobalt is not so widespread, but it is by no means absent. A synthetic medium composed of glucose, ammonia, nitrate and phosphate assayed 0.33 p.p.m. of cobalt; a bacteriological peptone contained 0.25 p.p.m. and meat extract 0.08 p.p.m. (Lee and Dewey, private communication).

Chelation has been used to obtain media deficient in several metallic ions; to this medium, corrective additions may be made, leaving it deficient in the ion whose effect is to be studied. This field was pioneered by Waring and Werkman (1942), who extracted media alternately with 8-hydroxyquinoline and with chloroform in order to study iron deficiency in bacteria; and by Piper (1942), who obtained his copper-deficient media for the oat plants shown in Plate 3, by using dithizone similarly. 2:2-Dipyridyl has been added to media in which *Clostridium acetobutylicum* is growing in order to lower the content of ferrous ions and thus increase riboflavine production

* Calculated from the Avogadro number (6×10^{23} particles per mole of any substance) and an assumed average molecular weight of 100.

† Oxoid bacteriological peptone.

Hickey, 1945); a similar process is used for the commercial production of riboflavine.

) Selective toxicity through chelation

Reference to Plate 3 will suggest two ways in which the cell's need for trace-metals could be utilized in designing toxic agents. With reference to the right-hand portion of the curve traced by the living plants, one might design selectively toxic agents by using metallic salts in concentrations which are injurious to the uneconomic species but harmless to the economic species. A great deal of metallothrapy of this kind has been attempted in the past, e.g. the spraying of orchards and vineyards with copper preparations, and the injecting of gold salts into patients suffering from rheumatoid arthritis. An interesting variant was the attempt to catalyse the destruction of bacterial toxins in the blood-stream by traces of copper or zinc (Petherick and Singer, 1944). It is not very likely that straightforward metallothrapy has much to offer us; it has been intensely explored for so many years and the results, on the whole, have been disappointing.

The left-hand portion of the curve in Plate 3 suggests the use of chelating agents as selectively toxic substances removing essential trace-metals from uneconomic species and leaving the economic species with its full requirement. This could be accomplished by introducing into the molecule such properties as would favour the agent being distributed principally to the uneconomic species (cf. the case of sulphuric acid in Chapter I and of phenylpantone in Chapter III). Alternatively, a chelating agent could be sought which would chelate a metal that was vital only to the uneconomic species. The latter method would be difficult in the light of our present knowledge, but not by any means impossible. The use of BAL (dimercaprol) as a complex-former in metallic poisoning gives us reason to believe that even chelating agents with wide affinities could be used in the chemotherapy of blood-borne

infections. Injections of BAL have cured patients who were poisoned by gold, mercury or arsenic* (Russell, Green and Wand, 1948; Peters *et al.*, 1947). Only transient toxic symptoms were observed, although BAL can inactivate many metal-containing enzymes (Webb and van Heyningen, 1947; Barron, Miller and Meyer, 1947).

The use of dithiocarbamic acid and of dithiuram sulphides as selectively toxic agents in agriculture represents a successful (although unconscious) application of chelating agents. 8-Hydroxyquinoline, however, provides the most thoroughly investigated example.

8-Hydroxyquinoline (I) has been used clinically for fifty years as a powerful antibacterial in wounds. Its mode of action remained unknown until quite recently. It is true that Hata (1932) suggested that 8-hydroxyquinoline owes its antibacterial properties to the combination, in one molecule, of phenol and quinoline. But this notion cannot be seriously entertained because neither phenol nor quinoline are active at a dilution of 1 in 500, whereas 8-hydroxyquinoline is active at a dilution of 1 in 700,000. Moreover, it is unreasonable to expect electronic distributions appropriate for evoking a given physiological effect in one molecule, to be compatible with those appropriate in another type of molecule, let alone to be mutually enhancing!†

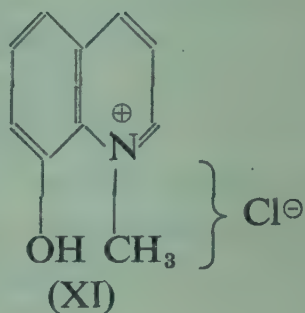
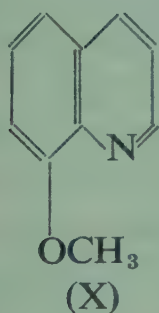
Because 8-hydroxyquinoline acts on bacteria in very high dilution, it is likely to be interfering with a particular metabolic requirement of these organisms. That this specific action might well take the form of chelation between the drug and essential trace-metals, was put forward by the author on the grounds that 8-hydroxyquinoline can combine powerfully at pH 7.3 with the following biologically important ions: Cu^{++} , Zn^{++} , Co^{++} , Fe^{++} , Fe^{+++} , Mn^{++} and MoO_2^{++} (Albert, 1944; Albert and Magrath, 1947). About the same time, an American

* Also, in animals, nickel, antimony, bismuth and chromium.

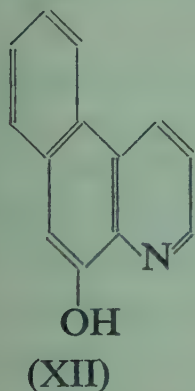
† This error of logic is still quite commonly indulged in!

orker suggested that 8-hydroxyquinoline acts against fungi by chelation (Zentmyer, 1943). The antibacterial action was investigated further by a team in Australia (Albert, Rubbo, Goldacre and Balfour, 1947).

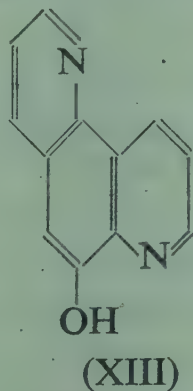
Firstly, it was found that of the seven possible monohydroxyquinolines, six of them did not chelate, and these were not antibacterial. On the other hand, 8-hydroxyquinoline chelated powerfully and was powerfully antibacterial. Secondly, it was found that blocking either the oxygen or the nitrogen of 8-hydroxyquinoline (as in X and XI respectively) prevented chelation and also abolished antibacterial activity.



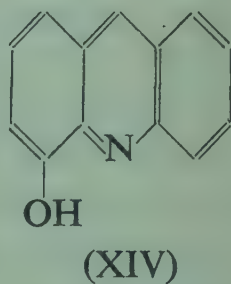
Thirdly, the characteristic groups of 8-hydroxyquinoline (viz. a hydroxyl-group *peri* to a ring-nitrogen) produced a strong chelating and strong antibacterial effect in other nuclei also. This is shown in formulae (XII), (XIII) and (XIV). The dilution just preventing growth of streptococci,



6-Hydroxy-5:6-benz-
quinoline
(M/200,000)



6-Hydroxy-*m*-
phenanthroline
(M/100,000)



1-Hydroxyacridine
(M/8,000)

after 48 hours at 37° (medium: broth at pH 7.3), is given in brackets (8-hydroxyquinoline, for comparison, is M/100,000).

It can be seen that 1-hydroxyacridine (XIV) is a weaker antibacterial than the others and further investigation showed that a substituent in the 2-position (even a methyl-group) of 8-hydroxyquinoline considerably lowered the antibacterial action, although such groups could be placed in other positions without reducing the activity. Clearly, there is some steric effect exerted by this position, suggesting that 8-hydroxyquinoline either acts at a surface or has to penetrate a membrane before it can act. In spite of its comparatively low activity, 1-hydroxyacridine is considerably more antibacterial than other acridines of comparably poor ionization (see Appendix I to this book).*

Among a total of fifty derivatives and analogues of 8-hydroxyquinoline, the only other substances in which antibacterial action did not run parallel to the degree of chelation were those having a fully dissociated anionic group. Such substances (e.g. 8-hydroxyquinoline-5-sulphonic and -5-carboxylic acids) were strong chelating agents but proved to be not at all antibacterial. As was explained in Chapter IV, an anionic group can prevent a molecule from penetrating the cell-membrane. This supports the location of the site of action of 8-hydroxyquinoline suggested above, viz. in the bacterium and not in the bulk of the medium.

Because 8-hydroxyquinoline is obviously acting by chelation, a reasonable hypothesis would be that it is removing a trace-metal essential for metabolism. Such a hypothesis implies that the inhibited bacterial metabolism could be restored if the missing metal were added. Hence it should be possible to find out the nature of this essential metal by adding various metallic ions and seeing which one specifically reverses the bacteriostasis. Unfortunately,

* As a matter of fact, it was the anomalously high activity of this substance which first suggested to us the mode of action of 8-hydroxyquinoline.

th Gram-positive organisms, the class against which 8-hydroxyquinoline is most active, death occurs so quickly that reversal experiments can only be conducted if the metal is added immediately after the drug. When such an experiment was carried out, it was found that the only metal which could reverse the action of 8-hydroxyquinoline was that of cobalt. Hence a reasonable deduction would be that cobalt is an essential trace-metal for the many Gram-positive organisms against which 8-hydroxyquinoline is so active and that this drug acts by making the cobalt unavailable to the bacteria.

A proper objection to this conclusion is that cobalt may deactivate the 8-hydroxyquinoline by chelating with it before it can be taken up by the bacterium. Yet, if this were true, why is nickel not a reversing agent, as it is non-toxic and oxine has a greater affinity for nickel than for cobalt.* Since this work was done, it has become known that cobalt must be essential for the following micro-organisms (all of which produce vitamin B₁₂, which contains cobalt): *Bacillus subtilis*, *Lactobacillus arabinosus*, *Streptomyces griseus* and *Mycobacterium smegmatis*. As was shown above, traces of cobalt are likely to be found in all media. The importance of this presumed interaction between oxine and cobalt in bacteria is supplemented by more recent work which has shifted the emphasis from a *depletion* to an *excess* of metallic ions as the more important cause of the toxicity of oxine (Rubbo, Albert and Burvill, 1950). It now appears that, regardless of whether or not oxine is withdrawing a somewhat essential trace-metal from the organisms, its rapid lethal action is caused by a form of metallic poisoning, apparently iron poisoning. When *Staphylococcus aureus* is placed in double glass-distilled water, it does not grow, but nevertheless remains viable for a day, as can be demonstrated by plating-out. The addition of some 8-hydroxyquinoline (final concentration, M/200,000 or more) That 8-hydroxyquinoline forms a tighter complex with copper (and with nickel) than with cobalt has been demonstrated by determination of the stability constants (Rubbo, Albert and Gibson, 1950).

M/200) does not alter this state of affairs unless an iron salt (M/50,000) is added at the same time, whereupon the organism instantly dies. In place of water, nutrient media can be used in this experiment, provided that they are made poor in metals by extraction with oxine and chloroform. The iron salts are non-toxic in the absence of 8-hydroxyquinoline.

What is the interpretation of this experiment? It could be that the drug removes a 'guardian metal' (say, cobalt) that is protecting an essential thiol group from autoxidation, no harm arising unless a toxic metal (e.g. iron) which is capable of promoting autoxidation is added. This suggestion brings to mind the experiment of Baur and Preis (1936) in which cysteine is protected from copper-catalysed autoxidation when cobalt is added.

Iron poisoning (hyperferraemia) is a well-known phenomenon in children who accidentally swallow tablets of ferrous sulphate (Forbes, 1947; Thomson, 1947), but it has only recently been discussed in a microbiological connexion. Racker and Krimsky (1947) have suggested that encephalomyelitis virus, which becomes richer in iron the more it is purified, causes the typical brain injury by transporting ferrous ions across the blood-brain barrier which is normally impervious to them. These authors brought their hypothesis to the biochemical level by showing that ferrous ions strongly and specifically inhibit the oxidation of phosphoglyceraldehyde in normal glycolysis (Racker and Krimsky, 1948).

Another interesting type of experiment which has been repeatedly carried out with *Staph. aureus* and *Strept. pyogenes* is exemplified in Table 2. This table shows that, whereas dilute solutions of 8-hydroxyquinoline are rapidly lethal, stronger solutions are quite compatible with vigorous growth of the organism.* It may well be that it is the

* Such inversions of the usual relation between concentration and toxic effect are exceedingly rare but have been demonstrated in another chelating agent, tetramethylthiuram monosulphide, acting on the fungal spores of *Venturia* (Montgomery and Shaw, 1943).

TABLE 2

BACTERICIDAL ACTION OF 8-HYDROXYQUINOLINE

Least bactericidal concentration for *Strept. pyogenes* at 37° (medium: broth, pH 7.3)

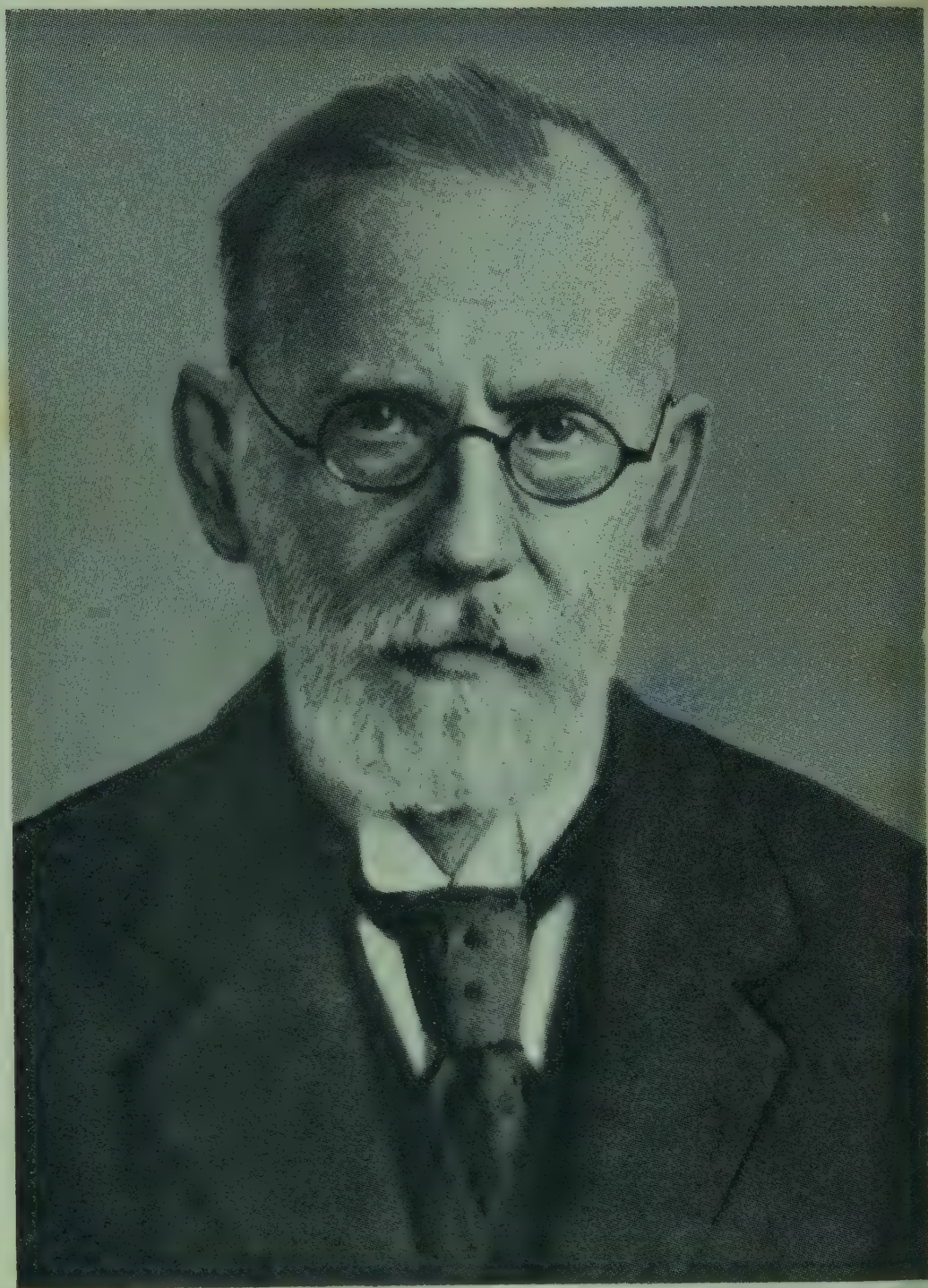
<i>Time of exposure to drug</i>	<i>No drug</i>	M/102,000	M/51,000	M/26,000	M/13,000	M/6,400
0 hour	++++	++++	++++	++++	++++	++++
3 hours	++++	—	—	—	++	++
20 hours	++++	—	—	—	+	++

(Albert, Gibson and Rubbo, *in the press.*)

1 : 1 iron-hydroxyquinoline complex or free ferrous ions (formed from it by hydrolysis inside the cell) which kill the bacteria. However, when an excess of oxine is present only the 1 : 2 complex can be formed, according to the mass action law (see equation (1)), and this is very likely to be non-toxic.

These data are complex and do not yet tell us all we wish to know. However, they serve to illustrate the potentialities that exist for applying chelation to selectively toxic ends.





4. Paul Ehrlich
1854—1915

CHAPTER SIX

THE HISTORY OF CHEMOTHERAPY FROM THE STANDPOINT OF THE UNDERLYING SCIENTIFIC PRINCIPLES

In the previous chapters we have reviewed the mode of action of selectively toxic agents from the standpoint of present-day knowledge. It should now be interesting to take a particular branch of this subject and to trace the discovery of its governing principles. Chemotherapy is the most suitable example for this purpose because its governing principles are somewhat better established than those of any other branch of selective toxicity.

This chapter will be concerned mainly with matters of pure science. The utilitarian angle, that is to say, the importance of the discovery and use of drugs which are now curing diseases previously considered hopeless, need not be gone into here: it will be only too well known to the reader. A list of the historically most important chemotherapeutic agents is given in Table 1. If reference is made to this table, the complete picture can be reconstructed from two interlocking strands: the discovery of utilitarian drugs and the discovery of the principles which led to them or explained their mode of action.

The word 'chemotherapy' was coined by Ehrlich to describe the cure of an infectious disease without injury to the host. Hence, it seems natural that a historical account, such as this, should begin with Ehrlich (Plate 4). Actually, a few chemotherapeutic agents were known before his time. These were cinchona and ipecacuanha, for the cure of malaria and amoebic dysentery respectively, and mercury for the alleviation of the symptoms of syphilis. Mercury began to be used in this way in the sixteenth century, cinchona and ipecacuanha in the seventeenth.

TABLE 1
THE DISCOVERY OF CHEMOTHERAPEUTIC SUBSTANCES

<i>Date</i>	<i>Drug</i>	<i>Condition in which used</i>	<i>By whom introduced</i>
—	Cinchona	Malaria	Brought to Europe from South America in 17th century
—	Ipecacuanha	Amoebiasis	
1904	Trypan red	Trypanosomiasis (mouse)*	
1905	'Atoxyl'	Trypanosomiasis	Ehrlich and Shiga (synthesized by Weinberg)
			Thomas and Breinl (synthesized by Béchamp, 1860; structure elucidated by Ehrlich and Bertheim, 1907)
1907	Antimony (tartar emetic)	Trypanosomiasis*	Plimmer and Thompson (mouse); Manson (man)
1910	'Salvarsan'	Syphilis	Ehrlich and Hata (synthesis reported by Ehrlich and Bertheim, 1912; D.R.P. 224,953 (1909) to Hoechst)
1911	'Optochin'	Pneumonia (mouse)*	Morgenroth and Levy
1912	Antimony (tartar emetic)	Leishmaniasis	Vianna
1912	'Trypaflavin' (acriflavine)	Trypanosomiasis (mouse)*	Ehrlich (synthesized by Benda)
1912	Emetine	Amoebiasis†	Rogers
1913	Acriflavine	Sepsis of wounds	Browning
1918	Antimony (tartar emetic)	Schistosomiasis†	Christopherson

1921	(suramin) Bismuth	.	Syphilis†	.	Sazerac and Levaditi
1926	'Plasmoquine'	.	Malaria	.	Roehl (synthesized by Schulemann, Schönhöfer and Wingler, as reported by them in 1932)
1930	'Carbarsone'	.	Amoebiasis	.	Leake, Koch and Anderson (synthesized by Ehrlich and Bertheim; D.R.P. 213,155 (1907) to Hoechst)
1932	'Atebrin'	.	Malaria	.	Kikuth (biology); Mauss and Mietzsch (chemistry)
1932	'Mapharside'	.	Syphilis	.	Tatum and Cooper (synthesized by Ehrlich and Bertheim; D.R.P. 235,391 (1908) to Hoechst)
1935	'Prontosil'	.	Systemic bacterial infections	.	Domagk (synthesized by Mietzsch and Klarer, D.R.P. 607,537 (1932))
1935	Sulphanilamide	.	Systemic bacterial infections	.	Tréfouël, Tréfouël, Nitti and Bovet (synthesized by Gelmo, 1908)
1935	'Acaprin'	.	Babesiasis (cattle)	.	Kikuth (synthesized by Schönhöfer and Henecka)
1937	'Bayer 7602'	.	{ Chaga's Disease { ('Tryp. cruzi) Trypanosomiasis (cattle)	.	Mazza, Cossio and Zuccardi (synthesized by Iensch)
1938-43	Phenanthridines.	.		.	Browning, Morgan, Robb and Walls; Carmichael and Bell (synthesized by Walls)
1938	Sulphapyridine	.	Systemic bacterial infections	.	Whitby (biology); (synthesized by Ewins, Phillips and Newberry, B.P. 516,288)

* Of little or no value in man.

† These discoveries were in the nature of consolidation and extension of earlier work.

Date	Drug	Condition in which used	By whom introduced
1940	Sulphadiazine	Systemic bacterial infections	Feinstone, Williams, Wolff, Huntington and Crossley (biology); (synthesized by Roblin, Williams, Winnek and English)
1940	Sulphaguanidine	Bacillary dysentery	Marshall, Bratton, White and Litchfield (synthesized by Buttle, Dewing <i>et al.</i> , 1938)
1938–42	Di-amidines	{ Trypanosomiasis Leishmaniasis Babesiasis }	King, Lourie and Yorke (synthesized by Ewins, Ashley, Barber, Newbery and Self); Adler and Tchernomoretz (Leishmaniasis)
1941	Penicillin	Systemic bacterial infections*	Florey, Abraham, Chain, Fletcher, Gardner, Heatley, Jennings, Orr-Ewing and Sanders (based on preliminary work by Fleming, 1929)
1942	5-Aminoacridine (aminacrine)	Chronic sepsis of wounds	Poate (clinical trials); Rubbo and Maxwell (biology); Albert and Goldacre (chemistry)
1943	4:4'-Diaminodiphenylsulphone and derivatives	Leprosy	Faget, Pogge <i>et al.</i> (synthesized by Fromm and Wittmann, 1908)
1945	'Paludrine'	Malaria	Fairley (clinical trials); Davey (biology) (synthesized by Curd and Rose)
1945	Streptomycin	Tuberculosis	Waksman and Schatz (biology) and staff of Mayo Clinic
1947	'Chloromycetin'	Typhus	Smadel and Jackson

It is convenient to take 1899 as the start of Ehrlich's intense interest in chemotherapy. This is the year in which he was appointed Director of the Institute for Experimental Therapy in Frankfort. He was then forty-five years old, quite late in life to be founding a new branch of learning! In Frankfort, Ehrlich was brought face to face with the German synthetic chemical industry and at the Hoechst works, he saw the manufacture of a profusion of synthetic analgesics, antipyretics and anaesthetics.* It seemed logical to him that, as it was obviously possible to synthesize substances of low molecular weight that could differentiate between various cells of man, it should be equally possible to synthesize other small molecules which would differentiate between man and his parasites. The emphasis on low molecular weight illustrates the contrast which Ehrlich always made between immunotherapy (i.e. therapy with vaccines and sera) and chemotherapy. He realized that immunotherapy is a matter of strengthening the defence forces of the body, but he conceived of chemotherapy as a direct attack upon the parasite. The problem, as he saw it, was to find chemicals with very much stronger affinities for the parasites than for the tissues of the host.

It is not surprising that Ehrlich should have initiated this branch of selective toxicity for he had spent the previous twenty years on studying the selective affinity of tissues. First he had studied the distribution of lead between the different tissues of the mammalian body; then the distribution of dyes. The latter subject led him to make some outstanding studies in histological staining, and his method for differentially staining white blood cells is still the best known. His studies of dyes also led him to discover the differing oxygen-affinities of tissues and to

* Examples of such substances are the *analgesics* (i) phenacetin (Hinsberg and East, 1887), (ii) Antipyrine or phenazone (Knorr, 1889), (iii) pyramidon or amidopyrine (Knorr and Stolz, 1896); the *analgesics and antirheumatics*, sodium salicylate introduced into medicine by Buss in 1875, (ii) aspirin, first used on man by Dreser in 1899; the *hypnotics*, (i) chloral hydrate (Liebrich, 1869), (ii) paraldehyde (Cervello, 1882), (iii) barbitone or 'Veronal' (Fischer and Mering, 1903); the *local anaesthetics*, e.g. procaine or 'Novocain' (Einhorn, 1905).

grade them by the ability to reduce one or all of a series of dyes with different reduction potentials (methylene blue, indophenol, alizarin blue).

The extraordinary selectivity shown by an antibody for the corresponding antigen then engaged his attention. Many of the more important immunological techniques that are used to-day were discovered by Ehrlich in this period. It is interesting to recall Ehrlich's interpretation of the immune process, viz. that an antigen* has two distinct groups or regions, viz. the *haptophore* (anchorer) and the *toxophile* (poisoner).† Mammalian cells, he believed, have 'side-chains' which contain *receptors*, i.e. groups or regions that are complementary to the haptophores, and hence anchor them. This combination, he taught, was in itself harmless but brought the toxophile close enough to the cell to poison it. The normal function of the receptors was to anchor nutrient molecules.

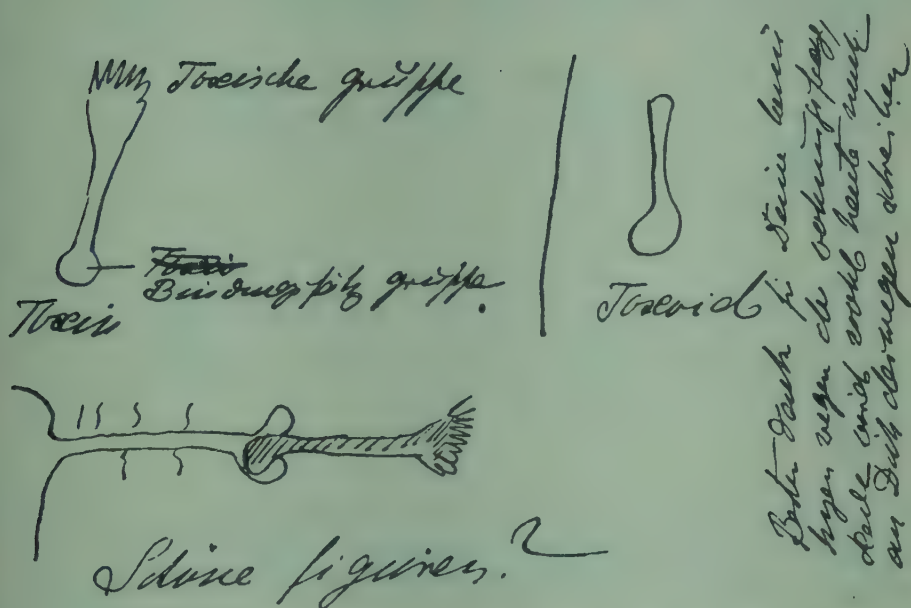
Ehrlich applied this part of his immunological hypothesis to explain the mode of action of chemotherapeutic agents. They too were supposed to have distinct haptophoric and toxophilic groups (this is now known to be true for a great many drugs) and to combine with cellular receptors whose normal function was to take part in cellular nutrition or respiration. (A further part of the immunological hypothesis which dealt with the manufacture of antibody through the shedding of side-chains was not taken over into the chemotherapeutic hypothesis and is no longer regarded as correct by immunologists.)

It may be interesting to look at some of the symbols which Ehrlich coined to illustrate these ideas, the immunological in Fig. 1 and the chemotherapeutic in Fig. 2. In the immunological symbols, the suction-cups and

* The *antigen* is the toxic protein (derived e.g. from bacteria) to which certain cells of the mammalian body respond, more or less successfully, by producing a complementary protein, the *antibody* which is discharged into the blood-stream and combines specifically with this particular antigen (but no other) to form an innocuous product.

† Toxoids have intact haptophores, but the toxophiles have been blocked, e.g. with formaldehyde.

ntacles suggest something macromolecular, like folds in protein molecule. The chemotherapeutic symbols, on the other hand, took on a precise chemical character, e.g. the example of an (imaginary) aldehyde group in a cellular molecule combining with a hydrazine group in a drug. Ehrlich never tired of saying that drugs act upon cells by ordinary chemical reactions. This is substantially the



g. 1—Ehrlich's explanation of immunochemistry in his own symbols (taken from a letter to Carl Weigert, 1898, in which he gives the first pictorial representation of his side-chain theory).

esent-day view, although to us the phrase 'ordinary chemical reactions' conjures up a much wider variety of ends than was known in Ehrlich's time.

Ehrlich's concepts of chemically reactive groups on drugs and of chemically reactive receptors for them on cells constituted an enormous advance in biological thought. His concept that the effective drugs would have a fairly low molecular weight has been substantiated, as will be gathered from Table 2, which shows a representative selection of chemotherapeutic drugs in use to-day. The molecular weights range from 170 to 1500, the latter being

unusually high for a really active substance. On the other hand, γ -globulin, of which antibodies are fashioned, has a molecular weight of 200,000.

In 1904 Ehrlich cured trypanosomiasis in mice with trypan red, which thereby became the first man-made chemotherapeutic agent.* This aroused widespread interest but unfortunately the drug was inactive in man. In 1906, the *Georg Speyer Haus* was built in Frankfort for

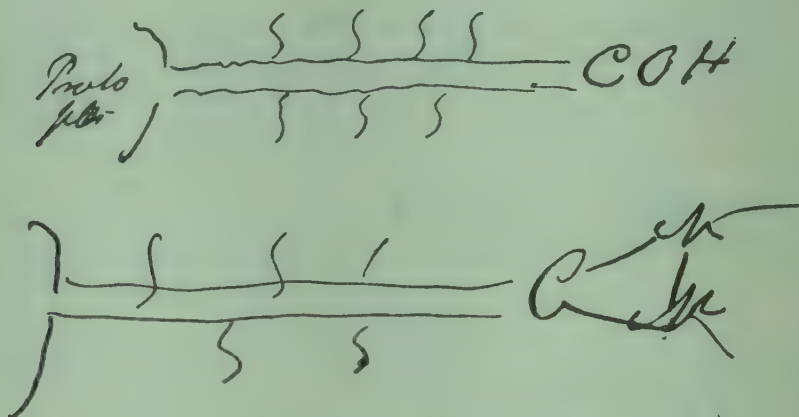


Fig. 2—Ehrlich's explanation of chemotherapy in his own symbols. A metabolically important molecule in a cell is imagined as having an aldehyde group that normally anchors nutritional intermediates. In the lower drawing, this ability is lost because the aldehyde group has been blocked by combination with an imaginary drug containing a diamine group.

Ehrlich so that he could devote all his time to chemotherapy. Meanwhile, Breinl and Thomas, in Liverpool, had shown that an arsenical drug, 'Atoxyl', had a favourable action on human trypanosomiasis and this discovery influenced Ehrlich to commence prolonged experimentation with aromatic arsenicals.

It may come as a surprise to some that Ehrlich's name figures so little in the list of new drugs (Table 1); indeed, he discovered only one remedy of immediate clinical usefulness, viz. 'Salvarsan'. The reason is that Ehrlich

* Two years earlier, Laveran and Mesnil had used arsenious acid in the trypanosomiasis of mice. All the mice died, but they 'died cured' and this was considered an important advance.

TABLE 2

THE LOW ORDER OF COMPLEXITY OF TYPICAL
CHEMOTHERAPEUTIC AGENTS

<i>Substance</i>	<i>Number of atoms per molecule</i>	<i>Molecular weight</i>
Mapharside' . . .	16	199
sulphanilamide . . .	19	172
Chiniofon . . .	22	351
aminacrine . . .	25	194
sulphadiazine . . .	27	250
Chloromycetin . . .	32	323
Paludrine' . . .	33	253
tilbamidine . . .	36	264
Neoarsphenamine . . .	36	466
penicillin . . .	41	334
Quinine . . .	48	325
Atebrin' . . .	58	400
metine . . .	75	480
streptomycin . . .	77	579
uramin ('Bayer 205') .	126	1,428
<i>For comparison</i>		
Glucose . . .	24	180
γ -Globulin . . .	30,000	200,000

as, at heart, a scientist, one who realized that there would be few advances in the technology of his subject until some of the laws governing it had been discovered. In the case of 'Salvarsan', which he introduced in 1910, just five years after Schaudinn demonstrated that *Treponema pallidum* was the causative organism of syphilis, Ehrlich spent precious years in finding the right dosage scheme for his new drug. He had hopes, at first, of curing infections with a single large dose; but experience was to show that the only possible course was to administer such doses as the patient could easily stand, spread over a period of several months.

It might be thought that the work done by Ehrlich and his small band of collaborators in the Georg Speyer Haus would stand high in the esteem of all contemporary scientists. On the contrary, Ehrlich's vivid and picturesque language made enemies as well as friends. One has only to read his address to the German Chemical Society (Ehrlich, 1909) to encounter a surprising degree of rhetoric, dogmatism and reliance on intuition rather than logic. Many people of this period thought that his interpretations had quite outrun the experimental evidence.

Chief among Ehrlich's critics was Uhlenhuth, an influential pathologist with some quite sound experimental work to his credit. Uhlenhuth contended that drugs had no direct action on the parasite, but worked by stimulating the natural resistance of the host. Although forced to yield to the evidence that drugs did not produce antibodies in the host's blood, Uhlenhuth maintained his ideas about indirect action in a less specific way. His ideas commanded a great deal of respect, and even as late as 1937 Levaditi had no compunction in stating that sulphonamides probably acted by increasing phagocytosis.

Uhlenhuth made the most of the fact that 'Atoxyl' and trypan red cure trypanosomiasis and yet do not attack trypanosomes in the test-tube (Uhlenhuth, 1907). This objection was taken seriously because these substances were two of Ehrlich's most important experimental tools. But in 1909 Ehrlich discovered that trivalent arsenicals were trypanocidal in the test-tube and he suggested that pentavalent arsenicals would also be found active if it were possible to keep trypanosomes alive in culture until they had time to reduce the drug. That this was actually so, was not proved until fifteen years after his death. However, Ehrlich did show that pentavalent arsenicals became active *in vitro* if they were first incubated with animal tissues (e.g. liver), and this served to explain their activity *in vivo*.

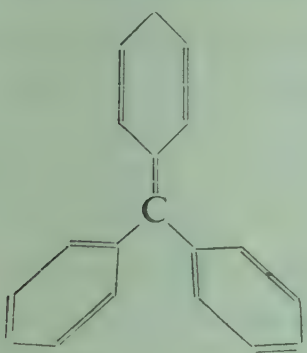
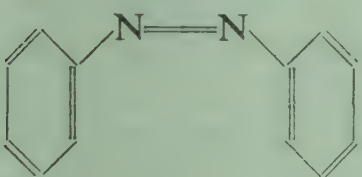
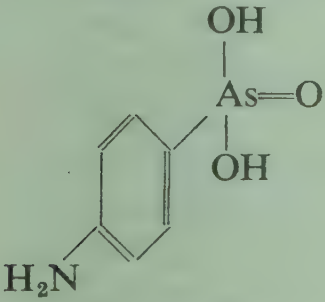
Meanwhile Levaditi (1908) had tried to reconcile the views of Ehrlich and Uhlenhuth by postulating that drugs

ould act chemically on the parasite, but only after they had been chemically altered by the host. He referred particularly to the effect of atoxyl on syphilis. We recognize to-day that this hypothesis is true in a few cases (for example, 'Atoxyl' and 'Prontosil') and untrue in many others (e.g. 'Mapharside' and sulphanilamide).

In 1907, Franke and Roehl, who were working with Ehrlich, made a discovery which has tremendously advanced our understanding of how chemotherapeutic agents act. This discovery was the phenomenon of *drug resistance* which arose in the following way. When a mouse suffering from trypanosomiasis was treated with doses that were too small to cure, a relapse took place, and the renewal of treatment with the drug eventually failed because the trypanosomes developed a resistance which was hereditary and usually irreversible. As Yorke has since observed, resistant strains may require up to 250 times the normal concentration of drug before they are injured. Such massive dosage is usually more than the host can tolerate. Ehrlich encountered several distinct types of resistance in trypanosomes. Parasites which had become resistant to trypan red resisted all other azo dyes. Other strains, which were resistant to 'Atoxyl', resisted all other phenylarsonic compounds, and a third type, resistant to paraformosan, resisted all other triphenylmethanes. Yet a strain resistant to one of these three classes of drugs did not resist the other two classes unless specially trained to do so. Here at last was evidence of chemical specificity on the part of the parasite! These three types of resistance are illustrated in Table 3. Ehrlich noticed that trypanosomes that were resistant to trypan red did not absorb it, whereas susceptible trypanosomes were stained red by the drug. The first step in the action of trypan red on trypanosomes was clearly the chemical combination between some chemical group on the dye and a chemical group on the parasite. The resistant parasites, whether by selective breeding or in some other way, had lost the group that combined with the dye.

TABLE 3

MAIN TYPES OF DRUG RESISTANCE IN TRYPANOSOMES

<i>Type</i>	<i>Example</i>
<p data-bbox="282 424 577 476">Triphenylmethane</p> 	<p data-bbox="860 424 1053 476">Parafuchsin</p>
<p data-bbox="331 932 529 984">Azobenzene</p> 	<p data-bbox="854 932 1041 984">Trypan red</p>
<p data-bbox="270 1232 589 1284">Aromatic arsenicals</p> 	<p data-bbox="884 1232 1017 1284">'Atoxyl'</p>

Later, Ehrlich recognized two classes of arsenical resistance between which there was no cross-resistance, and to-day we recognize three classes.* This evidence, plus the

* Membership of these classes is not connected with the state of oxidation of the arsenic, but depends on the nature of substituents in the benzene ring (Chapter VII).

fact that trypanosomes do not become resistant to inorganic arsenicals, offers proof that the groups which cause aromatic arsenicals to be taken up by the parasites are not the arsenoxide groups responsible for the eventual death of the parasite. Plainly a haptophoric group is present as well as a toxophilic one in the selectively toxic arsenicals.

After the clinical introduction of 'Salvarsan' in 1910 (as great a triumph for Ehrlich's chemist Bertheim as for the master himself) Ehrlich lived for only five more years. During this period two more drugs were discovered that were active in mice but not clinically successful in patients ('Optochin' and 'Trypaflavin'). Rogers confirmed that metine was the active principle of ipecacuanha in amoebiasis. Vianna demonstrated the value of antimonials in leishmaniasis, and Browning, a pupil of Ehrlich, discovered the very first chemotherapeutic antibacterials, acriflavine and proflavine. Apart from an extensive use of these pyridines, the First World War passed without any notable advance in chemotherapy. The systemic control of bacterial infection by chemotherapy was still an unrealized dream, and the feeling was widespread that chemotherapy had promised more than it had given or was likely to give. This pessimism was remarkable, for Ehrlich had initiated chemotherapy simply because he felt that the possibilities of immunotherapy were exhausted.

Ehrlich's name, after his death, continued to be honoured—in fact, more so than when he was a thorn in the side of certain of his contemporaries; but it was rather as the great immunologist and pathologist than as the father of chemotherapy. One might almost say that not until 1935, when Domagk demonstrated the control of systemic bacterial infections with 'Prontosil', did chemotherapy recover its former position in the eyes of the medical world. What a paradox! For Domagk's work, although systematic, was empirical in conception, whilst the years that preceded it were packed full of scientific discoveries which vindicated and extended Ehrlich's hypotheses.

In 1920, two drugs were discovered which have become the basis of our present-day treatment of sleeping sickness. These are tryparsamide, a pentavalent arsenical derived from, but less toxic than, the optimistically named 'Atoxyl', and 'Bayer 205', a colourless and highly effective analogue of trypan red. 'Bayer 205' is also used for prophylaxis (a single dose gives immunity for three months). The next notable advance was the introduction of 'Plasmoquine' and 'Atebrin' (1926, 1932), the first synthetic antimalarials.

All these discoveries were made as the result of pursuing clues which Ehrlich and his school had revealed. For example, the synthetic antimalarials grew out of knowledge of the antimalarial action of methylene blue (Guttman and Ehrlich, 1891), but this investigation had been held up, awaiting the discovery of a suitably infected laboratory animal on which to carry out the tests. Once Roehl seized upon the idea of using birds for this purpose, progress was rapid. There are many other examples of the arrest of chemotherapeutic progress until a development is made in some other branch of science. The most surprising feature of this period was the introduction of two valuable arsenicals, 'Carbarsone' (for amoebiasis) and 'Mapharside' (for syphilis). Both these drugs had been discovered by Ehrlich and his colleagues and used by them in experimental work; but these workers had not foreseen their clinical application. Indeed, until the discovery by Laidlaw, Dobell and Bishop in 1928 of a method of cultivating *entamoebae in vitro*, the experimental study of amoebicides had been severely handicapped.

In the very next year a first-rate discovery was made when Yorke, Adams and Murgatroyd (1929) found out how to keep trypanosomes alive and unmetamorphosed in the test-tube for one to two days at a time (Ehrlich had to be content with moribund parasites which died in the control-tubes almost as fast as in those containing drugs).

This new technique of the Liverpool school seemed

kely to lead to a better understanding of the manner in which drugs acted on trypanosomes. Within two years, Yorke, Murgatroyd and Hawking (1931) showed that when normal trypanosomes were treated with a solution of a trivalent arsenical, they were rapidly killed and the solution would not kill fresh trypanosomes. On the other hand, when arsenic-resistant trypanosomes were treated with a trivalent arsenical, they were not killed, and the residual solution would still kill susceptible trypanosomes. They found it possible even to titrate the trypanosome against the arsenical and thus calculate the number of 'chemo-receptors' on its surface. It will be recalled that Ehrlich had shown that trypanosomes were stained by the dye trypan red in the test-tube, but not if they were resistant. Unfortunately trypan red does not kill trypanosomes during their brief life *in vitro*, so that Ehrlich's results had not convinced sceptics. On the other hand, Yorke's results showed very plainly that at least one type of drug resistance was caused by a lack of appropriate chemical groups in the resistant parasite, and that susceptible strains of parasite possessed groups with which they fixed the drug and so removed it from solution.

It remained but to translate this circumstantial evidence into direct evidence by showing that the bodies of the killed parasites contained measurable amounts of arsenic and that the resistant parasites contained none. This was done in 1932 by Reiner, Leonard and Chao. Advances in technique made it possible for other workers to show that fixation of drugs by the parasite could take place while the latter was actually circulating in the host's blood-stream. Jancsó (1932) used the fluorescent microscope to show that 'Trypaflavin' was taken up in this way, and Singer and Fischl (1934) and Fischl, Kotrba and Singer (1934) demonstrated that this happened with antimony, gold and arsenic. These workers also demonstrated similar effects on microchaetes and plasmodia.

Significant as these discoveries were, they were by no

means the only ones of fundamental importance in this period. Ehrlich had already found that, even when dealing with drugs that were effective both *in vitro* and *in vivo*, small doses were more effective in the living animal than in the test-tube. He attributed this enhancement to co-operation with the natural defence forces of the body, which would cope with the parasite once the drug had disorganized the latter's metabolism. It remained for Kritschewsky (1927–1928) to show that the host's reticulo-endothelial system provided such co-operation, because when this was artificially damaged, the efficiency of chemotherapeutic drugs was considerably lowered.

A new aspect of chemotherapeutic action was revealed through the discovery of a totally unsuspected phenomenon, therapeutic interference (Browning and Gulbransen, 1922). As an example we may consider the case of a mouse infected with trypanosomes. If a small dose of a dye called para-fuchsin is injected, the parasites are stained red by it, and they are not killed by the subsequent injection of powerful trypanocidal agents. It is as though the para-fuchsin becomes attached to the parasite in such a way that it physically covers up the receptors appropriate for the other drugs—receptors which had been shown by drug-resistance experiments to differ from those binding para-fuchsin (see also Chapter VII).

From Ehrlich's concept of the separateness of haptophoric from toxophilic portions of a drug, it follows that a parasite should not necessarily be harmed by merely taking up a foreign substance, and that it may have to be capable of reacting further with it, presumably using other chemical groups for this purpose, before injury occurs. Further evidence along these lines was provided by Fischl and Singer (1935), who showed that, in the host, malarial parasites and trypanosomes took up three acridines, 'Atebrin', 'Trypaflavin' and 'Rivanol', but that the malarial parasites were harmed only by the 'Atebrin', and the trypanosomes only by the 'Trypaflavin' (see Table 4.)

TABLE 4

DEMONSTRATION THAT MERE UPTAKE DOES NOT ENSURE TOXICITY

<i>Organism</i>	<i>Substance</i>	<i>Taken up</i>	<i>Toxic</i>
Trypanosomes	'Rivanol' . .	+	—
	'Atebrin' . .	+	—
	'Trypaflavine' .	+	+
Plasmodia	'Rivanol' . .	+	—
	'Atebrin' . .	+	+
	'Trypaflavine' .	+	—

As momentous as any discovery in the period we are considering was the first demonstration of the exact chemical nature of the union between a drug and a parasite. This was accomplished by Voegtlin and his colleagues in the United States Public Health Services, who showed that the toxic action of arsenicals was due to the formation of As—S bonds with essential thiol groups in the parasites (see Chapter III).

Thus we come to the end of this period (1919–1935) with a feeling of satisfaction that the scientific principles of chemotherapy, foreshadowed by Ehrlich, had actually been established. It is now generally agreed that substances of relatively low molecular weight make the most satisfactory chemotherapeutic drugs, that their action is directly on the parasite,* that their reaction with the parasite is chemical in nature and that there are two distinct reacting groups in many of the most active drugs.

As the result of testing more than a thousand azo-dyes in a search for antistreptococcal drugs which would be active in the blood-stream, Domagk (1935) discovered

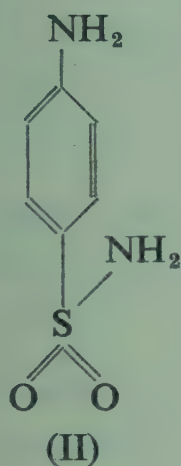
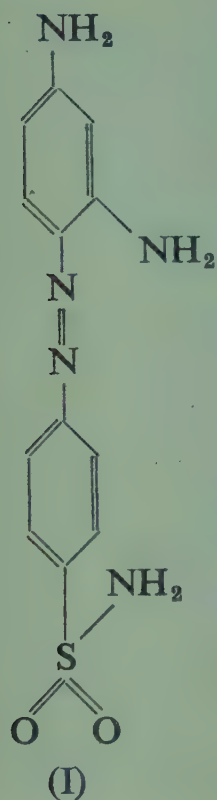
* Two apparent examples of indirect action of chemotherapeutic agents are (a) diethylcarbaryl-4-methylpiperazine ('Hetrazan'), which is thought to combine with microfilaria in a way that makes them more readily destroyed by the host (Hawking, Sewell and Thurston, 1950) and (b) streptomycin and aureomycin which are thought to repress amoebiasis by killing bacteria which produce growth-factors essential for the amoebae.

'Prontosil' (I), whose outstanding clinical possibilities in puerperal septicaemia were first explored in England by Colebrook and Kenny (1936). This highly utilitarian discovery did more than the two decades of brilliant scientific work which preceded it to revive interest in chemotherapy, an interest which has not waned since. Actually, 'Prontosil' was not an end, but a beginning as far as sulphonamides were concerned. A discovery of great importance was made later in 1935 by Tréfouël and his co-workers at the Pasteur Institute, who found that the inactivity of 'Prontosil' towards bacteria in test-tube experiments could be overcome by the addition of a reducing substance. In devising this experiment they were guided by Ehrlich's work on the activation of pentavalent arsenicals. Later, they were able to show that not only did the body reduce 'Prontosil' to give sulphanilamide (II), but that this substance was equally active in the treatment of bacteriaemia. Had the French workers not made this discovery, the evolution of sulphonamides would have proceeded on the 'hit and miss' lines that had been so typical of the research efforts of the drug industry. Sulphapyridine, sulphadiazine and sulphaguanidine would probably not yet be known, and immense resources would have been squandered in the search for new types of *coloured* sulphonamides.

An important scientific advance was made when Marshall (1937) showed that the effect of sulphanilamide was proportional to the concentration reached in the blood of the patient being treated, and that, for a given dose, this varied from patient to patient. This was the beginning of the bioanalytical control of blood-levels during chemotherapy.

Fleming in 1940 showed that the antibacterial action of sulphonamides was abolished by certain kinds of organic matter, principally peptone, tissue extracts and pus. Woods (1940) was able to obtain a crude extract, from yeast, which reacted as an aromatic amino-acid and specifically antagonized the antibacterial action of sulphanilamide. By trying

turn all sorts of aromatic amino-acids, Woods found that *p*-aminobenzoic acid (III) was the most effective. Elbie, in the same year, showed that this acid would prevent sulphanilamide from exerting its curative effect on infected mice.



Nevertheless, at that time, *p*-aminobenzoic acid was not known for certain to occur in nature. Later in the same year (1940), Rubbo and Gillespie isolated the acid, chemically pure, from yeast, and what is more, they showed that it was a growth-factor for a bacterium with which they were then working; that is to say, the bacterium would not grow without it, just as a human being cannot survive without vitamins.

A few months previously Fildes had made a brief but most impressive appeal for a more rational approach to chemotherapy. He pointed out that the action of a drug on a parasite had much in common with the inhibition of an enzyme by a foreign substance and that many of the

most successful enzyme inhibitors were substrate-analogues. (This position was already fairly well understood in pharmacology.) Fildes discussed two main types of enzyme-inactivation: (i) the drug combines with the enzyme directly, or (ii) the drug combines with the substrate of an enzyme.

Fildes had been led to these thoughts partly by Voegtlin's work on arsenic, partly by his own work on mercury, and in particular by the biological antagonism between sulphanilamide (II) and *p*-aminobenzoic acid (III). He postulated that this acid was a normal metabolite for the bacteria, and that sulphanilamide (because of its close steric similarity and because of the similar chemical nature of the two ends of the molecule) deceived the enzyme into accepting the drug instead of the metabolite, resulting in a disruption of bacterial metabolism. As so often happens with enzyme inhibition, this is a reversible reaction, and unless a great excess of sulphanilamide is maintained around the bacterium, the *p*-aminobenzoic acid will replace the sulphanilamide on its relevant enzyme, and metabolic activity will be restored. As uncombined *p*-aminobenzoic acid does not seem to have a function in the human body, it is easy to see how sulphonamides can be so selective in their toxic action.

This visualization of some of Ehrlich's receptors as enzymes marked a big advance in the scientific development of chemotherapy. Here was an added incentive for workers to study the internal and external enzymes of parasites, to discover the nature of their metabolites and to synthesize molecules that would be like enough to the metabolites to be accepted by the bacterium, and yet unlike enough to interrupt its vital processes. The analogy has often been made that enzymes and their metabolites have a lock-and-key relationship; but a chemotherapeutic agent should be a key that fits the lock only well enough to jam it (Chapter III).

No account of the recent history of chemotherapy would

be complete without a reference to the antibiotics, i.e. toxic substances of fairly low molecular weight secreted by bacteria and moulds. The clinical possibilities of these substances were visualized by Florey in 1938, and he and his talented school have investigated many examples and made possible, in 1941, the clinical utilization of penicillin, which Fleming had discovered in 1929. The outstanding success of penicillin in local and systemic infections, a success attributable to its having a toxicity so low that it must be ranked as one of the most chemotherapeutic of all known drugs, has led to the investigation of innumerable other antibiotics.* In the vast majority of cases the substances have proved to be too toxic for clinical use, which is hardly surprising in view of the fact that they had not been devised for man's use. There is no doubt that the further study of antibiotics will bring to light much of biochemical interest and, from time to time, some very valuable drugs of the calibre of streptomycin, aureomycin and chloromycetin. The name 'antibiotic' is probably a misnomer as there is no evidence that organisms secrete these substances to fight their natural enemies. Indeed, if penicillin were of survival value to *penicillium notatum*, the few strains which manufacture this substance would be the commonest examples of this species whereas, in nature, they are actually most uncommon.

Among the most promising new trends in chemotherapy, mention must be made of the interest now being taken in the architecture of the cell, as expressed in chemical terms (cf. Sponsler and Bath, 1942). Thanks largely to the pioneer work of Pauling, we now know the bond-angles, bond-lengths and bond-strengths of all the various combinations which can take place between atoms, and we can form a clear idea in our minds of the sizes of biologically important molecules, such as drugs and co-enzymes, relative to the size of living cells (see Frontispiece). We should

* Antibiotics of low clinical potency, such as acetic acid, alcohol and hydrogen peroxide, have been used medicinally from time immemorial, usually in crude forms.

have no trouble in calculating that there is room for 2000 fully extended protein molecules (of average length 1000 Å) in the exterior surface of a streptococcus. With the aid of Hirschfelder atomic models we can build ourselves very good representations of simple molecules on the scale of one centimetre to the Ångström unit. For more complex

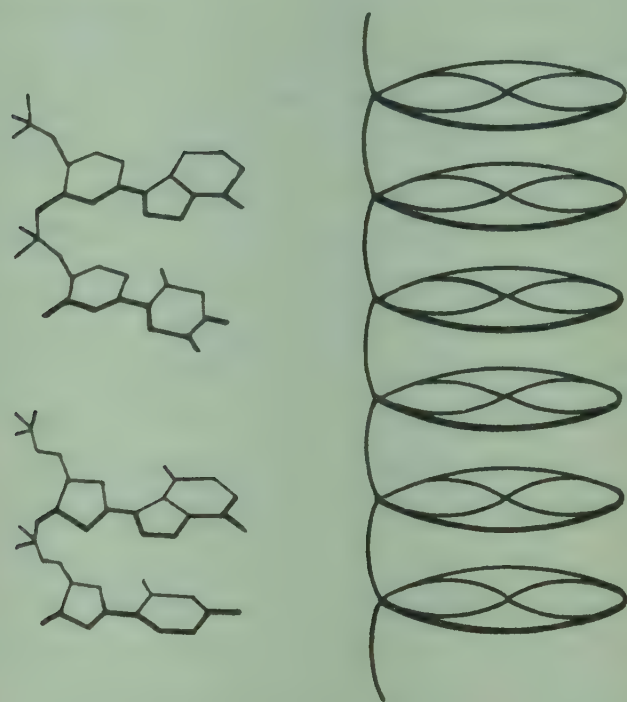


Fig. 3—Diagrammatic representation (right) of the column of nucleotides (left) constituting the unit of deoxyribonucleic acid. Each nucleotide is 3.3 Å from the next.

molecules, such as the proteins, working models can readily be built, to the same scale, out of 'Perspex'. The dimensions of such a model are furnished by the three principal repeating distances (10 Å, 7 Å and 4.5 Å), each at right angles to the others, the polypeptide backbone being represented by the perspex, and the side-chains by pins. Such a model should be capable of folding and unfolding.

A useful picture (Fig. 3) of the arrangement of the atoms in nucleic acid has been made by Astbury and Bell (1938) and was discussed further by Astbury (1947).

Knowledge of the structure of complex cell-components such as these has led to working hypotheses of the arrangement of atoms in other important cell-components. Of these we may instance the attempted construction of the active patch on succinic dehydrogenase (Chapter III, formula VI) and the ideas of Davson and Danielli (1943) on the nature of the cell-membrane. The cell-membrane

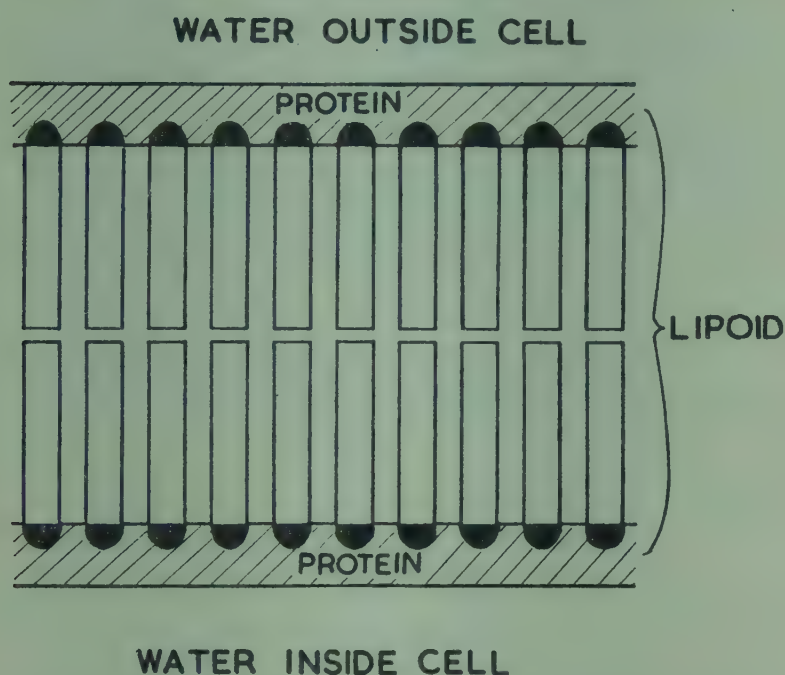


Fig. 4—Diagrammatic representation of cell-membrane, after Davson and Danielli (1943).

of special interest in drug studies because of its highly selective permeability. Much that is known about its structure and function can be turned to practical account. The majority of cell-membranes, but not all, behave as though they were a layer of lipoids, two molecules thick with a monomolecular protein layer on either side (as shown in Fig. 4). Organic ions penetrate rather poorly unless provided with lipophilic groups. On the other hand, neutral molecules with fewer than 12 carbon atoms penetrate well. However, every additional water-attracting group (in excess of one) slows penetration, so that most

cells are only very slowly permeable to glycerol and no cells are permeable to sugars by simple diffusion. Sugars require an energy-consuming mechanism to pump them into the cell (cf. also glutamic acid in Chapter VII).

Another important current trend in chemotherapy is the attempt to place clinical research on a more scientific basis. Too often it has been found that a series of potential drugs which have been graded into one order, by virtue of tests on laboratory animals, have had to be placed in a quite different order when tested on a statistically significant number of patients under conditions as rigorously controlled as in the laboratory. Volunteers for studies of this kind are not always available, and the most has to be made of the material presented by hospital wards. But the valuable results obtained by Fairley and his co-workers from 1,000 healthy men, voluntarily infected with malaria, show what can be done under ideal conditions (Fairley, 1946).

CHAPTER SEVEN

SOME SPECIAL ASPECTS OF CHEMOTHERAPY. SULPHONAMIDES, PENICILLIN, DRUG-RESIS- TANCE, THERAPEUTIC INTERFERENCE, AD- SORPTION

IN the last chapter we traced the discovery of the underlying principles of chemotherapy. Before leaving this subject, the opportunity will be taken of dealing with certain sections of it which deserve more detailed treatment than they have so far been accorded.

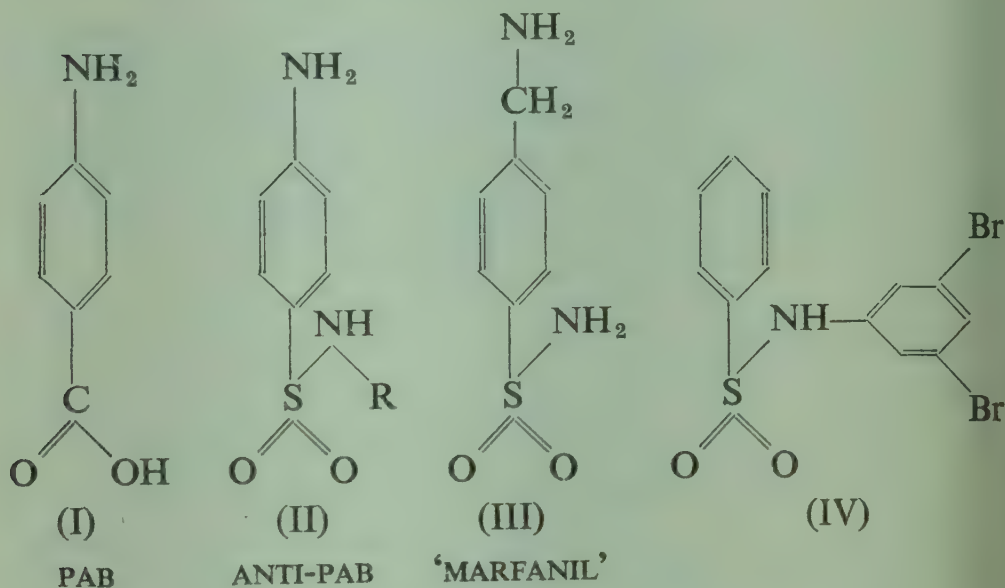
i) *Sulphonamides*

We cannot begin to discuss sulphonamides without at once running into a difficulty of nomenclature because there are at least three distinct classes of antibacterial substances having a sulphonamido-group as a substituent in the molecule. In every-day speech, 'the sulphonamides' comprise that series of useful drugs which work by competing with *p*-aminobenzoic acid (I). Common examples of this group are sulphanilamide, sulphadiazine, sulphathiazole, sulphapyridine and sulphaguanidine, and they are represented by formula (II).

Another class of sulphonamide is represented by 'maranil' (III) which has a strongly ionized basic group thanks to the non-conducting paraffinic group ($-\text{CH}_2-$) which separates the amino-group ($-\text{NH}_2$) from the base-weakening electronic field of the nucleus. In this it differs from the first class of sulphonamides, all members of which have amino-groups incapable of ionizing at pH 7. 'Maranil' has only a paper resemblance to sulphanilamide (II, $\text{R}=\text{H}$) and is not antagonized by *p*-aminobenzoic acid. It apparently acts simply as a kationic antibacterial and, as would be expected, is antagonized by hydrogen ions.

Compared with the heteroaromatic kationic antibacterials, described in Chapter IV, its action is feeble.

The third class of sulphonamides, represented by formula (IV), lacks the *p*-amino group typical of the first class, but has as its R-group a nucleus with strongly electron-attracting substituents. Members of this class are not antagonized by *p*-aminobenzoic acid (Goetchius and

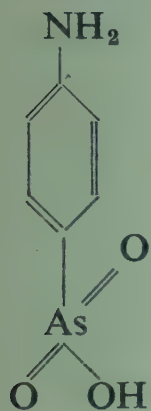


Lawrence, 1945; Schmidt and Sesler, 1946). No pK_a values for them have been recorded, but they appear to be well-ionized acids and may turn out to be functioning as simple anionic antibacterials, like dodecane sulphonic acid, in which case they will be antagonized by hydroxyl ions (cf. Chapter IV). No member of this class has been found sufficiently active to be given a place in clinical medicine. If an amino-group is inserted in the same position as in sulphanilamide, substances are obtained whose action is partly antagonized by *p*-aminobenzoic acid.

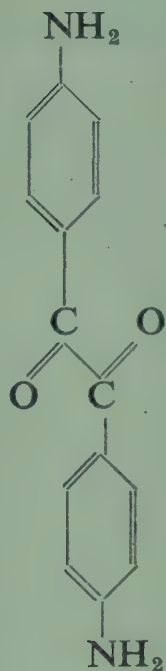
Obviously a special name is required for those sulphonamides which compete with *p*-aminobenzoic acid (PAB). To coin new names unnecessarily is undesirable, but here the need is acute. I suggest that these substances be called

ti-pabs. This name is not musical to the ear, but it is explanatory. Let us use it until someone suggests something better.

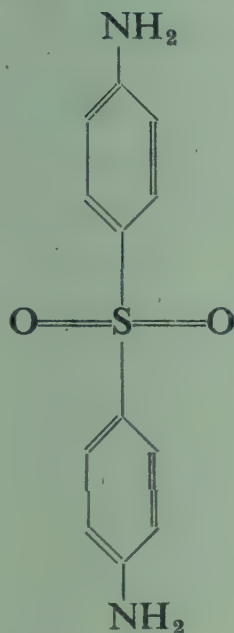
All anti-pabs, be it noted, are not sulphonamides and none of them do not contain any sulphur at all. All that is needed is that the molecules of these metabolite analogues should have a sufficient (but not too great) degree of



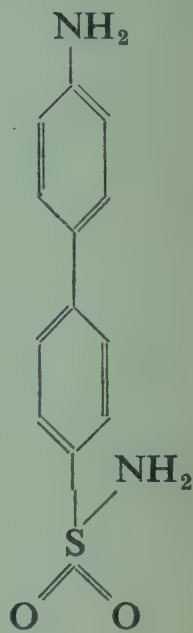
(V)



(VI)



(VII)



(VIII)

resemblance to the molecule of *p*-aminobenzoic acid. The insertion of a methyl-group into the 2- or 3-positions of PAB gives intermediate types which have neither pab nor anti-pab activity. However, the insertion of a chlorine atom into either the 2- or 3-positions of PAB makes an active anti-pab (Wyss, Rubin and Strandskov, 1943).

p-Aminobenzenearsonic acid ('atoxyl' V) is another anti-pab. In general, arsonic acids are not antibacterial (Albert, Falk and Rubbo, 1944), but this substance forms an exception. The reason is that it is the only phenical which resembles *p*-aminobenzoic acid sufficiently well to be able to compete with it (Hirsch, 1942). Another

sulphur-free anti-pab is diaminobenzil (VI). This substance is several times more active than sulphanilamide but slightly inferior to sulphathiazole (Kuhn, Möller and Wendt, 1943). Even the sulphur-containing anti-pabs need not have a sulphonamide group, as *p:p'*-diaminodiphenyl sulphone (VII) shows. This sulphone is many times more active than sulphanilamide,* but is correspondingly more toxic unless the amino-groups are blocked in such a way that the drug is slowly liberated through hydrolysis.†

What features are required in a molecule for it to have an anti-pab action? Firstly, it is essential that it should have a primary aromatic amino-group. This must not be substituted in any way, unless by a group which will readily break down in the body and liberate the primary amino-group. An azo- or anil-linkage can be depended on to break in this way (as in 'prontosil' and 'soluseptasine'), but acyl- and alkyl-groups will not do so. Hence *p*-methylaminobenzene-sulphonamide, the secondary amine corresponding to sulphanilamide, has no antibacterial action, even *in vivo*. Secondly, an electronegatively charged group is required, placed *para* to the amino-group, and at the same distance as in *p*-aminobenzoic acid. The electronegativity is usually supplied by an electron-attracting non-ionized group such as C=O or S=O. One interpretation that can be put upon Bell and Roblin's curve (Chapter IV, Fig. 14) is that the electronegativity is better supplied by an anion, although such a group is electron-repelling.‡ However, the fact that those of Bell and Roblin's compounds which were 50 per cent ionized at pH 7 were most active may mean simply this: the

* e.g. 16 times as active against pneumococcal infections of mice (Litchfield, White and Marshall, 1940).

† 'Promin', 'Diasone' and 'Sulphetrone' are as (VII) but with the amino-group loosely blocked in various ways, with this end in view.

‡ The negative charge due to an electron-attracting group is quite small, although it can be increased somewhat by the presence of electron-repelling groups in the same molecule. A molecule with a fractional charge of this kind could be held by a receptor bearing a positive ionic charge, but not by one having only a fractional positive charge. On the other hand, the negative charge due to an anion is large, but invariable in its size. A molecule with an ionic charge could be held even by a receptor with a fractional positive charge.

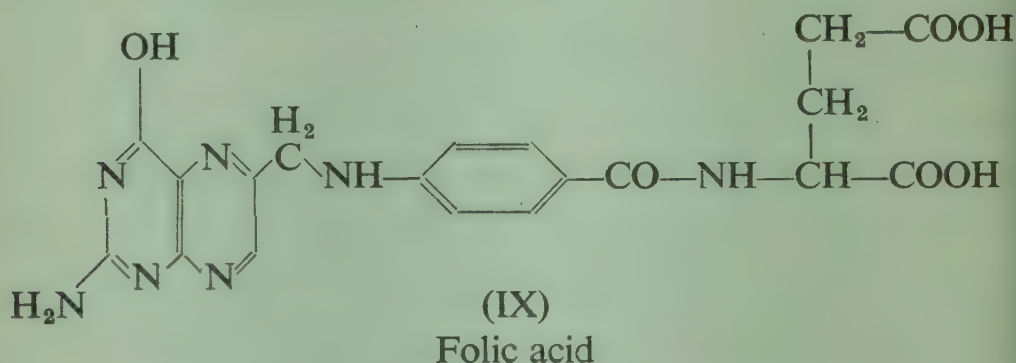
electronic distribution in the molecule which favours the formation of anions, also increases the size of the fractional negative charge on the non-ionized molecules simultaneously present. This explanation allows of the non-ionized molecules being the active form of *all* anti-pab substances. In the original paper by Bell and Roblin (1942) both possibilities were canvassed, but in more recent studies, the latter explanation has been favoured (Roblin, 1946). The necessity for keeping the distances between the amino- and the electronegative-groups similar to that obtaining in *p*-aminobenzoic acid is illustrated by 4-amino-4'-sulphonamido-diphenyl (VIII), which has no anti-pab effect (Kumler and Halverstadt, 1941*).

Sevag (1946) attempted to show that the antagonism between anti-pab drugs and PAB was a case of competition between two entirely artificial substances similar to that between morphine and allylnormorphine (Chapter III). Sevag argued at some length that PAB was not a normal constituent of *pathogenic* organisms, but this, together with other ingenious but ill-founded objections, have been amply answered in the light of new knowledge by Woods (1947, cf. Work and Work, 1948).

The discovery, in 1946, that *p*-aminobenzoic acid forms part of the molecule of folic acid (IX) opened up new approaches to the study of the action of anti-pab drugs. With some bacteria, e.g. *Strept. faecalis* Ralston and *actobacillus arabinosus* (known on the Continent as *Strept. plantarum*) there is evidence to suggest that all of the *p*-aminobenzoic acid is used (perhaps rather inefficiently) to make folic acid. In Table 1, for example, it can be seen that there is an exact proportionality between

* Fox and Rose (1942) and Schmelkes *et al.* (1942) held that the biological activity was the exclusive property of sulphonamide *anions*, which is palpably true (cf. sulphaguanidine which forms no anions). Bell and Roblin (1942) thought the distances between the oxygens in the anions of PAB and the sulphonamides were practically identical and that this was relevant, but Kumler and Daniels (1943) showed that there was a substantial difference. The latter authors stated that biological activity in sulphonamides runs parallel to the flattening effect on the molecules produced by increasing dipole moments as the substituents were varied. This notion was disproved by Bell and Roblin (1944).

the amount of sulphadiazine required to inhibit the former organism and the amount of *p*-aminobenzoic acid required to reverse this inhibition. On the contrary, the amount of folic acid required for reversal is constant, regardless of the amount of sulphadiazine used. This indicates that the sulphadiazine interferes with the synthesis of folic acid from *p*-aminobenzoic acid, but does not interfere with the utilization of folic acid itself. Thus, the addition of folic acid can sidestep the competition. Similarly, *L. arabinosus* (which requires an external source of PAB) is inhibited by sulphonamides and this inhibition is reversed competitively by PAB and non-competitively by folic acid. The amount of folic acid* produced by this organism is ordinarily proportional to the amount of PAB in the medium. However, if sulphanilamide is also present, it is reduced in proportion to the amount used, over a 10,000-fold range of sulphanilamide concentrations (Nimmo-Smith and Woods, 1948; Nimmo-Smith, Lascelles and Woods, 1948). The production of folic acid is inhibited in *B. coli*, also, by sulphanilamide (Miller, 1944).



It will be observed in Table 1 that thymine (X), which is a pyrimidine occurring in nucleic acid, can also antagonize the action of sulphadiazine on the streptococcus and that it does this somewhat non-competitively. It is not surprising that so large an amount is needed, because thymine is not a catalyst (like PAB and folic acid) but a

* Measured by disintegration of the bacteria, and titration of the homogenized culture against *L. casei* which responds to folic acid but not to PAB.

TABLE 1
TYPES OF INHIBITION

<i>Substance</i>	<i>Amount needed for 50% antagonism of effect of Sulphadiazine on Strept. faecalis Ralston</i>				
	1	10	100	1000	
SULPHADIAZINE					
<i>p</i> -Aminobenzoic acid	0.003	0.03	0.3	3.0	
Pteroylglutamic acid (Folic acid)	0.0003	0.0003	—	0.0003	
Thymine	0.06	0.25	0.25	0.25	

All values are $\mu\text{g. per ml.}$

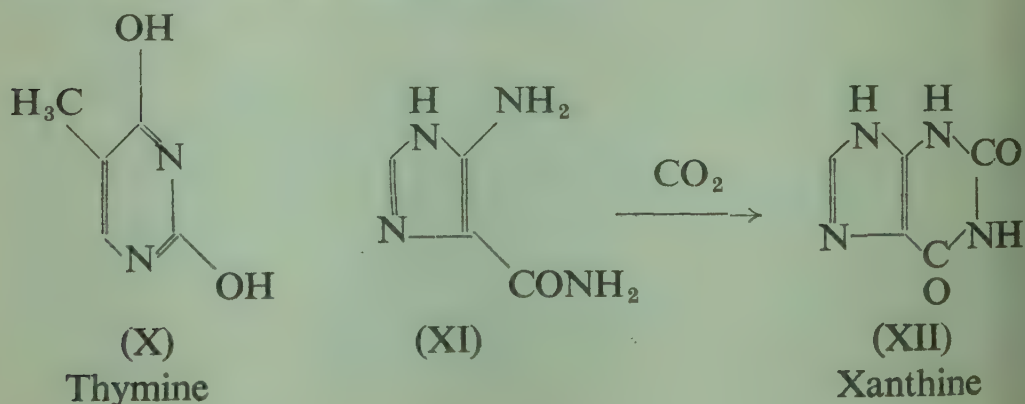
Lampen and Jones (1946).

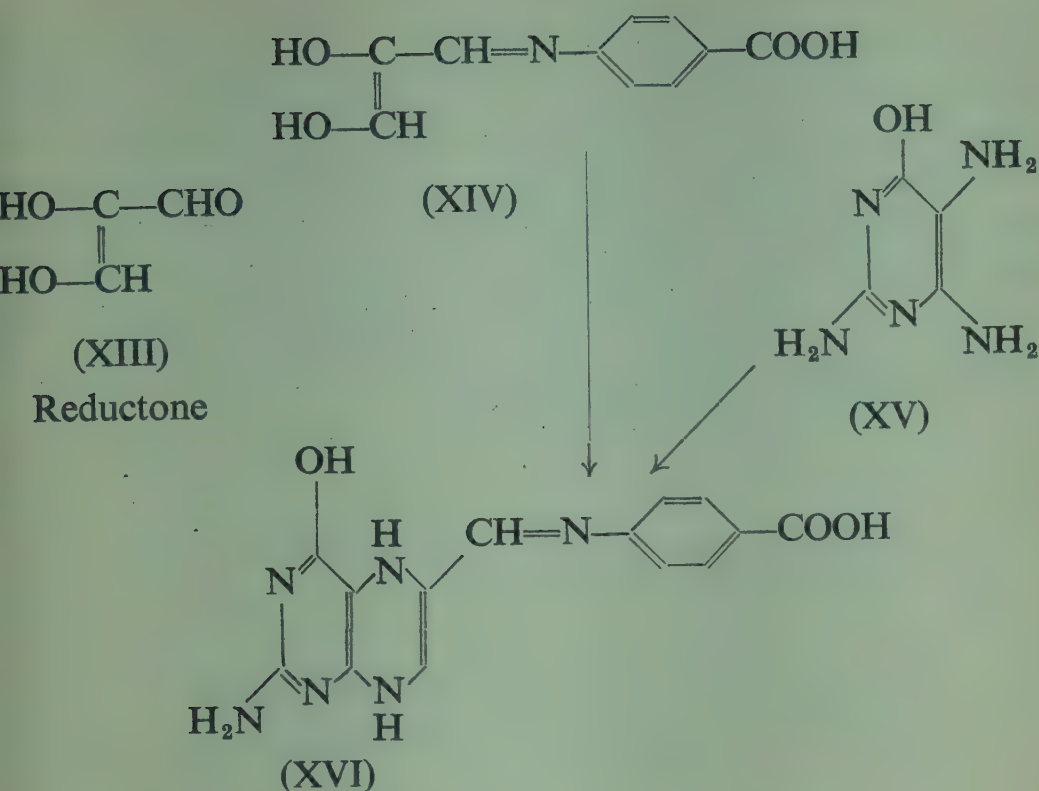
cell-constituent, the demand for which will increase as the cell continues to grow.

With other species, similar non-competitive antagonisms by purines have been observed, and it is believed that one of the principal functions of folic acid may be to act as a co-enzyme in the synthesis of various purines and pyrimidines required for nucleic acids (Stokes, 1944; Lampen and Jones, 1947).

The action of anti-pab drugs on some bacteria is not reversed by folic acid, e.g. in the mutant strain of *B. coli* requiring PAB for growth. Either these organisms are impermeable to folic acid, or they use PAB to make other important substances besides folic acid. In some organisms very small concentrations of anti-pab drugs can be reversed by methionine. 2-Chloro-4-aminobenzoic acid quite specifically antagonizes that part of anti-pab action which is reversed by this amino-acid. From kinetic studies on *B. coli*, Shive and Roberts (1946) conclude that PAB is concerned in the synthesis of methionine through some other pathway than the intervention of folic acid.

Concerning the synthesis of purines by folic acid, it is interesting to note that 4-aminoiminazole-5-carboxamide (XI) accumulates in culture media where organisms have been treated with insufficient sulphanilamide to inhibit them (Stetten and Fox, 1945; Shive *et al.*, 1947). This substance, on paper, requires only carbon dioxide to become xanthine (XII), a purine which is readily convertible in the cell to other purines.



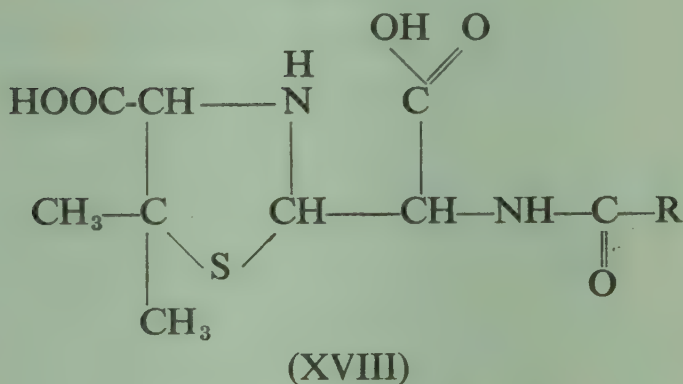
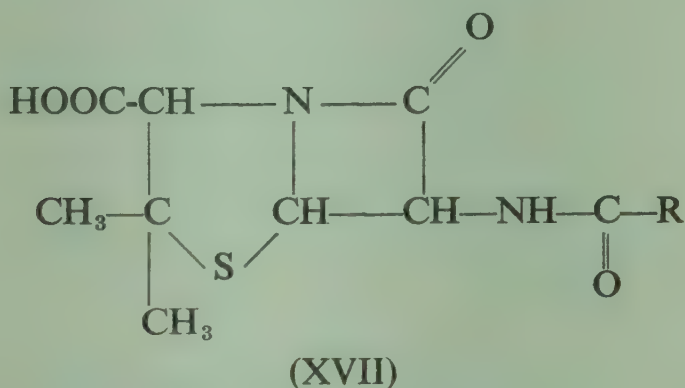


The first step by which PAB is converted to folic acid appears to be through union between PAB and the widely distributed aldehyde known as reductone (XIII) (Forrest and Walker, 1948). The resulting anil (XIV) has actually been isolated from the medium in which yeast was growing (Bell, Cocker and O'Meara, 1948). That reductone was somehow concerned in the action of anti-pab drugs was first suggested by O'Meara, McNally and Nelson (1944). Forrest and Walker (1948) have shown that the anil (XIV) readily unites with a simple pyrimidine (XV) to give pterioic acid (XVI, shown in a tautomeric form). Pterioic acid is folic acid (IX) minus the glutamic acid moiety. The pyrimidine (XV) has not yet been identified in nature.

(ii) *Penicillin*

Pencillin is a generic name for a series of closely related substances (XVII) produced by strains of the mould *Penicillium notatum*. Penicillin K is distinguished by a comparatively poor therapeutic action (Tompsett, Shultz

and McDermott, 1947). This defect has been traced by Davis and Dubos (1947) to the heptyl side-chain which would give it, alone of the penicillins, a strong tendency to enter the lipophilic interiors of molecules of albumin in the blood-stream. In penicillins F and G, the side-chains are, respectively, too short and too bulky for loss of activity to occur in this way. Manufacturers try to keep their products free from penicillin K. Most of the crystalline penicillin sold is the G type.



Penicilloic acids

Penicillin G (R=benzyl)

Penicillin F (R= Δ^2 -pentenyl)

Penicillin K (R=heptyl)

The penicillins are all readily hydrolysed to the corresponding penicilloic acids (XVIII) by alkali, cupric ions or the specific enzyme penicillinase. Penicilloic acid is not antibacterial and no way is known of reversing the hydrolysis.

Gale has shown that the antibacterial properties of penicillin run parallel to the ability of this drug to prevent the passage of amino-acids into the bacterial cell from the outside environment. With the apparently sole exception of lysine, amino-acids do not diffuse freely through the cell-membranes of those organisms most susceptible to penicillin (the majority of these organisms are Gram-positive). It is known that glutamic acid, for example, is pumped in by an energy-consuming process. Penicillin halts this inverse-secretion of amino-acids, although the utilization of glutamic acid within the cell remains unaffected so long as the internal supply lasts. It will be seen from Fig. 1 that, soon after the addition of a little penicillin to a growing culture of *Staph. aureus*, the accumulation of glutamic acid is halted. Coincidentally, growth ceases (Gale and Taylor, 1947).

Gale was able to discover a great deal more about this phenomenon by making use of drug-resistance techniques. When staphylococci were grown in the presence of increasing amounts of penicillin, in the course of many generations, all the bacteria were killed except some natural mutants which were insensitive to penicillin and hence became selected for survival. Some of these mutants were found to tolerate 600,000 times as much penicillin as the normal strain. Such mutants were found to have the ability to synthesize their own requirements of amino-acids from ammonia and glucose so that they were in no way incommoded by the blocking action of penicillin on amino-acid uptake. Throughout this process of adaptation, the penicillin resistance of the organism developed in proportion as the ability to synthesize amino-acids was acquired. Moreover, the concentration of penicillin required to inhibit assimilation at any stage was always the same as that required to inhibit growth (Gale and Rodwell, 1949).

In another series of experiments, staphylococci were trained to do without the majority of the fifteen amino-acids that they normally require from their medium. This was

done by Gladstone's technique of culturing the bacteria in ammonia-glucose solutions which became progressively poorer in amino-acids until only cysteine and histidine had to be supplied externally. At this stage, it was found that

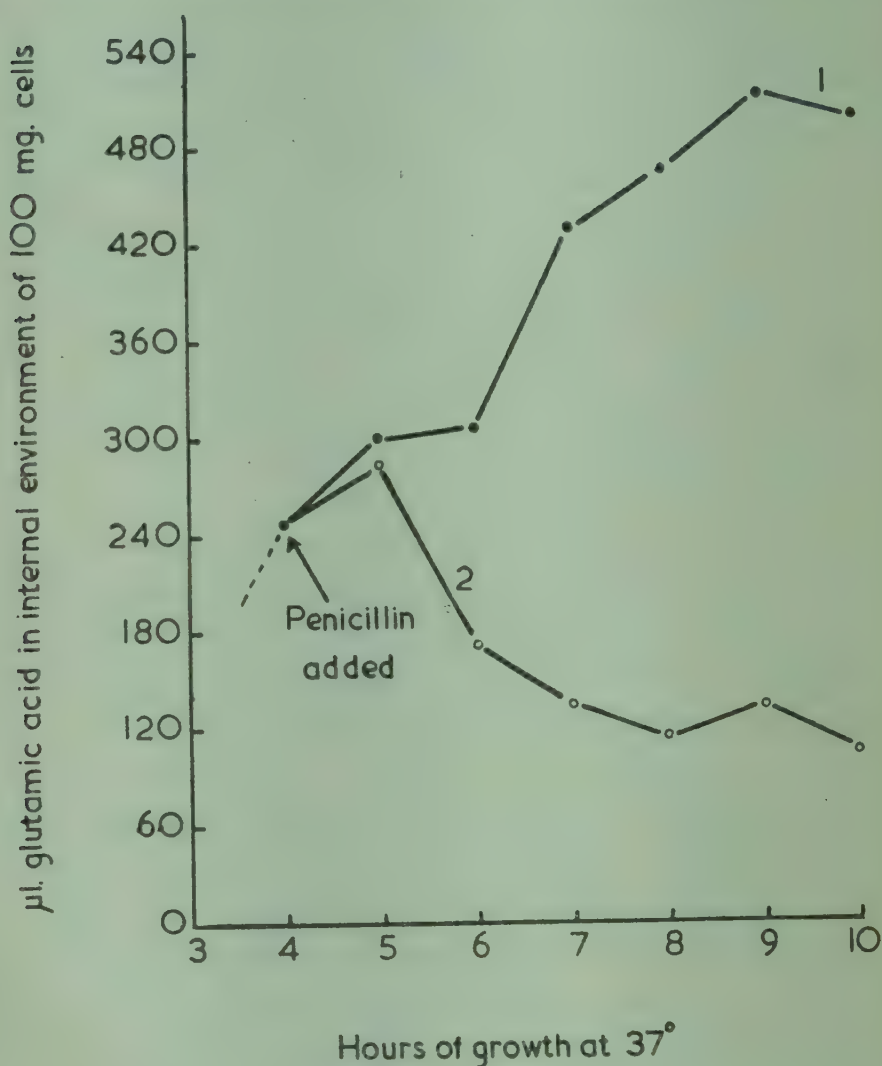


Fig. 1—Effect of penicillin (0.002 mg. per mil) on the accumulation of glutamic acid by growing cells of *Staph. aureus*. Curve 1: no penicillin; curve 2: penicillin added after 3½ hours. Medium: casein digest, glucose and Marmite (Gale and Taylor, 1947).

the mutants selected by this process were 5,000 times as resistant to penicillin as the original strain, although they had never previously been in contact with penicillin (Gale and Rodwell, 1949).

Against this coherent mass of reasoning stands the fact that *B. subtilis*, a Gram-positive organism, remains very sensitive to penicillin even when grown in a medium in which the sole source of nitrogen is furnished by ammonium salts (Hunter and Baker, 1949; Grelet, 1949).

Gram-negative rods, which are not very sensitive to penicillin, normally synthesize their requirements of amino-acids. However, a mutant of *Salmonella typhimurium* which required an external source of cysteine, was several times more sensitive to penicillin than the normal strain (Plough and Grimm, 1949).

It is not yet known how penicillin blocks the amino-acid assimilating system. The prevention of the uptake of amino-acids may be only the end-result of a more fundamental reaction inhibited by penicillin. It is known that the uptake of penicillin by the cell can be prevented by prior treatment with acetic anhydride (Rowley *et al.*, 1950). Now, the formula of penicillin (XVII) suggests that it might act as a powerful, if rather specific, acylating agent. It is known to combine with hydroxylamine and also with a number of 1:2-aminothiols,* by acylation, its hydrolysis to penicilloic acid being the corresponding acylation of water. Rinderknecht (1946) has suggested that it may combine with a cysteine side-chain of some special protein. However that may be, it is known that penicillin inhibits the enzyme responsible for the hydrolysis and resynthesis of mononucleotides (Macheboeuf, 1948; Mitchell, 1949), a process believed to be concerned with energized uptake. Moreover, nucleic acid is said to end the inhibition induced by penicillin in *Staph. aureus* even when added three hours later (Pandalai and George, 1947; Faguet, 1948). Conversely, penicillin causes this organism to shed ribose-nucleic acid (Pratt and Dufrenoy, 1949).

Whatever the chemical process may prove to be, there is no doubt it is very specific. Studies with radio-active

* High concentrations of such substances can inhibit the antibacterial effect of penicillin, but this probably has no biological significance.

penicillin (using S^{35}) have shown that as little as 10 molecules of penicillin per cell (*Staph. aureus*) are strongly inhibitory (Rowley, Cooper, Roberts, and Lester-Smith, 1950). The penicillin was found to be very firmly held by the cells, but a similar experiment showed that 740 additional molecules per cell are loosely bound (Maass and Johnson, 1949). Resistant strains, even when not penicillinase producers, do not take up this radio-active penicillin.

It has been shown that chloramphenicol (chloromycetin) and aureomycin inhibit protein synthesis in bacteria when present in bacteriostatic concentrations (Gale and Paine, 1950). Streptomycin has no such effect.

(iii) *Drug resistance*

In Chapter VI we have already discussed Ehrlich's three classes of trypanocidal substances, as defined by drug-resistance studies. These were the azo-benzenes, the triphenylmethanes and the arsenicals. Organisms made resistant to a member of any one class, automatically became resistant to any other member of that class, but not to members of other classes. The arsenical class, however, is now known not to be homogenous, but to consist of three sub-classes. The first of these is typified by (XIX) and is distinguished by the presence of water-attracting substituents (e.g. $-\text{OH}$ or $-\text{NH}_2$) such as do not ionize as anions. Nearly all the arsenical drugs in common use belong to this sub-class because members of it are distinguished often by a favourable therapeutic index. It has also been found that the highly kationic acridine known as trypaflavine or euflavine (XXII) belongs to this sub-class because trypanosomes made resistant to it are automatically resistant to arsenicals of type (XIX).

The second sub-class of arsenicals (XX) is distinguished by having substituents which lack strong hydrophilic properties (e.g. $-\text{CH}_3$ and $-\text{NO}_2$). Trypanosomes which are resistant to the other two sub-classes of arsenicals are

all susceptible to this. However, this sub-class holds no therapeutic interest, as the toxicity to mammals is as high as the toxicity to the parasites.

The third sub-class (XXI) is distinguished by substituents which are ionized as anions at pH 7, such as the carboxylic acid groups. Such substances are usually innocuous to the host, but also to the parasite. However, one example, *p*-arsenosophenyl-butyric acid has been found potent enough for clinical use and has proved valuable in cases of resistance to members of the first sub-class.

In these three sub-classes of arsenicals, the state of oxidation of the arsenic is of no consequence. These facts, taken in conjunction with the fact that no resistance to arsenious acid has ever been achieved, although sedulously sought, show quite plainly that the non-arsenical part of the molecule is responsible for the uptake of the drug by the parasite, although it is known that the arsenoxide group is responsible for the eventual toxic action of the drug (see Chapter III). Hence there are at least three distinct mechanisms for the uptake of aromatic arsenicals, and these would seem to be mutually exclusive (King and Rangeways, 1942). Thus we see how a study of drug-resistance phenomena can contribute to knowledge of the mode of action of drugs.



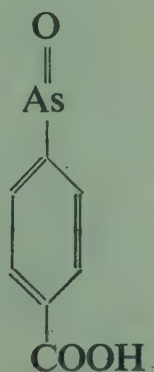
(XIX)

(—OH, —As : O, —CONH₂ or SO₂NH₂ may replace —NH₂)



(XX)

(H—, NO₂— or —OCH₃ may replace —CH₃)



(XXI)

(—SO₃H may replace —COOH)

As far as is known, resistance in trypanosomes always takes the same form: the parasite so modifies the chemistry of its surface that the drug is no longer taken up but remains behind in the medium. On the other hand, a susceptible trypanosome can accumulate in its interior a 500 times greater concentration of arsenic than exists in the external medium (Eagle, 1945). Some organisms, such as the spirochaete of syphilis, do not seem to be capable of evolving an arsenical resistance. Many bacteria create resistance to drugs in other ways than by limiting uptake.

One way in which bacteria can become resistant is by secreting a destructive enzyme. Although *Staph. aureus* becomes resistant to penicillin in the test-tube by achieving independence of the environment as a source of amino-acids (see above), the commonest strain of penicillin-resistant organisms isolated from patients manages to survive by secreting penicillinase which hydrolyses the drug to inert penicilloic acid (cf. Barber, 1947). The two penicillin-resistant strains of staphylococci are serologically distinct.

Evidence is accumulating that staphylococci can destroy certain aminoacridines by oxidizing them, e.g. with a peroxidase (Selbie, Albert and Simon, unpublished). Anti-bacterial acridines can be divided into two classes: (i) those which resist oxidation by light and air and also by iron-catalysed hydrogen peroxide and (ii) those that are susceptible to these oxidizing agents (which apparently operate by making free hydroxy-radicals). Class (i) consists mainly of 5-aminoacridine and its derivatives, and no resistance to members of this class can be induced. Class (ii) consists mainly of derivatives of 2-aminoacridine and it is to members of this class that the bacteria become resistant.

Another type of resistance in bacteria takes the form of secreting an excessive amount of the substance to which the drug is a metabolite-antagonist. Several workers, for instance, have shown that staphylococci, pneumococci and

gonococci become resistant to the usual concentrations of sulphonamide drugs by secreting extra quantities of *p*-aminobenzoic acid (cf. Landy and Gerstung, 1944; Landy *et al.*, 1943). The *p*-aminobenzoic acid produced in this way has now actually been isolated chromatographically (Lemberg, private communication). On the other hand, *B. coli* can be trained to resist low concentrations of sulphathiazole without producing *p*-aminobenzoic acid, although, when trained to resist higher concentrations, extra *p*-aminobenzoic acid is actually produced (Lemberg *et al.*, 1948). The existence of two distinct resistance mechanisms are thus revealed just as with *Staph. aureus* and penicillin.

All the above forms of resistance are most likely to be explained by the survival of mutant strains which are naturally resistant but which form only a minute part of the original inoculum. The death of the susceptible organisms provides the opportunity for these mutants to proliferate and to mutate further. Demerec (1945) has shown how penicillin-resisting mutants could arise in this way.

If the concentration of a drug is increased, there is a chance that a mutant will be present that can resist the adverse metabolic effects of this new concentration, but the likelihood of this happening time after time is very slender. However, one or two cases have come to light where a drug seems to be able directly to accelerate the rate of mutation.

Quite a different resistance mechanism has been discovered by Hinshelwood (1946) in studying the effect of proflavine on the Gram-negative rod, *B. lactis aerogenes*. This is a process of continuous variation in which the organism becomes adapted to growing in precisely that concentration of antibacterial to which it has been trained. As with other forms of drug resistance, this effect is transmitted to all succeeding generations. An example is given in Fig. 2.

Hinshelwood considers that the bacterial cell has two

distinct sets of enzymes, one for growth and one for division, a hypothesis which is agreeable to many biologists. He next assumes that the substances which cause adaptation act by blocking the enzyme(s) responsible for division.

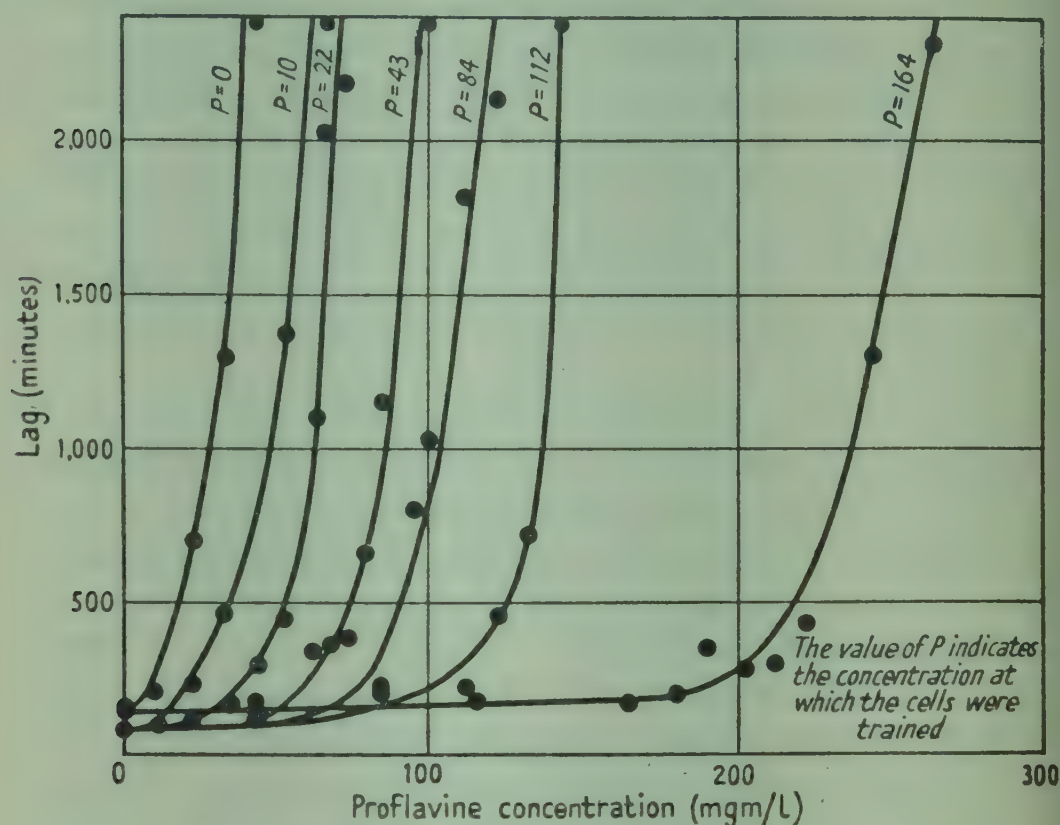


Fig. 2—Family of curves showing that *B. lactis aerogenes* can grow in any concentration of profavine to which it has been previously trained, but not in any stronger concentration (Hinshelwood, 1946).

The organism, unable to divide, goes on growing and increases in size while at the same time continuing to produce growth and division enzymes in the old proportions. As soon as it has produced more of the division enzyme than there is drug to block, division takes place. The two halves of the organism are each longer than is usual, and when they grow and the time comes for them to divide, they will each have a greater quantity of division enzyme than the drug can block, provided the former concentration of the drug is not exceeded.

Studies of this kind have been carried out with various acridines, with methylene blue, crystal violet and various sulphonamides. Hinshelwood agrees that mutation can play a leading part in the resistance phenomena of other drugs and other organisms, but argues that even in such cases selection could not show the graded response which is often obtained, hence the type of adaptation illustrated in Fig. 2 may often be superimposed upon a lower degree of resistance due to mutation.

(iv) *Therapeutic interference*

The name *therapeutic interference* was coined by Browning and Gulbransen (1922) to describe the following phenomenon which they discovered. Mice suffering from trypanosomiasis could not be cured by injecting the usual dose of euflavine (XXII) if they had previously been fed on parafochsin (XXIII). Actually, there was a complicating factor in this experiment, because parafochsin is itself slightly trypanocidal; however, this difficulty was overcome by using a sufficiently small dose. A typical experiment of this kind is shown in Table 2. It should be noted that organisms cannot pass the interference effect on to the next generation, a point of distinction from drug-resistance phenomena.

TABLE 2

THERAPEUTIC INTERFERENCE—INJECTIONS INTO TRYPANOSOME-INFECTED MICE

<i>Parafochsin</i>	<i>Euflavine</i>	<i>Result</i>
Nil	Nil	Died 5th to 7th day (parasites +++)
0.05	Nil	Died 5th to 7th day (parasites +++)
0.25	Nil	Died 5th to 7th day (parasites +++)
Nil	0.5	Cured on 3rd day
0.05	0.5	Died 6th to 7th day (parasites +++)
0.25	0.5	Died 7th day (parasites +++)

Schnitzer (1926).

It can be seen from this table that 1 part of parafochsin can prevent 10 parts of euflavine from acting. Interference between these two substances has also been demonstrated *in vitro*, the parafochsin preventing the euflavine from killing the organism (v. Jancsó, 1931). The same antagonism has also been demonstrated respirometrically with yeast (Wright and Hirschfelder, 1930) and with trypanosomes (Scheff and Hasskó, 1936). A typical example is shown in Table 3. It is interesting to notice that both substances separately depress glucose consumption, but that a mixture of both substances has no such effect.

TABLE 3

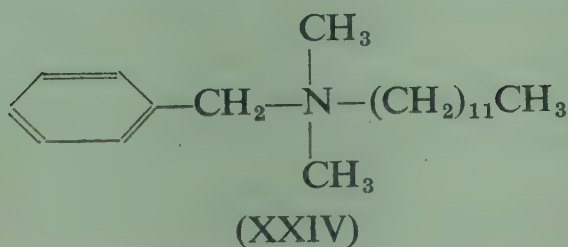
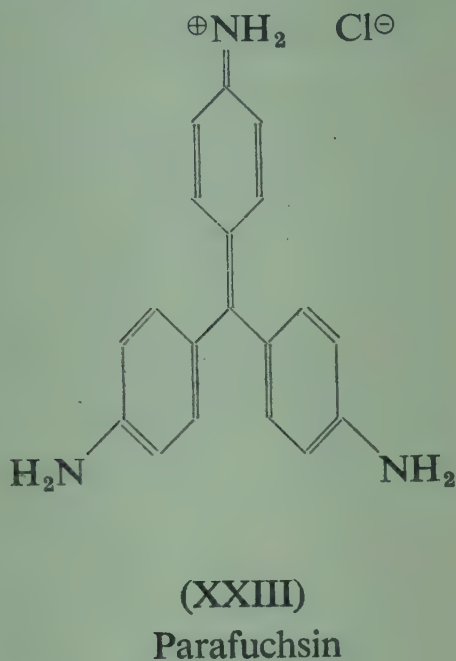
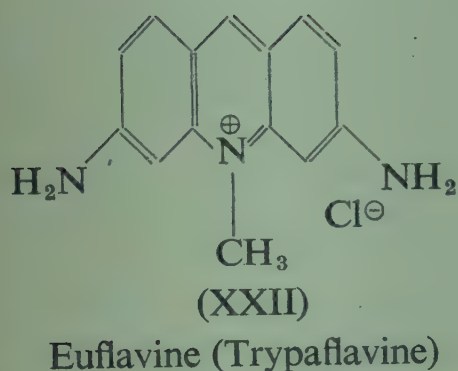
PARAFUCHSIN v. EUFLAVINE ON TRYPANOSOMES IN RAT-SERUM

<i>Rat previously injected with</i>	<i>Oxygen consumed per 10⁶ tryps. in 5½ hours cmm.</i>	<i>Glucose consumed per 10⁶ tryps. in 5½ hours µg.</i>
Control	30.0	20.0
Parafochsin (4.9 mg.)	23.0	11.6
Euflavine (6.5 mg.)	20.5	8.0
Parafochsin (5.6 mg.)	26.4	20.4
+ Euflavine (6.6 mg.)		

Scheff and Hasskó (1936).

The term therapeutic interference has been confined to cases where there is considerable chemical similarity between the two substances and hence no obvious likelihood of their reacting chemically with one another. They thus appear to form pairs, like the metabolites and their metabolite analogues discussed in Chapter III, the principal

difference being that in therapeutic interference, neither substance occurs naturally. A case of therapeutic interference in pharmacology has already been mentioned, viz. the interference by allylnormorphine with the action of morphine in dogs (Unna, 1943).



The explanation of such cases of therapeutic interference has generally been along these lines: the less biologically active substance has a greater affinity for a receptor on the cell than the more active substance has. Yet Hasskó (1935) carried out some colorimetric analyses which show that the affinity of trypanosomes for parafuchsin is very small compared with their affinity for euflavine.* As the

* It is just possible that the difficulties of working colorimetrically with these dyes was not realized, and hence the correct conditions for converting the colourless carbinols and ethyl ethers back to the coloured ions may not have been imposed (cf. Goldacre and Phillips, 1949).

adsorption of both substances would follow the mass action law, the above explanation must be incorrect.

Two alternative explanations have recently been put forward, tentatively (Albert, 1949). One hypothesis is that the parafuchsin and the euflavine are each adsorbed by a different kind of receptor and that both kinds of receptor occur close together. As parafuchsin is comparatively inert, it would appear that it becomes attached to a receptor that has no very vital part to play in the parasite's metabolism. The inference is that parafuchsin interferes with the action of acriflavine by sterically obstructing it from combining with a receptor that is vitally important to the parasite. There is yet little evidence to test this hypothesis.

The other hypothesis was suggested by some results which Valko and Dubois (1944) obtained when working with dodecyl trimethyl benzyl ammonium chloride (XXIV). They found that the bactericidal concentration of this substance had to be doubled if one-quarter of its weight of a higher homologue (hexadecyl trimethyl benzyl ammonium chloride) was added. It seems to the writer that this is a clear case of the formation of a mixed micelle.* If we may make the logical assumption that drugs act in their monomolecular form, then it follows that micelles, when present, will be in competition with the parasite's receptors for the monomolecular form and the final result will be as though less drug were present than had been weighed out. As an example of mixed micelle formation, the case of potassium myristate (C_{14}) may be considered. This substance develops micelles at one-quarter the concentration at which potassium laurate (C_{12}) does. As little as 15 per cent of potassium myristate halves the critical micelle concentration of potassium laurate (Klevens, 1948).

Hence it is suggested that when two interfering substances resemble one another chemically, they may be interfering

* A micelle is a type of polymer forming in concentrated solutions and reverting to monomer on dilution. The concentration at which the change-over occurs is called the critical micelle concentration. In a homologous series, the critical micelle concentration falls as the molecular weight rises.

through the formation of mixed micelles. As triphenylmethanes have lower critical micelle concentrations than acridines, this explanation may well apply to the case of (XXIII) interfering with (XXII). This hypothesis opens up an entirely new field in the interpretation of interference phenomenon because it implies that interaction between the two interfering substances occurs even in the absence of the parasite.

Quite a different type of interference phenomenon was discovered by v. Jancsó and v. Jancsó (1936). These workers found that in a set of twenty-two oxidation-reduction indicators, all the members with potentials between $+0.12$ V and -0.06 V can interfere with the therapeutic action of arsenicals and antimonials on trypanosome-infected rats. This effect reaches its maximum at $+0.01$ V, and methylene blue shows it very strongly. These authors' explanation was that the interfering substance carried out the hydrogen-transferring work of the enzyme which the arsenical was inhibiting. This is highly likely, because methylene blue has long been used by experimental biologists as a substitute for respiratory enzymes which have been poisoned by cyanides. It should be noted that ascorbic acid ($E_0 = +0.07$) similarly interferes with the action of arsenicals. Truly, the dangers of therapeutic interference lurk in every bottle of medicine, and it may be that many failures in therapy could be traced to this source.

v) *Adsorption*

In discussing therapeutic interference, the word 'adsorption' was used. Examples of adsorption have been discussed in all the chapters, although the name has been largely avoided hitherto. Adsorption is one of those words that many people use without having very clear ideas about what it means. However, now that we have so many examples on hand, a little more time might be devoted to discussing this subject.

Adsorption was not a well-understood phenomenon until Langmuir clarified the subject in two excellent papers (1916, 1917). We now realize that adsorption is a chemical reaction taking place at a surface. The reaction involves exactly the same types of bond as are concerned with chemical reaction in the bulk phase, whether covalent, ionic, hydrogen or van der Waals' bonds. It may be asked, then, why a special term is necessary to describe this ordinary phenomenon.

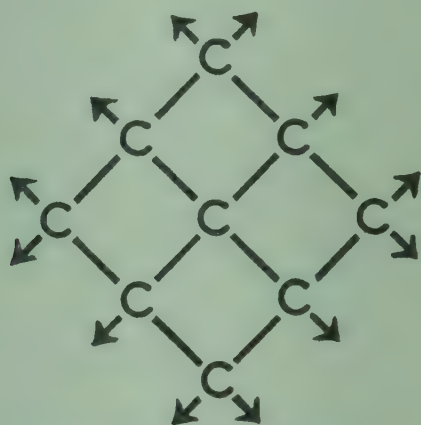


Fig. 3—Residual affinity of fragment of carbon.

A surface has two special features which can make reactions taking place there quantitatively different from analogous reactions taking place in solution. Firstly, a surface presents a 100 per cent concentration of the substance involved. As the substance is sparingly soluble (if it were not sparingly soluble, it would not be present as a surface), this concentration enormously increases the opportunities for the reaction taking place. For example, a crystal of silver chloride has a surface concentration of 7-normal, as anyone can verify from the molecular weight. On the other hand, a saturated solution of this substance contains practically no silver chloride at all.

The other special feature about a surface is that it is apt to contain unsatisfied valencies, which, elsewhere in the solid, are used to bind similar atoms or molecules together. This is evident from the representation of a piece of carbon

in Fig. 3. It is obvious that the finer the carbon is ground, the more residual valencies there will be, and the more active an adsorbent it will become.

Adsorption is usually a reversible process and equilibrium is established according to the mass action law. Langmuir derived an equation from this law to permit of a more accurate quantitative treatment of adsorption than had been possible hitherto. This 'isotherm' as it is called, is represented graphically as a hyperbola and denotes eventual saturation of the appropriate receptor groups on the surface.

All who are interested in selective toxicity are constantly brought up against adsorption phenomena. Even in an apparent solution like human serum, there are 100 square metres of protein surface in every cubic centimetre!

CHAPTER EIGHT

SELECTIVE TOXICITY IN RELATION TO PHARMACOLOGY

(i) *Pharmacology and chemotherapy compared*

Pharmacology is unique among the branches of selective toxicity in that both the economic and the uneconomic species are constituent cells of the one organism. Hence, difficult problems arise which have little or no counterpart in, say, chemotherapy.

In the first place, pharmacological results are usually required to be reversible. The patient who submits to an anaesthetic does not expect to be deprived of feeling for the rest of his life. In chemotherapy, on the other hand, the toxic action is most esteemed when it is most irreversible. Only in the eradication of cancer does the pharmacologist seek to incapacitate the uneconomic tissue permanently.

In the second place, pharmacological drugs are expected to supply a graded response. In proportion to the severity of a spasm or excessive secretion, so should various doses of the remedy exactly neutralize what is morbid without inflicting upon the patient a total loss of function. The reverse of the graded response, viz. the all-or-nothing effect, is undesirable in pharmacology but unobjectionable in chemotherapy.

In the third place, the pharmacologist, compared with the chemotherapist, has greater difficulty with his biological testing material. Usually he finds it harder to isolate in quantity and in a uniform condition. In exploring any branch of selective toxicity it is ideal to begin with the simplest system possible, viz. the selectively toxic agent*

* Moreover, care should be exercised that only one species of this is present: see Chapter IV.

and a uniform population of the cells on which it is to act. Once these fundamental relationships have been painstakingly explored, the natural complicating factors may be added gradually so as to enable the work eventually to be applied to some utilitarian end. Thus one may progress from a uniform population of effector cells to the tissue in which they occur, from these to the organ and eventually to the entire plant or animal.

However, the pharmacologist finds difficulty in studying his effector cells in isolation. For example, he may be studying the effect of curare on those few molecules which occur at one end of a muscle-cell just where the end of a nerve-cell comes within a minute distance of them. Naturally, it is not practicable to isolate these receptor-molecules, or even the whole neuromuscular junction; but the pharmacologist actually has not found it convenient to work with anything less than what he calls a 'nerve-muscle preparation', which contains many nerve-cells and muscle-cells in a far from uniform condition. However, as pharmacologists' test-objects go, this nerve-muscle preparation is remarkably free from foreign types of cells. A great deal of exploratory pharmacological work is done in perfused organs and even on the intact animal.

In passing, mention should be made of one branch of pharmacology which can hardly be classed as selective toxicity. This is replacement therapy, in which medicinal use is made of a normal bodily constituent which is temporarily or permanently absent, e.g. a vitamin, a hormone or an inorganic ion.

One often hears it said that a good chemotherapeutic agent should have no pharmacology, meaning that it should have no unpleasant side-effects on the host, and penicillin is quoted as the only known example of this ideal state. However, this definition is faulty: many pharmacological properties can be helpful, such as those which send the drug to the site of action. If penicillin could get into the red cells of the blood, it might well cure malaria.

(ii) *The value of measurement*

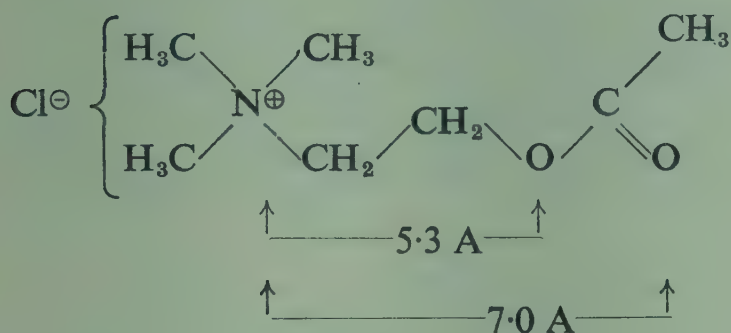
The late A. J. Clark, perhaps more than any other person, brought to pharmacology an appreciation of the help that the physical sciences could give. Clark taught the importance of exact measurement in pharmacology, the need for standardization of technique and the use of statistics in interpreting results. Above all, he urged workers to visualize the action of drugs in terms of the relative shapes and sizes of molecules and cells.

The importance of these size relationships in chemotherapy has already been mentioned and a suitable mnemonic diagram forms the frontispiece to this book. It is expected that the reader will now have memorized these dimensions and is ready to learn a few more. A molecule of protein, if fully unfolded, would be about 8 m μ long and a muscle-cell about 60 μ in length. Let us look at these figures in another way. If we make a Hirschfeld model of some common pharmacological drug (the scale of these models is 0.1 m μ to 1 cm.), the molecule of the drug will seem to be about 2 inches long, a molecule of muscle protein 10 yards long, and a muscle-cell 3½ mile long by 200 yards wide (cf. Clark, 1933). These size relationships give us some idea of the small probability of a drug hitting the desired receptor. Yet the required adsorptions do take place, in some cases even at a dilution of 10⁻⁹ M, a dilution at which very few substances can be precipitated in an ordinary chemical test.

Recently, some interesting attempts have been made to correlate molecular dimensions and pharmacological activity. Schueler (1946) has stated that all oestrogenic substances have two hydrogen-bonding groups, 8.55 Å apart, and that this is responsible for the nature of their activity. Actually the bondable hydrogens of the two hydroxyl-groups in stilboestrol are 15.5 Å apart so that it is not easy to see what this author had in mind, but this dimensional type of thinking is to be encouraged.

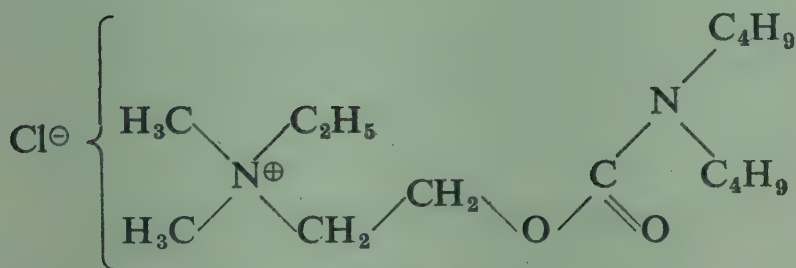
particularly if it can be tied up with known interatomic distances in proteins and nucleic acids.

Pfeiffer (1948) pointed out that certain drugs which stimulate the parasympathetic nerve-endings adjacent to involuntary muscle (i.e. muscarinic parasympathomimetics) had quite characteristic dimensions as shown in (I).



(I)

Acetylcholine



(II)

Dibutoline

Not only acetylcholine, but many substances like muscarine, doryl and mecholyl, which mimic its action on the non-peripheral parasympathetic nerve-endings, contain a basic nitrogen atom with a ketonic oxygen adjacent to an ether oxygen at a distance of two saturated carbons (*c.* 5.3 Å). This proves, however, to be a suggestive rather than an inclusive definition, because butyrylcholine is inactive (Ing, 1949) and alkyl trimethylammonium salts have true parasympathomimetic activity, even if of comparatively small degree (Burn and Dale, 1914).

Pfeiffer also pointed out that substances, e.g. dibutoline (II) or atropine (III), which antagonize this muscarinic action, can also be represented by formula (I), except that the acyl-group now carries a large instead of a small substituent. The usual relationship between metabolite and metabolite-analogue is revealed here, and the ensuing antagonism is not surprising. It has been shown that the replacement of even a single methyl by ethyl in acetylcholine, decreases its activity, and that, when the three methyl-groups have been replaced in this way, the activity is changed not only in degree but also in nature (Holton and Ing, 1949).

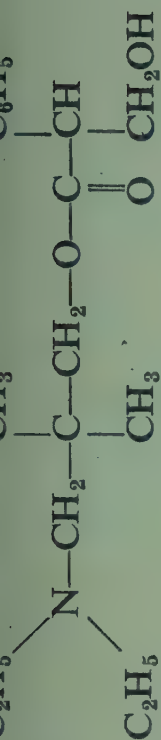
(iii) *Simplification of structure*

It is always essential, in tackling a problem in selective toxicity, to find out what is the simplest structure that has the typical activity under investigation. Many naturally occurring alkaloids have powerful pharmacological actions and much success has attended attempts to obtain simpler analogues (cf. Goodman and Gilman, 1941). The simpler substances are easier to manufacture in quantity, and are usually free from undesirable side-effects which the more complex naturally-occurring substances possess.

In this connexion, it is interesting to observe how far the molecule of atropine (III) has been unpicked until just the right degree of complexity remains as in 'syntropan' (IV) and 'trasentin' (V), which are good antimuscarinic drugs, like atropine. The guiding principle here, as elsewhere, is that the nitrogen in a *saturated* heterocyclic ring is well ionized at pH 7, and hence can be replaced by an aliphatic amino-group.

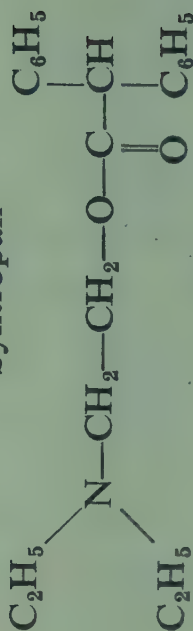
Cocaine (VI) was similarly simplified to procaine (VII), which is only one-tenth as active, and this has been modified to give 'butyn' (VIII), which is quite as potent a local anaesthetic as cocaine.

The simplification of the molecule of curarine (IX), which is used to relax voluntary muscles, remained an



(IV)

'Syntropan'



(V)

'Trasentin'



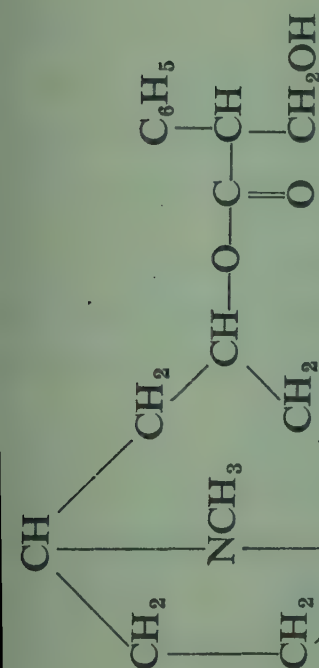
(VII)

Procaine



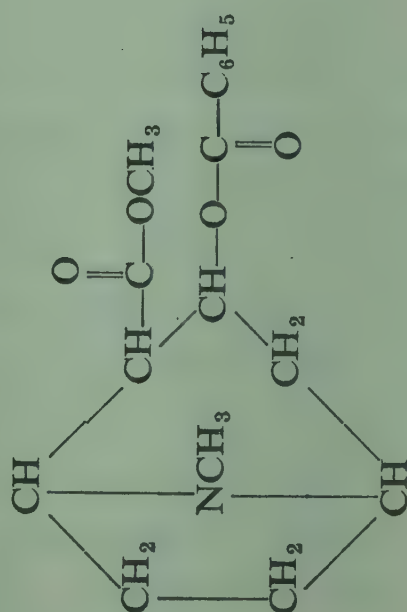
(VIII)

'Butyn'



(III)

Atropine



(VI)

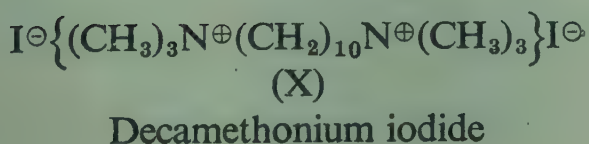
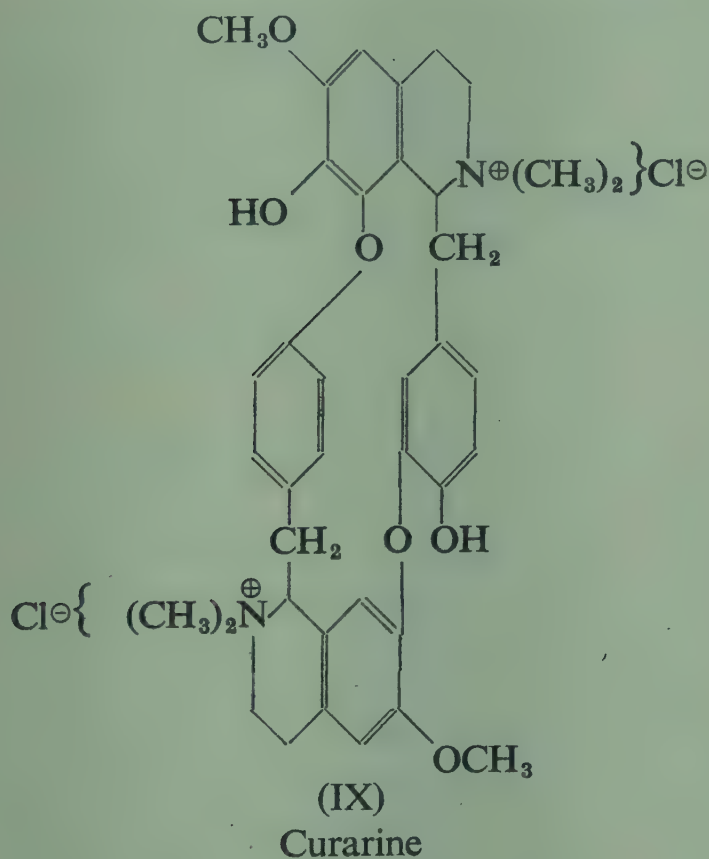
Cocaine

unsolved problem until quite recently. This delay was partly due to the fact that the detailed structure of curarin has not long been known (King, 1948), but it was also due to the very complexity of the molecule. Just as it took patient work to discover that the methyl ester group in cocaine was redundant, so, in seeking essentials in the much more intricate structure of curarine, many blind alleys were followed. In turn the action was sought in compounds with a quaternary nitrogen atom, in tetrahydroquinolines, in benzyl-derivatives and more recently in amino-ethers. Mono-quaternary ammonium compounds do not possess the effect in a sufficiently high degree to be useful (Ing, 1936). Nevertheless, simple aliphatic bisquaternary compounds, particularly decanebistrimethyl ammonium iodide (X) have been found to have potent curare-like properties (Paton and Zaimis, 1948; Barlow and Ing, 1948) and have found instant clinical application. The di-esters of choline with dibasic acids, even with succinic acid, also give powerful curariform drugs of clinical value (Bovet and Bovet-Nitti, 1949).

As was pointed out by Ing (1936), curarine acts by occupying acetylcholine-receptors on the voluntary muscle at neuromuscular junctions, thus preventing acetylcholine from transmitting the nervous impulse (acetylcholine secreted by the adjacent nerve-ending). Curiously enough acetylcholine is itself curarizing in abnormally large doses. This fact suggests that it is effective only when it can make a two-point contact with the receptors; when present in too high a concentration, so many molecules of acetylcholine are making one-point contacts that there is steric hindrance to the establishment of two-point contacts.

Thimann (1943) pointed out that there was a good deal of evidence that procaine (VII), and similar local anaesthetics act by blocking receptors used by acetylcholine at sensory nerve-endings and, possibly, in mediating the nervous impulse. The antagonism between acetylcholine and the atropine series of drugs at the junction of

parasympathetic nerves and involuntary muscle has already been mentioned. Here, then, we find three distinct classes of drugs, each having its chemical individuality, and each evoking a distinct physiological response. Yet in each case the evidence points to the ultimate action being identical in so far as acetylcholine is prevented from discharging its normal function. This suggests very strongly that the chemical individuality of each of these classes of drugs is concerned with distributing the drug to the correct site of action. In short, it must confer the correct adsorption and partition properties, both during transit to the site and at the site itself. This line of thought has great significance for the future development of pharmacology and offers a valuable point of attack for the surface-chemist.



Burn (1948) has extended this list by suggesting that pethidine and other analgesics act by antagonizing acetylcholine in the central nervous system and that quinidine lengthens the refractory period of the heart by antagonizing the important contribution of acetylcholine to the metabolism of heart muscle. In the following list of chemically and pharmacologically distinct substances, every member has all of the following properties (although each member has one of these properties highly developed at the expense of the others). *Substances*, atropine, procaine, quinidine, pethidine, papaverine and sparteine; *properties*, local anaesthetic, spasmolytic, analgesic, prolongation of refractory period of heart and general antagonism of the action of (experimentally added) acetylcholine on a number of different tissues.

Drugs are also known which have the opposite action, namely they reinforce the action of naturally secreted acetylcholine. Physostigmine (XI) is an alkaloid which, even at a dilution of 10^{-7} molar, powerfully inhibits the enzyme choline-esterase whose normal function is to destroy acetylcholine, thus confining the action of this important transmitter of the nervous impulse to the instant of liberation. Hence, physostigmine has the effect of giving the patient an overdose of his own acetylcholine (Loewi and Navratil, 1926). This action is particularly evident at the neuromuscular junction and hence physostigmine is a direct antagonist of curarine. Stedman (1926) was able to show that the characteristic action of physostigmine was shown by the methylurethane of phenol; thus only a small part of the molecule of the alkaloid is essential. He showed that the effect is intensified by a basic group which need not necessarily be placed *para* to the phenolic group (as in physostigmine). As an amino-group, attached directly to an aromatic ring, can be ionized at pH 7 only if it is first made quaternary, it is evident that 'prostigmine' (XII) represents the greatest simplification of physostigmine which can be expected. Actually, 'prostigmine', being free

om the undesirable chemical and pharmacological properties of the natural alkaloid, is widely used in place of physostigmine.

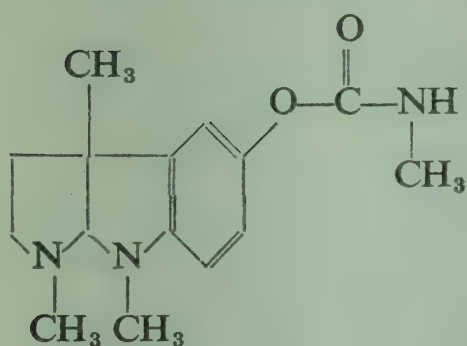
The main pharmacological effects of strychnine and some effects of morphine (emetic action, central stimulation) have been ascribed to the known inhibitory action of these substances on choline-esterase (cf. Bernheim, 1942). Here again, as with the acetylcholine receptor-blocking series of drugs described above, we obtain a hint of how differential distribution produces varied pharmacological effects, even though these may depend on a chemically identical action.

Following on Loewi's demonstration of the mode of action of physostigmine, Gaddum and Kwiatkowski (1938) suggested that some of the pharmacology of ephedrine was due to its known ability to inhibit amine-oxidase, an enzyme which destroys adrenaline: thus the patient received an overdose of his own adrenaline. Some difficulties in the way of accepting this hypothesis have been summarized by Alquist (1949), but these difficulties largely disappear if the original hypothesis is expanded to include *nor*adrenaline as well as adrenaline (J. H. Gaddum, private communication).

Morphine (XIII) is a complex alkaloid for which a simpler analogue was vainly sought until Eisleb and Naumann produced pethidine (XIV) in 1938. This was followed, within a few years, by the discovery of a non-terocyclic analogue, amidone (XV), which is even more powerfully analgesic than morphine. The history of this work, and the connexion between constitution and action among these analgesics, has been recently reviewed (Bergel and Morrison, 1948). It is now realized that in the molecule of morphine (XIII), one pair of rings is almost at right angles to the others. It has been suggested that structural features common to morphine, pethidine, amidone and their active analogues are (i) a basic tertiary nitrogen atom, (ii) a water-attracting group and

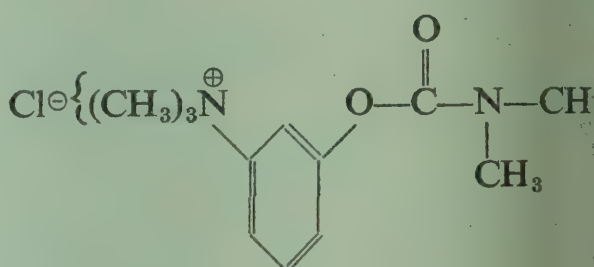
(iii) a central carbon atom so substituted that free rotation of the component groups is inhibited, resulting in a grossly three-dimensional structure (Anker and Cook, 1946).

At the present time, a serious attempt is being made to simplify the ergot alkaloids. Clinically the most important of these is ergometrine (XVI). The typical contracting action of ergometrine on the uterus has been obtained with a simple ester (XVII), although the action is 20 times weaker (Baltzly, Dvorkovitz and Phillips, 1949).



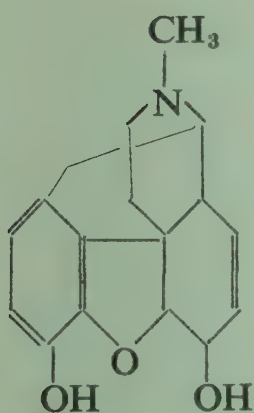
(XI)

Physostigmine



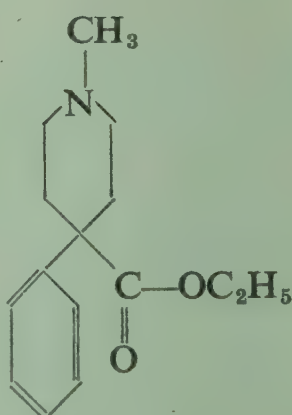
(XII)

'Prostigmine'



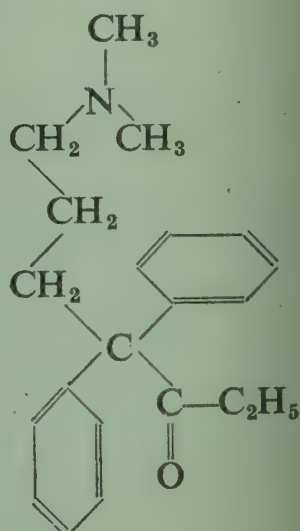
(XIII)

Morphine



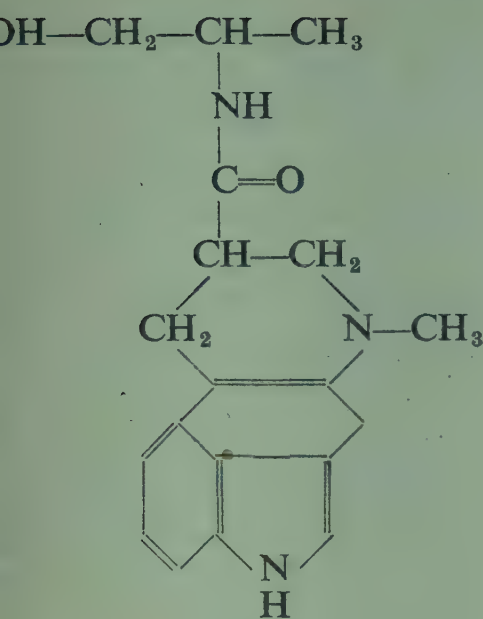
(XIV)

Pethidine



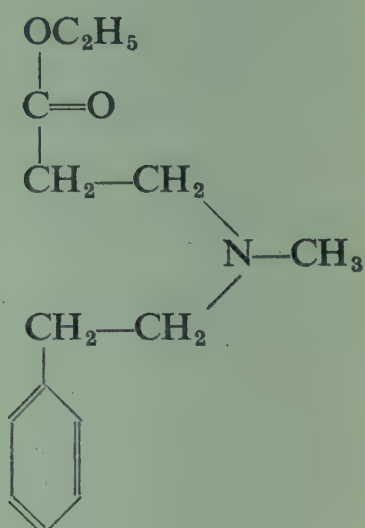
(XV)

Amidone



(XVI)

Ergometrine



(XVII)

2-Phenyl-2'-carboethoxy-
diethylmethylamine

(iv) Structurally non-specific drugs

In the preceding section we have seen that drugs which can compete with acetylcholine can apparently have a multiplicity of pharmacological actions, depending upon the tissues in which their partition coefficients cause them to become concentrated. The majority of these substances, like acetylcholine itself, are derivatives of 2-aminoethanol, and hence structural considerations are of great importance in this series.

On the other hand, the depressants of the central nervous system (i.e. the hypnotics and general anaesthetics) have, for a long time, mystified investigators by the apparent lack of connexion between structure and action. Satisfactory drugs with these actions are found among the alcohols, ketones, sulphones, acid amides (including cyclic acid amides such as the barbiturates), ethers, chlorinated hydrocarbons and even the hydrocarbons themselves.

Overton (1901) and Meyer (1899) independently concluded that depressant action resulted when a substance

had a moderately high oil/water partition coefficient. This means that a potent hypnotic, when shaken with a mixture of olive oil and water, should accumulate in the oil to an extent from 1 to 100 times as great as in the water. In the limited series examined by these workers, it was found that the more powerful the hypnotic, the higher was the partition coefficient. The principal exception was chloral hydrate, whose coefficient was too low, but this anomaly is no longer puzzling because it has recently been shown that chloral hydrate does not act until it is converted to trichloroethanol which has an acceptably high coefficient (Butler, 1948). Overton and Meyer believed that the high lipid content of nerve tissue caused depressants to accumulate in it, because of their 'lipophilic' properties.*

In spite of these apparent concordances, the Overton-Meyer relationship is now known not to be widely valid. A partition coefficient of 1 between olive oil and water is given by phenobarbitone (a very strong hypnotic), by butanol (a very weak hypnotic) and by 5-aminoacridine (which has analeptic, i.e. anti-hypnotic, properties). The use of olive oil, moreover, is questionable as it is entirely unlike the lipid constituents of cell-membranes, e.g. cholesterol and cephaelin. Finally, substances with very high partition coefficients (e.g. olive oil itself) are not at all depressant.

A new correlation between depressant action and a physical property was put forward by Traube in 1904. Traube found that the greater the depressant action, the greater the lowering of surface-tension at an air/water interface. The converse, however, was found untrue, and Traube's relationship usually applies only to the members of an homologous series. Little store can be set upon this correlation for, as was pointed out in Chapter IV, a low surface-tension at the air/water interface is merely a measure of the non-wettability of the substance and does

* Aeschlimann (1936) has pointed out that substances with partition coefficients that are somewhat too low to confer depressant properties, often have strong analeptic (i.e. stimulant) properties, e.g. tetra-ethylurea.

not imply any specific adsorbability on a cellular receptor. Moreover, as Davson and Danielli (1943, p. 64) show, the surface-tension between a cell-membrane and the water by which it is surrounded is zero, so that no further lowering is conceivable.

The cellular membrane is now recognized as playing an essential role in the propagation of excitation: hence it is a likely site for the action of hypnotics. It is known that hypnotics do not act as depressants when injected into cells, but only when allowed to act from without. Hence Warburg (1921) suggested that depressant drugs act by coating the outside of cells, thus inhibiting oxidative processes occurring there very much as a coating of grease prevents a piece of iron from rusting.

Quastel (1939) showed that only certain oxidative processes were inhibited by depressants. In the brain, the oxidation of pyruvate, glucose and lactate were affected, whereas that of succinate was not. He believed that depressants act by disorganizing the space relationships of consecutive enzymes in an oxidative chain, particularly between a riboflavine-containing enzyme and the cytochrome component immediately responsible for its rehydrogenation.

The toxic action of structurally non-specific substances was discussed in general terms in Chapter II, and it was shown that Ferguson's Principle of fractional saturation satisfactorily accounted for the biological effect obtained. (On the lower animals, this effect is a depressant one followed by death if the dose is increased). Many a substance whose action on small animals is known to be governed by Ferguson's Principle is a hypnotic or general anaesthetic for man. Recent investigations of the action of depressants on the nervous system of mammals have disclosed that the degree of hypnotic and anaesthetic action which they show is governed by Ferguson's principle (Brink and Posternak, 1948).

The rest of the story appears to involve an accumulation

of the drug in the membrane resulting in a disorganization of enzyme sequences, as postulated by Quastel. (For a review of current knowledge of the mode of action of general anaesthetics, see Butler, 1950).

(v) *Selective toxicity and tumours*

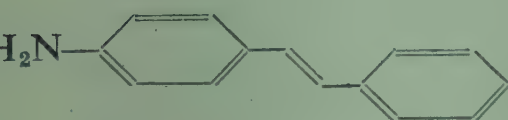
Specialists in cancer research consider that suppression of cancerous growths without injury to the host is the most difficult of all the branches of selective toxicity. However, hope of success is held out by the chemical differences between cancerous and normal tissues, such as the large excess of thiamine in leukaemic leucocytes.

Certain successes have already been obtained in this field. For example, stilboestrol is regularly and successfully used to suppress cancer of the prostate. This action is due to gynergen/androgen competition: the prostatic epithelium, whether healthy or malignant, vanishes when no effective supply of androgen is available. The reciprocal use of androgens in female cancer of the sex organs has not been very successful but it must be recalled that known androgens are neither potent nor cheap.

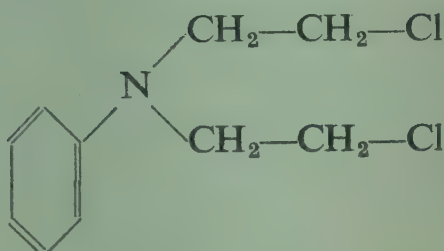
In leukaemia, which is broadly speaking a cancer of the white blood cells, urethane has been given with some success since its first use for this purpose by the Royal Cancer Hospital, London, in 1943 (cf. Haddow and Sexton, 1946). Life is definitely prolonged, but the remission lasts only as long as the treatment. It has been suggested that urethane competes with a component used by the malignant cell to synthesize pyrimidine rings for the nucleic acid which is present so abundantly (Todd, 1946).

In Hodgkin's disease, which is characterized by malignant lymphatics, the nitrogen-mustards have been found to alleviate the condition. The most effective members of this series are those, such as (XIX), which have an aromatic nucleus attached to the nitrogen (Haddow, Kon and Ross, 1948). The action is intensified by the presence of *two* fairly easily hydrolysed chlorine atoms. The distance

between the chlorine atoms is somewhat critical and it is suggested that molecules of this type act by forming unbiological cross-linkages in chromosomes (Goldacre, Loveless and Ross, 1949). An alternative explanation is that the nitrogen-mustards (and the biologically similar poly-epoxides and poly-ethyleneimines) polymerize to yield linear structures with reactive alkylating groups spaced at regular intervals. It is thought that these polymers may act as unbiological analogues of nucleic acid, thus causing the gross mitotic irregularities which are always seen following the use of these substances (Rose, Hendry and Walpole, 1950).



(XVIII)



(XIX)

Derivatives of 4-aminostilbene (XVIII) have given results in leukaemia and Hodgkin's disease only slightly inferior to those shown by the aromatic nitrogen-mustards. 4-Dimethylaminostilbene is one of the most effective members of this series. A second water-attracting group on the other ring decreases the action as does hydrogenation of the central double bond or the presence of any *ortho*-substituent which prevents the rings from lying flat (Haddow, Harris, Kon and Roe, 1948).

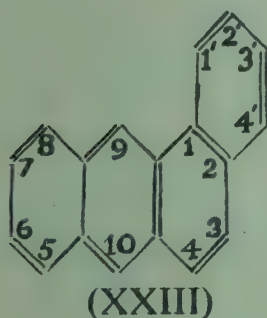
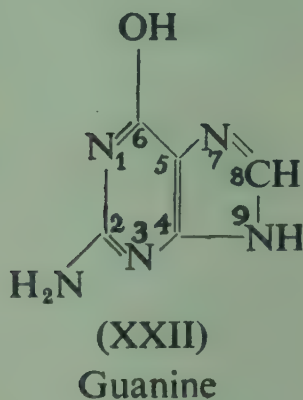
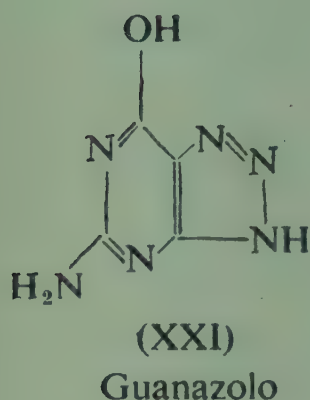
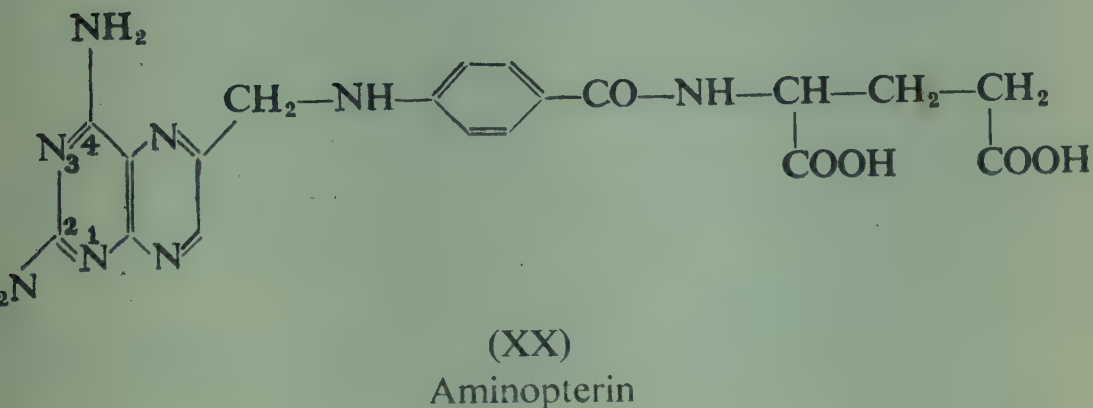
Because pteridines are believed to play an important part in the synthesis of nucleic acid, various analogues of folic acid have been tested as tumour-inhibiting agents. The most successful of these is aminopterin (XX) which differs from folic acid only in having a $-\text{NH}_2$ group in the 4-position where folic acid has an $-\text{OH}$ group (Franklin, Stokstad and Jukes, 1948). It has been suggested, in

Chapter V, that a hydroxy-group in position 4 may be essential for the normal working of the natural pteridines, because of its metal-carrying properties. Hence, it is not surprising to learn that aminopterin is a powerful antagonist of folic acid in a number of organisms and tissues, including cancer tissue. Unfortunately the margin between the active and the toxic dose is so small that it has been little used.

Much work has been done with various purine analogues made by G. H. Hitchings. Of these, the most promising is 8-azaguanine (XXI), known in the United States as guanazolo. Mammals ordinarily synthesize the guanine component of nucleic acid but cannot utilize guanine as such. Some more primitive organisms, however, cannot synthesize the guanine component and require guanine (XXII) to be supplied to them as such. Hence, analogues of guanine, e.g. guanazolo, are lethal to these organisms. Malignant tissues appear also to have a metabolism of this more primitive type and to be strongly inhibited by guanazolo (Kidder, Dewey, Parks and Woodside, 1949). This substance differs from aminopterin in being relatively non-toxic to mice.

The relation between structure and action in tumour-producing substances is better known than in the tumour-arresting substances. The effect of methyl-groups in conferring cancer-producing properties on polycyclic hydrocarbons has been extensively studied. It has been pointed out that the presence of a phenanthrene bridge (e.g. the 3:4-bond in 1:2-benzanthracene, (XXIII) is a common attribute of such substances and is apparently essential for their activity (Robinson, 1946). Benzanthracene, itself, is not carcinogenic, but it becomes so when a methyl-group is inserted in the 5-, 6-, 9- or 10-position (Barry *et al.*, 1935). Of these, the 9- and 10-positions have by far the strongest effect. If, however, the phenanthrene bridge is substituted (e.g. by placing a methyl-group in the 3-position), carcinogenic properties are reduced to a low

level. This is understandable if the phenanthrene bridge must be kept free of atoms which, by their bulk, would impede union with some cellular constituent.



It has been claimed that carcinogenic properties do not appear in polycyclic hydrocarbons until the electron-density of the phenanthrene bridge* has been brought up

* Also known as the K region.

to 1.28 e by appropriate substitution (e.g. by a suitably placed methyl-group): in proportion as the electron-density rises so does carcinogenic activity increase (Pullman, 1945, 1946, 1947). Badger (1949) has criticized this hypothesis as applied to benzantracenes and benzphenanthrenes on two grounds: (i) the 1'-, 2'-, 3'- and 4'-methyl-1:2-benz-antracenes are inactive, although they have a sufficiently charged phenanthrene bridge; (ii) Pullman's biological grading is unjustifiably high for many substances, which, when regraded by current British standards, often present serious objections to the hypothesis.

It has been claimed that the cancer-producing properties of various polycyclic hydrocarbons can be inhibited by the application of (relatively) harmless chemical analogues (Lacassagne, Buu-Hoï and Rudali, 1945). However, no therapeutic applications of this discovery have been found.

EPILOGUE

ON concluding this brief account of selective toxicity, it is logical to pause and ask what arrangements are being made for the future growth of the subject.

It might be thought that firms who are manufacturing selectively toxic agents would be, singly or collectively, making a large-scale systematic search for fundamental principles. However, such is not the case. In Great Britain and in the United States the individual firms tend to direct their research activities along lines which are likely to produce marketable products at an early date. This policy is urged on by the spur of competition not only from other firms within each country, but also from international rivals. Moreover, in the trade there is a strong, if ill-founded, feeling that sufficiently rapid progress can be made along purely empirical lines: if fundamental studies are worth pursuing, the universities should undertake them. This was, of course, the attitude of industry in pre-war Germany in spite of the almost complete freedom from internal competition. The many remarkable discoveries of 'Bayer' (and other component firms of I. G. Farbenindustrie) were made principally by the lavish expenditure of money and man-power on ventures of trial and error. Moreover, by a system of grants and rewards, many able brains in the universities were induced to divert their talents from serious fundamental studies to short-term projects. However, it is a fact that pieces of good fundamental research in selective toxicity have occasionally been carried out in the chemical industry. Notable examples are Ferguson's work in England on the mode of action of structurally non-specific chemicals, Veldstra's work in Holland on synergism, and Bell and Roblin's work in the U.S.A. on the connexion between ionization and action in sulphonamides. However, industry is not yet, to any

appreciable extent, furnishing a congenial climate for this type of work.

Hence, for the next few years at least, fundamental scientific work on selective toxicity will be carried out almost entirely in universities and national research institutions, sometimes with the help of grants from the more far-sighted sections of the industry, yet sometimes in the teeth of specific inducements from industry to concentrate on *ad hoc* projects contrary to their long-term interests.

It cannot be assumed that, in the immediate future, universities and national research institutions will launch large-scale programmes of research into the principles of selective toxicity. As far as universities are concerned, selective toxicity does not rank as a primary category of learning. True, the disciplines which its study requires are likely to be available separately in the various departments of a university but the possibility of combining them into a unified course will not often present itself to the mind of a likely student. Research institutions usually relate their research programmes to specific topics, such as the chemotherapy of tuberculosis or the destruction of the flour-moth. No research institution exists anywhere in the world for the study of the principles of selective toxicity, and existing institutions are not yet devoting any considerable portion of their funds to such studies which require the organized co-operation of physical and organic chemists with biochemists and many categories of biologists.

This state of affairs need not be permanent. Those who have the interests of this subject at heart, as many readers of this book must have, will constantly be striving to co-operate in the advancement of so important a branch of science. Much can be done by the regular meeting of chemists and biologists for informal discussions designed to initiate new work in this field or to make better known the results which have already been established.

APPENDICES

APPENDIX I
CONNECTION BETWEEN IONIZATION AND ANTIBACTERIAL ACTIVITY IN THE ACRIDINE SERIES.
HIGHEST DILUTIONS COMPLETELY PREVENTING VISIBLE GROWTH IN 48 HOURS AT 37° C.

Medium: Broth containing 10 per cent of serum; pH 7.2—7.4

Key to dilutions:

0 signifies growth at 1 in 5,000	3 signifies inhibition at 1 in 20,000	7 signifies inhibition at 1 in 320,000
1 signifies inhibition at 1 in 5,000	4 " " 40,000	8 " " 640,000
2 " " 10,000	5 " " 80,000	9 " " 1,280,000
	6 " " 160,000	10 " " 2,500,000

No.	Substance	Organisms				Bacteriostatic Index (sum total of code number of inhibitory dilutions)	pK _a in water at 37°	Per cent ionized (kation) at 37° C. and pH 7.3
		Cl. welchii	Strept. pyogenes	Staph. aureus	B. coli	Proteus		
1	Acridine . . .	3	1	1	0	1	5.3	1.0
2	1-Methylacridine . . .	2	0	0	0	0	5.2	0.9
3	3-Methylacridine . . .	0	0	0	0	0	5.9	4.0
4	5-Methylacridine . . .	3	0	0	0	0	6.0	5.0
5	1:3:4:6:7:9-Hexamethyl-acridine . . .	0	0	0	0	0	4.3	<0.1
6	1-Methoxyacridine . . .	3	0	0	0	0	4.6	0.2
7	3-Methoxyacridine . . .	3	2	1	0	0	4.7	0.3
8	2:8-Dimethoxyacridine . . .	5	4	0	0	0	6.1	6.0
9	1-Acetamidoacridine . . .	2	1	0	0	0	2.9	<0.1
10	2-Acetamidoacridine . . .	2	2	0	0	0	5.5	1.6
11	3-Acetamidoacridine . . .	4	2	1	1	1	4.6	0.2
12	4-Acetamidoacridine . . .	0	0	0	0	0	4.3	0.1
13	5-Acetamidoacridine . . .	0	0	0	0	0	4.2	<0.1
14	1-Hydroxyacridine . . .	5	4	3	0	0	4.6	0.2
15	2-Hydroxyacridine . . .	3	2	1	0	0	5.3	1.0
16	3-Hydroxyacridine . . .	0	0	0	0	0	4.6	0.2

[illegible]

APPENDIX I—contd.

No.	Substance	Organisms					Bacteriostatic Index (sum total of code numbers of inhibitory dilutions)	pK _a in water at 37°	Per cent ionized (kation) at 37° C. and pH 7.3
		Cl. welchii	Strept. pyogenes	Staph. aureus	B. coli	Proteus			
41	5-Amino-1:9-dimethyl-acridine . . .	8	7	5	4	3	27	9.1	98
42	5-Amino-1-ethylacridine . . .	7	6	4	3	2	22	10.0	100
43	2:8-Diamino-1:9-dimethyl-acridine . . .	9	8	6	4	3	30	8.8	97
44	2:8-Diamino-3:7-dimethyl-acridine . . .	8	6	4	3	0	21	9.8	100
45	2:8-Diamino-4:6-dimethyl-acridine . . .	8	8	2	4	0	22	10.2	100
46	2-Amino-5-chloroacridine . . .	1	0	0	0	0	1	6.4	11
47	2-Amino-7-chloroacridine . . .	5	4	3	1	0	13	6.7	20
48	2-Amino-8-chloroacridine . . .	4	4	3	2	0	13	7.0	33
49	3-Amino-8-chloroacridine . . .	0	0	0	0	0	0	4.1	<1
50	5-Amino-1-chloroacridine . . .	6	5	4	3	2	20	8.0	83
51	5-Amino-2-chloroacridine . . .	7	6	5	5	3	26	8.7	96
52	5-Amino-3-chloroacridine . . .	7	6	5	4	4	26	8.5	94
53	5-Amino-4-chloroacridine . . .	6	6	4	4	2	22	8.1	86
54	2:8-Diamino-3:7-dichloro-acridine . . .	8	6	4	5	0	23	8.0	83

5-Amino-1-methoxyacridine	7	6	4	3	2	22	9.7	100
5-Amino-2-methoxyacridine	7	6	5	4	3	25	9.9	100
5-Amino-3-methoxyacridine	7	7	5	4	2	25	9.4	99
5-Amino-4-methoxyacridine	7	6	4	3	2	22	10.0	100
2:5-Diamino-7-ethoxy- acridine ('rivanol')	6	7	4	3	0	20	11.2	100
5-Amino-2-chloro-7- methoxyacridine	8	6	5	2	0	21	8.4	93
5-Amino-1-hydroxyacridine.	5	5	3	3	3	19	Z	24
5-Amino-2-hydroxyacridine.	2	4	0	0	0	6	Z	9
5-Amino-3-hydroxyacridine.	4	6	2	0	0	12	Z	56
5-Amino-4-hydroxyacridine.	3	3	1	0	0	7	Z	2
5-Amino-1-nitroacridine	6	7	4	4	3	24	7.6	67
5-Amino-2-nitroacridine	6	10	6	5	3	30	7.6	67
5-Amino-3-nitroacridine	7	6	5	4	2	24	7.7	72
5-Amino-4-nitroacridine	7	8	6	4	2	27	7.4	56
5-Amino-2-nitro-7-ethoxy- acridine	7	8	4	0	0	19	7.4	56
5-Amino-1-phenylacridine	5	5	3	2	0	15	9.0	98
5-Amino-3-phenylacridine	8	7	6	3	0	24	9.5	99
2-Amino-5- <i>p</i> -aminophenyl- acridine	6	4	3	1	0	14	8.0	83
2:8-Diamino-3:7-dimethyl- 5-phenylacridine	5	5	5	1	0	16	9.4	99
5-Amino-3-cyanoacridine	7	5	4	4	3	23	7.8	76
5-Methylaminoacridine	7	6	4	2	3	22	9.9	100
2-Dimethylaminoacridine	5	5	3	2	0	15	8.1	86

APPENDIX I—contd.

No.	Substance	Organisms					Bacteriostatic Index (sum total of code numbers of inhibitory dilutions)	pK _a in water at 37°	Per cent ionized (kation) at 37°C. and pH 7.3
		Cl. welchii	Strept. pyogenes	Staph. aureus	B. coli	Proteus			
77	2-Dimethylamino-7-amino-acridine	6	5	3	1	0	15	8.3	90
78	2:8-bisDimethylamino-acridine	5	6	4	2	0	17	10.1	100
79	5-(β-Hydroxyethyl)-amino-acridine	5	5	2	2	1	15	9.1 (unstable)	98
80	10-Methylacridinium hydroxide	0	0	0	0	0	0		?
81	2-Amino-10-methylacridinium hydroxide	6	7	1	5	0	19	12 (unstable)	100
82	3-Amino-10-methylacridinium hydroxide	1	2	0	0	0	3		?
83	4-Amino-10-methylacridinium hydroxide	3	3	2	0	0	8		?
84	5-Amino-10-methylacridinium hydroxide	6	6	4	4	3	23	10.7	100
85	3-Amino-5:10-dimethylacridinium hydroxide	5	5	3	2	0	15	9.4	100
86	2:8-Diamino-10-methylacridinium hydroxide	7	8	3	3	1	22	>12	100

87	β -Amino-5-ethylacridine	6	6	2	3	2	19	8.9	98
88	<i>p</i> -Amino-5-styrylacridine	0	0	0	0	0	0	5.5	2
89	Acridine-3-sulphonic acid	0	0	0	0	0	0	Z*	<1
90	Acridine-1-carboxylic acid								<1
91	Acridine-3-carboxylic acid								<1
92	Acridine-5-carboxylic acid								<1
93	Methyl ester of last named	0	0	0	0	0	0	Z	<1
94	2-Aminoacridine-7-sulphonic acid	1	0	0	0	0	1	3.5	<1
95	2-Aminoacridine-7-sulphonamide	4	2	0	2	0	8	Z	29
96	2-Aminoacridine-7-carboxylic acid	0	0	0	0	0	0	6.9	<1
97	Methyl ester of last named	1	0	0	0	0	1	Z	24
98	5-Aminoacridine-1-carboxylic acid	0	0	0	0	0	0	6.8	<1
99	5-Aminoacridine-3-carboxylic acid	0	0	0	0	0	0	Z	<1
100	Methyl ester of last named	7	6	5	2	0	0	Z	<1
101	Amide of No. 99	3	5	2	3	2	15	8.3	90
								8.5	94

From Albert, Rubbo, Goldacre, Davey and Stone (1945); Albert and Goldacre (1948). Many pK_a values are revised, having been determined directly in water for the first time.

* Z = Zwitterion (see Albert and Goldacre, 1947).

APPENDIX II

CALCULATION OF PERCENTAGE IONIZED, GIVEN pK_a AND pH

$pK_a - pH$	<i>if Anion</i>	<i>if Kation</i>
—6.0	99.99990	0.0000999
—5.0	99.99900	0.0009999
—4.0	99.9900	0.0099990
—3.5	99.968	0.0316
—3.4	99.960	0.0398
—3.3	99.950	0.0501
—3.2	99.937	0.0630
—3.1	99.921	0.0794
—3.0	99.90	0.09991
—2.9	99.87	0.1257
—2.8	99.84	0.1582
—2.7	99.80	0.1991
—2.6	99.75	0.2505
—2.5	99.68	0.3152
—2.4	99.60	0.3966
—2.3	99.50	0.4987
—2.2	99.37	0.6270
—2.1	99.21	0.7879
—2.0	99.01	0.990
—1.9	98.76	1.243
—1.8	98.44	1.560
—1.7	98.04	1.956
—1.6	97.55	2.450
—1.5	96.93	3.07
—1.4	96.17	3.83
—1.3	95.23	4.77
—1.2	94.07	5.93
—1.1	92.64	7.36
—1.0	90.91	9.09
—0.9	88.81	11.19
—0.8	86.30	13.70
—0.7	83.37	16.63
—0.6	79.93	20.07

APPENDIX II—*contd.*

$pK_a - pH$	<i>if Anion</i>	<i>if Kation</i>
−0.5	75.97	24.03
−0.4	71.53	28.47
−0.3	66.61	33.39
−0.2	61.32	38.68
−0.1	55.73	44.27
0	50.00	50.00
+0.1	44.27	55.73
+0.2	38.68	61.32
+0.3	33.39	66.61
+0.4	28.47	71.53
+0.5	24.03	75.97
+0.6	20.07	79.93
+0.7	16.63	83.37
+0.8	13.70	86.30
+0.9	11.19	88.81
+1.0	9.09	90.91
+1.1	7.36	92.64
+1.2	5.93	94.07
+1.3	4.77	95.23
+1.4	3.83	96.17
+1.5	3.07	96.93
+1.6	2.450	97.55
+1.7	1.956	98.04
+1.8	1.560	98.44
+1.9	1.243	98.76
+2.0	0.990	99.01
+2.1	0.7879	99.21
+2.2	0.6270	99.37
+2.3	0.4987	99.50
+2.4	0.3966	99.60
+2.5	0.3152	99.68
+2.6	0.2505	99.75
+2.7	0.1991	99.80
+2.8	0.1582	99.84
+2.9	0.1257	99.87
+3.0	0.09991	99.90

SELECTIVE TOXICITY
APPENDIX II—*contd.*

<i>pK_a—pH</i>	<i>if Anion</i>	<i>if Kation</i>
+3.1	0.0794	99.921
+3.2	0.0630	99.937
+3.3	0.0501	99.950
+3.4	0.0398	99.960
+3.5	0.0316	99.968
+4.0	0.0099990	99.9900
+5.0	0.0009999	99.99900
+6.0	0.0000999	99.99990

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